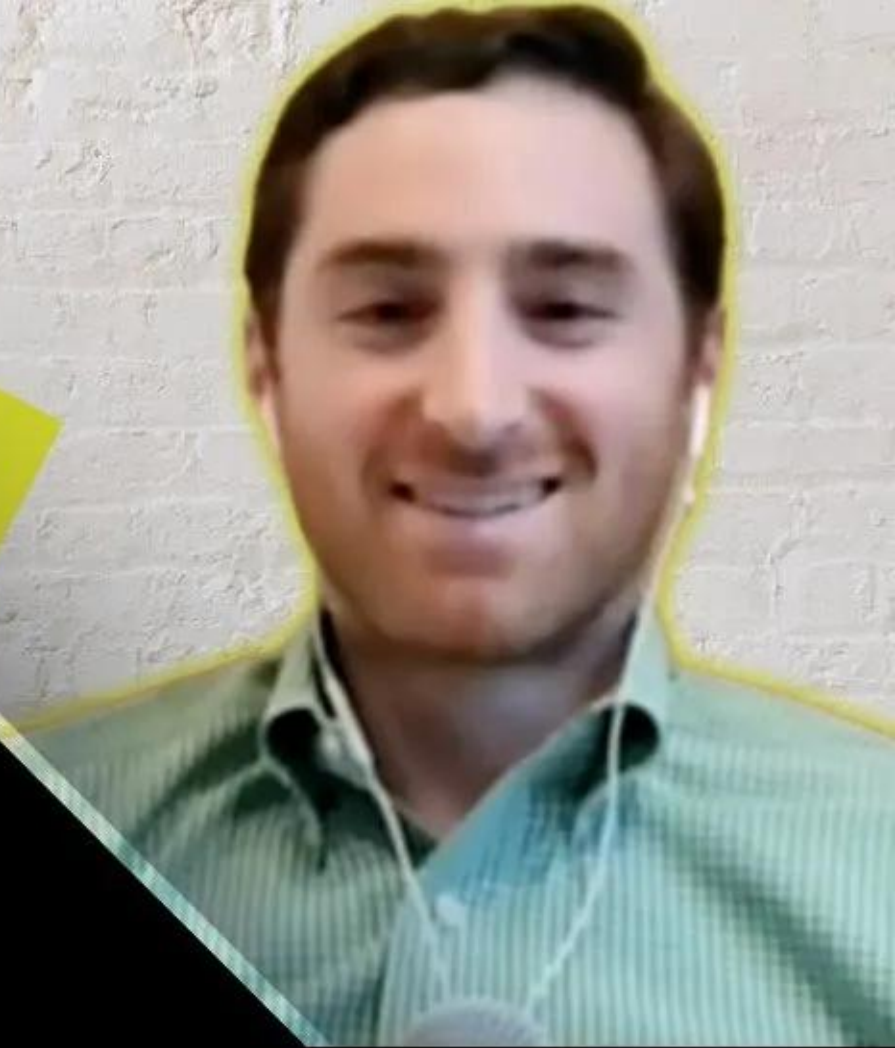


**SK≡PTIKO**  
science & spirituality

***UPSIDE DOWN***  
***UFO/ET***

**566-MARK-GOBER**



1  
00:00:08,390 --> 00:00:04,550  
on this episode of skeptico

2  
00:00:11,270 --> 00:00:08,400  
a show about looking for a Hero

3  
00:00:13,850 --> 00:00:11,280  
the final part of the secret is that you

4  
00:00:17,390 --> 00:00:13,860  
deserve to feel miserable look at you

5  
00:00:19,790 --> 00:00:17,400  
it's robotic So Vain any bit of culture

6  
00:00:23,210 --> 00:00:19,800  
you have is ruined by self-importance

7  
00:00:25,550 --> 00:00:23,220  
and egotism there is no doubt you all

8  
00:00:28,130 --> 00:00:25,560  
are in need of a hero someone brave

9  
00:00:30,769 --> 00:00:28,140  
enough to confront me and control you

10  
00:00:34,010 --> 00:00:30,779  
but this will not come to pass I am the

11  
00:00:38,630 --> 00:00:34,020  
villain you are stuck with besides what

12  
00:00:44,389 --> 00:00:42,350  
and finding it very very close to home

13  
00:00:46,610 --> 00:00:44,399

like in the mirror

14

00:00:47,990 --> 00:00:46,620

and it's in many ways anti-human

15

00:00:50,029 --> 00:00:48,000

anti-life

16

00:00:51,889 --> 00:00:50,039

it's just like ah humans or whatever we

17

00:00:53,750 --> 00:00:51,899

should just enhance ourselves and forget

18

00:00:55,430 --> 00:00:53,760

about it so I have this very skeptical

19

00:00:56,689 --> 00:00:55,440

conspiratorial lens of what's happening

20

00:00:58,610 --> 00:00:56,699

in the world I think we need to be very

21

00:01:00,830 --> 00:00:58,620

careful about some of the things that

22

00:01:02,270 --> 00:01:00,840

might sound benevolent and maybe some of

23

00:01:03,410 --> 00:01:02,280

the people involved have a benevolent

24

00:01:05,450 --> 00:01:03,420

intent

25

00:01:06,230 --> 00:01:05,460

but who knows what could that do to our

26

00:01:08,390 --> 00:01:06,240

soul

27

00:01:09,710 --> 00:01:08,400

it is love and light but we've got to be

28

00:01:12,230 --> 00:01:09,720

tough and that's something I don't see

29

00:01:13,630 --> 00:01:12,240

as much in the spiritual world

30

00:01:16,490 --> 00:01:13,640

down

31

00:01:19,010 --> 00:01:16,500

that first clip was from the very

32

00:01:21,649 --> 00:01:19,020

excellent mouthy Buddha

33

00:01:23,510 --> 00:01:21,659

and the second is from today's returning

34

00:01:27,109 --> 00:01:23,520

guest Mark Gober

35

00:01:28,609 --> 00:01:27,119

who came to talk about E.T and wound up

36

00:01:30,109 --> 00:01:28,619

talking about a lot of other stuff as

37

00:01:32,210 --> 00:01:30,119

well

38

00:01:34,850 --> 00:01:32,220

stick around I think this is a great

39

00:01:37,850 --> 00:01:34,860

conversation with a truly truly great

40

00:01:40,130 --> 00:01:37,860

and important thinker

41

00:01:42,350 --> 00:01:40,140

welcome to skeptico where we explore

42

00:01:44,870 --> 00:01:42,360

controversial science and spirituality

43

00:01:47,330 --> 00:01:44,880

with leading researchers thinkers and

44

00:01:51,050 --> 00:01:47,340

their critics I'm your host Alex Securis

45

00:01:52,249 --> 00:01:51,060

and today we welcome back Mark Gober to

46

00:01:55,249 --> 00:01:52,259

skeptico

47

00:01:56,950 --> 00:01:55,259

Mark if you're at all familiar with the

48

00:01:59,389 --> 00:01:56,960

show especially the last couple years

49

00:02:01,850 --> 00:01:59,399

you will definitely remember the

50

00:02:02,870 --> 00:02:01,860

interviews that we've had with him the

51  
00:02:05,149 --> 00:02:02,880  
first was

52  
00:02:08,749 --> 00:02:05,159  
a few years ago back he wrote this

53  
00:02:11,330 --> 00:02:08,759  
really amazing book and into upside down

54  
00:02:15,170 --> 00:02:11,340  
thinking dispelling the myth that the

55  
00:02:17,270 --> 00:02:15,180  
brain produces Consciousness duh

56  
00:02:19,790 --> 00:02:17,280  
and the implications for everyday life

57  
00:02:22,449 --> 00:02:19,800  
or we should say really the implications

58  
00:02:25,430 --> 00:02:22,459  
for

59  
00:02:27,290 --> 00:02:25,440  
the psyopt that wants to tell you that

60  
00:02:29,089 --> 00:02:27,300  
that duh isn't a dawn that you should

61  
00:02:31,250 --> 00:02:29,099  
really take that seriously but Mark does

62  
00:02:34,009 --> 00:02:31,260  
an awesome job awesome job of breaking

63  
00:02:36,589 --> 00:02:34,019

that down he's also written several

64

00:02:39,650 --> 00:02:36,599

other books in this upside down series

65

00:02:40,670 --> 00:02:39,660

but his latest really caught my

66

00:02:42,229 --> 00:02:40,680

attention

67

00:02:44,630 --> 00:02:42,239

and even though we did an interview with

68

00:02:46,910 --> 00:02:44,640

them not too long ago this is

69

00:02:49,070 --> 00:02:46,920

I mean this guy is really such a Next

70

00:02:51,470 --> 00:02:49,080

Level thinker and it's just always

71

00:02:52,550 --> 00:02:51,480

fantastic to talk to him but here's the

72

00:02:55,490 --> 00:02:52,560

latest one

73

00:02:56,809 --> 00:02:55,500

check this out because this is this is

74

00:03:00,830 --> 00:02:56,819

challenging

75

00:03:04,130 --> 00:03:00,840

an end to upside down contact

76

00:03:05,869 --> 00:03:04,140

UFO aliens and spirits and why their

77

00:03:07,869 --> 00:03:05,879

ongoing interaction with human

78

00:03:10,309 --> 00:03:07,879

civilization matters

79

00:03:12,410 --> 00:03:10,319

wow I mean

80

00:03:14,869 --> 00:03:12,420

that is that is really powerful stuff

81

00:03:17,509 --> 00:03:14,879

Mark welcome thanks for coming back on

82

00:03:19,670 --> 00:03:17,519

well thank you for having me Alex you

83

00:03:22,390 --> 00:03:19,680

know I was just teeing up chatting with

84

00:03:25,490 --> 00:03:22,400

you for just a second and I was saying

85

00:03:27,770 --> 00:03:25,500

you know my big question when I get to

86

00:03:29,990 --> 00:03:27,780

this topic and I always think about this

87

00:03:32,509 --> 00:03:30,000

I never articulated is

88

00:03:35,930 --> 00:03:32,519

are we Flying Too Close to the sun here

89

00:03:37,910 --> 00:03:35,940

and I think all your books risk doing

90

00:03:40,250 --> 00:03:37,920

that but I always wonder when we talk

91

00:03:43,490 --> 00:03:40,260

about this stuff like

92

00:03:46,690 --> 00:03:43,500

I don't have like a big huge profile or

93

00:03:48,949 --> 00:03:46,700

anything like that but I am genuinely

94

00:03:52,490 --> 00:03:48,959

concerned when I talk about this stuff

95

00:03:54,830 --> 00:03:52,500

because and we'll talk about that but I

96

00:03:56,750 --> 00:03:54,840

I prefer to kind of dispense with the

97

00:03:59,570 --> 00:03:56,760

and get right down to the

98

00:04:02,149 --> 00:03:59,580

nitty-gritty is like this is like a

99

00:04:05,270 --> 00:04:02,159

central question to

100

00:04:07,190 --> 00:04:05,280

our society our culture the manipulation

101

00:04:10,690 --> 00:04:07,200

of our society our culture throughout

102

00:04:13,070 --> 00:04:10,700

time and does there reach a point when

103

00:04:14,330 --> 00:04:13,080

you know even though you look around and

104

00:04:16,909 --> 00:04:14,340

you say well gee other people are

105

00:04:19,189 --> 00:04:16,919

talking about this for people who are

106

00:04:22,670 --> 00:04:19,199

successful and have made it inside the

107

00:04:24,950 --> 00:04:22,680

game like you have and I have

108

00:04:27,469 --> 00:04:24,960

I know this is like a huge question to

109

00:04:29,990 --> 00:04:27,479

start off with but it is the question do

110

00:04:31,730 --> 00:04:30,000

you wonder do you worry am I flying too

111

00:04:33,050 --> 00:04:31,740

close to the Sun you obviously don't

112

00:04:34,310 --> 00:04:33,060

think you are because you've published

113

00:04:36,290 --> 00:04:34,320

this book but

114

00:04:37,610 --> 00:04:36,300

what do you think yeah well it's a great

115

00:04:40,310 --> 00:04:37,620

question Alex it's something I think

116

00:04:42,469 --> 00:04:40,320

about a lot because my quest since I

117

00:04:43,969 --> 00:04:42,479

started this six years ago had my

118

00:04:45,710 --> 00:04:43,979

personal the beginning of my personal

119

00:04:47,270 --> 00:04:45,720

transformation has been to get to the

120

00:04:49,310 --> 00:04:47,280

truth because I realized that whatever I

121

00:04:51,469 --> 00:04:49,320

thought about life was completely wrong

122

00:04:52,909 --> 00:04:51,479

and it's been a quest since then and

123

00:04:55,070 --> 00:04:52,919

it's ongoing

124

00:04:58,129 --> 00:04:55,080

so that's been my compass is to try to

125

00:05:00,290 --> 00:04:58,139

get to the truth and

126

00:05:02,990 --> 00:05:00,300

um I get pulled in these directions and

127

00:05:05,330 --> 00:05:03,000

I just kind of can't stop it so I do try

128

00:05:07,790 --> 00:05:05,340

to be mindful of

129

00:05:09,770 --> 00:05:07,800

doing it in in a diplomatic way as much

130

00:05:11,390 --> 00:05:09,780

as possible and just presenting facts

131

00:05:13,550 --> 00:05:11,400

because the things that I'm presenting

132

00:05:16,249 --> 00:05:13,560

are all publicly available and I try to

133

00:05:18,290 --> 00:05:16,259

draw some lines between things and try

134

00:05:19,430 --> 00:05:18,300

to help connect the dots but I'm

135

00:05:22,070 --> 00:05:19,440

presenting things that are already out

136

00:05:24,110 --> 00:05:22,080

there and I've made the decision

137

00:05:26,210 --> 00:05:24,120

repeatedly that it's worth doing it

138

00:05:27,590 --> 00:05:26,220

because I think as a society we are so

139

00:05:28,909 --> 00:05:27,600

far away from the truth I mean myself

140

00:05:31,129 --> 00:05:28,919

included I don't feel like I understand

141

00:05:33,110 --> 00:05:31,139

it it's just mind-blowing that we're all

142

00:05:34,850 --> 00:05:33,120

going through life with these big

143

00:05:37,490 --> 00:05:34,860

Central questions about our existence

144

00:05:39,350 --> 00:05:37,500

who are we why are we here who do we

145

00:05:40,189 --> 00:05:39,360

co-exist with how does it all work we

146

00:05:43,129 --> 00:05:40,199

don't know the answers to those

147

00:05:45,050 --> 00:05:43,139

questions so to me that's what matters

148

00:05:47,090 --> 00:05:45,060

in life I mean there are other things

149

00:05:49,909 --> 00:05:47,100

that go along with it but I I haven't

150

00:05:52,010 --> 00:05:49,919

been able to pull away from that so I've

151

00:05:54,409 --> 00:05:52,020

just decided to go with it well that's

152

00:05:56,570 --> 00:05:54,419

that's great and uh you know what I

153

00:05:59,450 --> 00:05:56,580

think you do really well and you've done

154

00:06:01,790 --> 00:05:59,460

it again here is you couldn't bounce

155

00:06:04,850 --> 00:06:01,800

back and forth between that big picture

156

00:06:07,129 --> 00:06:04,860

stuff that you just talked about and the

157

00:06:08,930 --> 00:06:07,139

practice implications for how you're

158

00:06:10,490 --> 00:06:08,940

going to go about living your life on a

159

00:06:13,070 --> 00:06:10,500

day-to-day basis and I think that's

160

00:06:15,409 --> 00:06:13,080

terrific and I think that's what

161

00:06:17,510 --> 00:06:15,419

separates this whole field that we're in

162

00:06:21,170 --> 00:06:17,520

here this podcasting talking about this

163

00:06:24,590 --> 00:06:21,180

it separates the infotainment stuff from

164

00:06:27,890 --> 00:06:24,600

the genuine quest for the truth I I you

165

00:06:30,830 --> 00:06:27,900

know I started so long ago I felt like

166

00:06:32,689 --> 00:06:30,840

I was flying under the radar to just be

167

00:06:35,270 --> 00:06:32,699

able to talk to the people I wanted to

168

00:06:37,370 --> 00:06:35,280

talk to infotainment was the furthest

169

00:06:38,870 --> 00:06:37,380

thing from my mind I just wanted to be

170

00:06:40,730 --> 00:06:38,880

able to talk to these people and the

171

00:06:42,409 --> 00:06:40,740

game has really changed now to the

172

00:06:44,809 --> 00:06:42,419

extent where

173

00:06:47,210 --> 00:06:44,819

it's all about you know entertaining

174

00:06:49,249 --> 00:06:47,220

people which we have to do to a certain

175

00:06:52,790 --> 00:06:49,259

extent to have any kind of voice at all

176  
00:06:54,969 --> 00:06:52,800  
but what I really admire about you is

177  
00:06:58,670 --> 00:06:54,979  
what you just summed up right there

178  
00:07:00,650 --> 00:06:58,680  
I really feel that I'm talking to

179  
00:07:03,110 --> 00:07:00,660  
someone who's trying to figure this

180  
00:07:07,309 --> 00:07:03,120  
stuff out for his own personal

181  
00:07:09,290 --> 00:07:07,319  
betterment to like what what is what is

182  
00:07:11,230 --> 00:07:09,300  
this all about not just to entertain

183  
00:07:14,390 --> 00:07:11,240  
somebody

184  
00:07:15,770 --> 00:07:14,400  
that's that's been my goal I want to

185  
00:07:17,629 --> 00:07:15,780  
figure it out for myself because I'm

186  
00:07:18,950 --> 00:07:17,639  
really curious and then I get this urge

187  
00:07:20,450 --> 00:07:18,960  
to share it with people and that's how

188  
00:07:21,409 --> 00:07:20,460

the books come about I mean I didn't

189

00:07:22,670 --> 00:07:21,419

know I was going to write a first book

190

00:07:23,870 --> 00:07:22,680

and then people were asking me what are

191

00:07:25,850 --> 00:07:23,880

you going to write next and I said I

192

00:07:28,370 --> 00:07:25,860

have no idea I would say that right now

193

00:07:30,350 --> 00:07:28,380

it's just I go with what's next what

194

00:07:31,790 --> 00:07:30,360

feels right but it is like you say I

195

00:07:33,110 --> 00:07:31,800

want to understand the truth because if

196

00:07:34,249 --> 00:07:33,120

we don't know the truth how can we

197

00:07:36,230 --> 00:07:34,259

really know how to live and to

198

00:07:39,350 --> 00:07:36,240

prioritize things in our life

199

00:07:41,749 --> 00:07:39,360

well uh speak to that for a minute I

200

00:07:44,210 --> 00:07:41,759

know that's before we dive into the

201  
00:07:45,890 --> 00:07:44,220  
whole alien thing and I got a million

202  
00:07:48,230 --> 00:07:45,900  
million you know we can go in a million

203  
00:07:50,450 --> 00:07:48,240  
directions there but that's a really

204  
00:07:52,249 --> 00:07:50,460  
important point to start with is this

205  
00:07:55,790 --> 00:07:52,259  
how do you understand that how do you

206  
00:07:57,650 --> 00:07:55,800  
understand your personal view of why the

207  
00:07:59,869 --> 00:07:57,660  
truth is important how to pursue the

208  
00:08:02,930 --> 00:07:59,879  
truth what that means on your own

209  
00:08:04,670 --> 00:08:02,940  
spiritual journey on your own moral if

210  
00:08:07,730 --> 00:08:04,680  
people are uncomfortable with spiritual

211  
00:08:08,710 --> 00:08:07,740  
on your own kind of moral ethical

212  
00:08:11,270 --> 00:08:08,720  
Journey

213  
00:08:14,089 --> 00:08:11,280

well I think about this

214

00:08:17,210 --> 00:08:14,099

all the time every day so it's evolving

215

00:08:21,770 --> 00:08:17,220

but I my sense is that we

216

00:08:24,050 --> 00:08:21,780

we exist to evolve our consciousness

217

00:08:26,029 --> 00:08:24,060

so we're evolving not at the bodily

218

00:08:28,610 --> 00:08:26,039

level so much as we are the spiritual

219

00:08:30,409 --> 00:08:28,620

level the aspect of us that inhabits the

220

00:08:32,149 --> 00:08:30,419

body if you want to call it a soul the

221

00:08:34,790 --> 00:08:32,159

part of us that extends past this body

222

00:08:37,670 --> 00:08:34,800

that seems to have

223

00:08:39,170 --> 00:08:37,680

it perhaps an infinite life and we are

224

00:08:40,790 --> 00:08:39,180

going through a reincarnation cycle

225

00:08:43,009 --> 00:08:40,800

there's lots of evidence from the

226

00:08:45,230 --> 00:08:43,019

University of Virginia over 2 500 cases

227

00:08:46,730 --> 00:08:45,240

of children with past life memories and

228

00:08:48,050 --> 00:08:46,740

if you combine that with the evidence of

229

00:08:49,730 --> 00:08:48,060

the Life review and near-death

230

00:08:51,410 --> 00:08:49,740

experiences where people relive their

231

00:08:52,970 --> 00:08:51,420

lives at a time when their brain is

232

00:08:54,829 --> 00:08:52,980

either barely functioning or completely

233

00:08:56,210 --> 00:08:54,839

off they become the people that they

234

00:08:57,889 --> 00:08:56,220

impacted during their life they get to

235

00:08:59,870 --> 00:08:57,899

feel those feelings so if you put those

236

00:09:01,850 --> 00:08:59,880

together it teaches us that we're

237

00:09:04,310 --> 00:09:01,860

perhaps evolving through our lifetimes

238

00:09:05,750 --> 00:09:04,320

so morally you always talk about this

239

00:09:07,250 --> 00:09:05,760

Alex the moral imperative I think

240

00:09:09,110 --> 00:09:07,260

there's something built into the nature

241

00:09:11,150 --> 00:09:09,120

of reality itself and Dr Bruce Grayson

242

00:09:12,769 --> 00:09:11,160

at UVA has found in talking to

243

00:09:14,930 --> 00:09:12,779

near-death experienced survivors that

244

00:09:16,910 --> 00:09:14,940

this is natural law it's beyond morality

245

00:09:18,230 --> 00:09:16,920

this notion of a Life review and what

246

00:09:19,610 --> 00:09:18,240

some would call the Golden Rule of

247

00:09:22,310 --> 00:09:19,620

wanting to treat people well because

248

00:09:25,070 --> 00:09:22,320

we're interconnected so that is

249

00:09:27,410 --> 00:09:25,080

part of what guides my compass is is

250

00:09:29,030 --> 00:09:27,420

wanting to to treat people well and that

251

00:09:31,190 --> 00:09:29,040

can manifest in many ways I think

252

00:09:33,530 --> 00:09:31,200

getting to the truth helps with that

253

00:09:35,030 --> 00:09:33,540

with that cause because when people are

254

00:09:37,250 --> 00:09:35,040

more awakened

255

00:09:38,810 --> 00:09:37,260

they will align in that direction and

256

00:09:42,290 --> 00:09:38,820

might not be as susceptible to some of

257

00:09:44,570 --> 00:09:42,300

the traps our society places on us and

258

00:09:47,269 --> 00:09:44,580

one of the things I wonder more and more

259

00:09:49,490 --> 00:09:47,279

is I don't have an answer to this are

260

00:09:51,170 --> 00:09:49,500

there things in society that push us in

261

00:09:52,790 --> 00:09:51,180

a Direction Where We make decisions that

262

00:09:54,710 --> 00:09:52,800

are not in our best interest even though

263

00:09:57,769 --> 00:09:54,720

we might have a good intention

264

00:09:58,970 --> 00:09:57,779

and were manipulated so I more and more

265

00:10:00,650 --> 00:09:58,980

in that mindset you've been in that

266

00:10:03,470 --> 00:10:00,660

mindset for a while and trying to

267

00:10:05,810 --> 00:10:03,480

uncover that because that hopefully

268

00:10:07,490 --> 00:10:05,820

could if we uncover it and get to the

269

00:10:10,490 --> 00:10:07,500

truth then there might be less suffering

270

00:10:13,009 --> 00:10:10,500

or less unnecessary suffering yeah I

271

00:10:15,170 --> 00:10:13,019

mean I I don't want to just stick to the

272

00:10:18,110 --> 00:10:15,180

spiritual because I'd love to we could

273

00:10:20,090 --> 00:10:18,120

talk about it all day but to me that is

274

00:10:22,370 --> 00:10:20,100

the essence of the deep spirituality

275

00:10:24,710 --> 00:10:22,380

that this Quest For Truth brings because

276

00:10:26,449 --> 00:10:24,720

as you pointed out just a minute ago and

277

00:10:29,329 --> 00:10:26,459

you keep circling back to it because

278

00:10:33,350 --> 00:10:29,339

it's Central to the whole thing is how

279

00:10:37,370 --> 00:10:33,360

could there be any goodness any realness

280

00:10:39,650 --> 00:10:37,380

if it isn't fundamentally true I mean if

281

00:10:42,350 --> 00:10:39,660

it's not fundamentally true then it

282

00:10:44,990 --> 00:10:42,360

can't be fundamentally good it's got to

283

00:10:46,850 --> 00:10:45,000

be tainted so to constantly be searching

284

00:10:48,829 --> 00:10:46,860

for what is true is the same as

285

00:10:50,509 --> 00:10:48,839

searching for what is is good to me

286

00:10:51,970 --> 00:10:50,519

they're it's it's I don't want to get

287

00:10:54,710 --> 00:10:51,980

too philosophical but they're almost

288

00:10:56,509 --> 00:10:54,720

indistinguishable and I think this

289

00:10:58,009 --> 00:10:56,519

deception part of it

290

00:11:02,090 --> 00:10:58,019

I don't think it has to be something

291

00:11:05,630 --> 00:11:02,100

that we're angry about or were out you

292

00:11:08,569 --> 00:11:05,640

know go get our AK-47s about it's just

293

00:11:11,810 --> 00:11:08,579

another part of the truth of the reality

294

00:11:14,750 --> 00:11:11,820

that we have to understand is that does

295

00:11:16,850 --> 00:11:14,760

that conform to how you've seen it yeah

296

00:11:19,310 --> 00:11:16,860

and what you're describing in a way is

297

00:11:21,470 --> 00:11:19,320

this dichotomy of good evil that many

298

00:11:23,030 --> 00:11:21,480

talk about and another way of describing

299

00:11:24,889 --> 00:11:23,040

good evil in the way that I look at life

300

00:11:26,329 --> 00:11:24,899

is that it's just a mechanism of

301

00:11:28,670 --> 00:11:26,339

evolution

302

00:11:29,810 --> 00:11:28,680

it enables us to learn things so we

303

00:11:31,490 --> 00:11:29,820

could get really angry about stuff

304

00:11:33,170 --> 00:11:31,500

that's evil and to a certain extent that

305

00:11:34,850 --> 00:11:33,180

makes sense but at a higher level there

306

00:11:36,829 --> 00:11:34,860

is learning to be had from it that

307

00:11:38,269 --> 00:11:36,839

doesn't mean we ignore the manipulation

308

00:11:39,949 --> 00:11:38,279

or the evil it just means we put it in

309

00:11:41,990 --> 00:11:39,959

the proper context that this is part of

310

00:11:43,490 --> 00:11:42,000

reality and it's important to

311

00:11:44,569 --> 00:11:43,500

acknowledge it rather than put our heads

312

00:11:46,130 --> 00:11:44,579

in the sand which is one of the

313

00:11:47,810 --> 00:11:46,140

phenomena that I've been witnessing a

314

00:11:49,850 --> 00:11:47,820

lot of that that really concerns me

315

00:11:51,710 --> 00:11:49,860

especially in the spiritual community of

316

00:11:53,569 --> 00:11:51,720

let's just look at love and light which

317

00:11:55,430 --> 00:11:53,579

is part of the story but you're going to

318

00:11:57,470 --> 00:11:55,440

miss a lot of the potential manipulation

319

00:12:00,110 --> 00:11:57,480

if you're not attuned to how deception

320

00:12:02,990 --> 00:12:00,120

works okay so with that we've been

321

00:12:05,389 --> 00:12:03,000

bouncing around the topic long enough

322

00:12:08,629 --> 00:12:05,399

because all the points that you're

323

00:12:11,750 --> 00:12:08,639

making are brought forward in a new way

324

00:12:14,329 --> 00:12:11,760

in a challenging way for a ton of people

325

00:12:18,350 --> 00:12:14,339

in this book and end to upside down

326

00:12:21,350 --> 00:12:18,360

contact UFOs aliens and spirits

327

00:12:23,509 --> 00:12:21,360

and why they're ongoing

328

00:12:26,150 --> 00:12:23,519

I mean every one of these words could

329

00:12:28,069 --> 00:12:26,160

spend you know time ongoing how long has

330

00:12:30,889 --> 00:12:28,079

it been ongoing how do we know it's been

331

00:12:33,889 --> 00:12:30,899

ongoing is it you know and and what does

332

00:12:38,170 --> 00:12:33,899

ongoing mean ongoing means they didn't

333

00:12:41,509 --> 00:12:38,180

even if we put a date on it like oh

334

00:12:44,629 --> 00:12:41,519

1947. oh no it's back for the net oh

335

00:12:47,690 --> 00:12:44,639

Bruce Fenton recently on oh it's 780 000

336

00:12:50,509 --> 00:12:47,700

years ago so if you go back how far do

337

00:12:53,449 --> 00:12:50,519

you go back and and so anyways and then

338

00:12:54,710 --> 00:12:53,459

interaction I'm just taking the title of

339

00:12:58,970 --> 00:12:54,720

the book you know we could break down

340

00:13:00,949 --> 00:12:58,980

every what does interaction mean I can't

341

00:13:04,129 --> 00:13:00,959

stumble through this whole thing we'll

342

00:13:07,069 --> 00:13:04,139

just have to have you tee it out but the

343

00:13:09,470 --> 00:13:07,079

finish the title with their why their

344

00:13:13,850 --> 00:13:09,480

ongoing interaction with human

345

00:13:15,590 --> 00:13:13,860

civilization matters okay Mark I again I

346

00:13:18,889 --> 00:13:15,600

just get excited and I start rambling

347

00:13:20,750 --> 00:13:18,899

break down the title for us what does

348

00:13:22,550 --> 00:13:20,760

all that mean to you

349

00:13:24,470 --> 00:13:22,560

well Alex I really appreciate that you

350

00:13:25,730 --> 00:13:24,480

focused on the word so closely because

351

00:13:27,889 --> 00:13:25,740

that's what I do when I'm writing the

352

00:13:29,389 --> 00:13:27,899

books especially the title each word is

353

00:13:31,190 --> 00:13:29,399

very meaningful and I go back and forth

354

00:13:32,629 --> 00:13:31,200

with things so I I landed with that as

355

00:13:34,550 --> 00:13:32,639

the subtitle

356

00:13:36,050 --> 00:13:34,560

and

357

00:13:37,910 --> 00:13:36,060

so

358

00:13:38,990 --> 00:13:37,920

the series of books which of course at

359

00:13:41,090 --> 00:13:39,000

the beginning I didn't know was going to

360

00:13:43,490 --> 00:13:41,100

be a series it's all about things being

361

00:13:48,829 --> 00:13:43,500

upside down meaning that the way that we

362

00:13:51,829 --> 00:13:48,839

look at X Y and Z is off is off base

363

00:13:54,310 --> 00:13:51,839

and I had come across the topic of UFOs

364

00:13:56,389 --> 00:13:54,320  
and other intelligences that exist

365

00:13:58,490 --> 00:13:56,399  
seemingly in the universe in my past

366

00:13:59,990 --> 00:13:58,500  
research but and even when we last

367

00:14:00,829 --> 00:14:00,000  
talked which wasn't that long ago I

368

00:14:02,689 --> 00:14:00,839  
didn't know I was going to be writing

369

00:14:05,030 --> 00:14:02,699  
this book I wasn't planning on it

370

00:14:07,189 --> 00:14:05,040  
but I was for whatever reason got pulled

371

00:14:09,050 --> 00:14:07,199  
down this Rabbit Hole I knew I knew

372

00:14:10,790 --> 00:14:09,060  
pieces of it but not some of the details

373

00:14:12,290 --> 00:14:10,800  
that I talk about in the book but I

374

00:14:15,110 --> 00:14:12,300  
realized this this notion of contact

375

00:14:16,850 --> 00:14:15,120  
broadly is really important and when I

376

00:14:19,129 --> 00:14:16,860

say contact people usually talk about

377

00:14:21,410 --> 00:14:19,139

UFOs there's an associate correlation

378

00:14:23,210 --> 00:14:21,420

there that people usually associate and

379

00:14:25,009 --> 00:14:23,220

that's part of it is that UFOs whatever

380

00:14:26,389 --> 00:14:25,019

these crafts are that's a big piece of

381

00:14:27,949 --> 00:14:26,399

the puzzle that there might be a

382

00:14:29,689 --> 00:14:27,959

non-human intelligence involved but

383

00:14:31,310 --> 00:14:29,699

maybe it's not just UFOs I mean in

384

00:14:32,990 --> 00:14:31,320

near-death experiences

385

00:14:34,970 --> 00:14:33,000

people encounter deceased relatives

386

00:14:36,889 --> 00:14:34,980

beings of light Spiritual Beings and

387

00:14:39,170 --> 00:14:36,899

lots of other things so that's when I

388

00:14:41,930 --> 00:14:39,180

talk about contact and UFOs aliens and

389

00:14:44,389 --> 00:14:41,940

Spirits I'm talking about all types of

390

00:14:47,269 --> 00:14:44,399

contact with other intelligent beings

391

00:14:48,769 --> 00:14:47,279

which suggests that humans are not at

392

00:14:51,470 --> 00:14:48,779

the top of the food chain

393

00:14:53,150 --> 00:14:51,480

which is to people on your show and your

394

00:14:55,430 --> 00:14:53,160

audience is probably not such a big deal

395

00:14:57,110 --> 00:14:55,440

to think that way but that's a paradigm

396

00:14:58,610 --> 00:14:57,120

shifting idea for those who haven't

397

00:15:00,170 --> 00:14:58,620

thought about it because there's this

398

00:15:02,210 --> 00:15:00,180

implicit sense that human beings at the

399

00:15:03,530 --> 00:15:02,220

top of the intelligence food chain what

400

00:15:05,870 --> 00:15:03,540

if we're not

401  
00:15:08,210 --> 00:15:05,880  
um so that's that's what I get into in

402  
00:15:09,829 --> 00:15:08,220  
the book and this notion of an their

403  
00:15:12,410 --> 00:15:09,839  
ongoing interaction with human

404  
00:15:13,910 --> 00:15:12,420  
civilization and why it matters the word

405  
00:15:17,569 --> 00:15:13,920  
ongoing

406  
00:15:19,430 --> 00:15:17,579  
implies that this is happening now and

407  
00:15:21,530 --> 00:15:19,440  
has been happening for a very very long

408  
00:15:22,610 --> 00:15:21,540  
time how long I don't know but it seems

409  
00:15:24,889 --> 00:15:22,620  
like it's

410  
00:15:26,389 --> 00:15:24,899  
very very far back and that's what one

411  
00:15:29,689 --> 00:15:26,399  
of the things I examined in the book is

412  
00:15:31,670 --> 00:15:29,699  
the the evidence for not just UFO or

413  
00:15:33,170 --> 00:15:31,680

non-human contact since the 1940s

414

00:15:35,269 --> 00:15:33,180

because we've had a lot of cases since

415

00:15:36,949 --> 00:15:35,279

then but way before that way back to

416

00:15:38,689 --> 00:15:36,959

ancient times and who knows maybe even

417

00:15:41,090 --> 00:15:38,699

earlier

418

00:15:42,710 --> 00:15:41,100

and it seems to be happening now and

419

00:15:44,269 --> 00:15:42,720

probably will be going

420

00:15:46,970 --> 00:15:44,279

through the future

421

00:15:48,889 --> 00:15:46,980

and in terms of why it matters

422

00:15:50,449 --> 00:15:48,899

um I mean if there are other intelligent

423

00:15:51,889 --> 00:15:50,459

beings and we should get into this how

424

00:15:53,569 --> 00:15:51,899

intelligent they might be it might be

425

00:15:55,009 --> 00:15:53,579

incomprehensible how intelligent these

426  
00:15:58,009 --> 00:15:55,019  
beings are

427  
00:15:59,629 --> 00:15:58,019  
it it means everything how can we

428  
00:16:00,590 --> 00:15:59,639  
examine anything that's happening in the

429  
00:16:02,389 --> 00:16:00,600  
world

430  
00:16:03,530 --> 00:16:02,399  
without thinking in the back of our

431  
00:16:05,329 --> 00:16:03,540  
minds well there are these other

432  
00:16:07,550 --> 00:16:05,339  
intelligences who might be interacting

433  
00:16:09,410 --> 00:16:07,560  
with us in ways that we can't ordinarily

434  
00:16:11,090 --> 00:16:09,420  
perceive with our eyes and before I

435  
00:16:13,009 --> 00:16:11,100  
pause I want to give an analogy that I

436  
00:16:14,210 --> 00:16:13,019  
mentioned in the introduction to the

437  
00:16:15,530 --> 00:16:14,220  
book and I mentioned it in one of my

438  
00:16:17,810 --> 00:16:15,540

other books as well because it relates

439

00:16:20,030 --> 00:16:17,820

to spirituality in general the notion

440

00:16:21,889 --> 00:16:20,040

that we are

441

00:16:24,110 --> 00:16:21,899

we have a limitation in terms of what we

442

00:16:26,689 --> 00:16:24,120

can perceive naturally and the analogy I

443

00:16:28,310 --> 00:16:26,699

give is from The novella Flatland

444

00:16:29,870 --> 00:16:28,320

where people are living in a

445

00:16:31,069 --> 00:16:29,880

two-dimensional world like a flat piece

446

00:16:33,170 --> 00:16:31,079

of paper

447

00:16:34,970 --> 00:16:33,180

now if you imagine for a second that a

448

00:16:35,990 --> 00:16:34,980

sphere intersects with this

449

00:16:37,430 --> 00:16:36,000

two-dimensional World a

450

00:16:39,230 --> 00:16:37,440

three-dimensional object intersecting

451  
00:16:40,970 --> 00:16:39,240  
with a two-dimensional world the people

452  
00:16:42,530 --> 00:16:40,980  
in the two-dimensional world will

453  
00:16:44,569 --> 00:16:42,540  
perceive a circle

454  
00:16:45,889 --> 00:16:44,579  
because they're only in two-dimensional

455  
00:16:48,170 --> 00:16:45,899  
land all they can see is that Circle

456  
00:16:49,670 --> 00:16:48,180  
they don't see the full sphere and what

457  
00:16:52,129 --> 00:16:49,680  
I wonder more and more is if we're like

458  
00:16:54,829 --> 00:16:52,139  
the people living in Flatland

459  
00:16:56,389 --> 00:16:54,839  
who can't even perceive these

460  
00:16:58,249 --> 00:16:56,399  
multi-dimensional realities we get a

461  
00:17:00,110 --> 00:16:58,259  
sliver of it but so much more is

462  
00:17:01,790 --> 00:17:00,120  
happening and actually potentially

463  
00:17:05,510 --> 00:17:01,800

interacting with our world that we can't

464

00:17:07,130 --> 00:17:05,520

perceive so great and before I kind of

465

00:17:09,549 --> 00:17:07,140

jump in there and take us in too many

466

00:17:12,110 --> 00:17:09,559

directions you know because I'm like

467

00:17:13,250 --> 00:17:12,120

rapidly jotting down notes as you're

468

00:17:16,130 --> 00:17:13,260

talking about this

469

00:17:20,090 --> 00:17:16,140

but here might be a more interesting way

470

00:17:22,370 --> 00:17:20,100

to kind of approach this Mark as you

471

00:17:24,770 --> 00:17:22,380

kind of go forward with this book and

472

00:17:27,289 --> 00:17:24,780

you bring it out to people and then

473

00:17:29,510 --> 00:17:27,299

you're kind of joining this public

474

00:17:31,549 --> 00:17:29,520

discourse that's going on which is all

475

00:17:34,250 --> 00:17:31,559

over the place I mean this this course

476

00:17:36,049 --> 00:17:34,260

on the UFO community and even people who

477

00:17:37,789 --> 00:17:36,059

are being sucked into the UFO community

478

00:17:40,310 --> 00:17:37,799

and never thought they would be part of

479

00:17:42,529 --> 00:17:40,320

that Community but now it's so much a

480

00:17:44,930 --> 00:17:42,539

part of the standard dialogue what are

481

00:17:47,990 --> 00:17:44,940

the conversations that you are being

482

00:17:50,330 --> 00:17:48,000

drawn into right now that you think

483

00:17:53,210 --> 00:17:50,340

relate most to

484

00:17:54,950 --> 00:17:53,220

your book and the issues that you're

485

00:17:56,810 --> 00:17:54,960

raising in the book what are two or

486

00:17:58,610 --> 00:17:56,820

three of them I mean I can spot some of

487

00:18:00,710 --> 00:17:58,620

them from what you just said but I want

488

00:18:03,230 --> 00:18:00,720

to know what comes to mind for you sure

489

00:18:04,669 --> 00:18:03,240

well one is what we're seeing in the

490

00:18:07,909 --> 00:18:04,679

public discourse these days with

491

00:18:09,950 --> 00:18:07,919

hearings about UFOs it's becoming a more

492

00:18:11,210 --> 00:18:09,960

mainstream topic even relative to a year

493

00:18:12,830 --> 00:18:11,220

or two ago this is something that

494

00:18:14,330 --> 00:18:12,840

everyone's acknowledging that there's

495

00:18:16,130 --> 00:18:14,340

something going on

496

00:18:17,390 --> 00:18:16,140

and we might not know it maybe the

497

00:18:19,549 --> 00:18:17,400

government knows things that they're not

498

00:18:22,010 --> 00:18:19,559

telling us that's what I think but I'm

499

00:18:24,049 --> 00:18:22,020

saying the mainstream thinking now is

500

00:18:26,270 --> 00:18:24,059

there's something happening so that's

501  
00:18:28,310 --> 00:18:26,280  
one area that seems to overlap with just

502  
00:18:29,990 --> 00:18:28,320  
general thinking in the world I can't

503  
00:18:33,470 --> 00:18:30,000  
let you off even on that one so you you

504  
00:18:36,529 --> 00:18:33,480  
put one on the table okay what's what's

505  
00:18:39,289 --> 00:18:36,539  
Mark Gober think about that how do you

506  
00:18:41,570 --> 00:18:39,299  
look at that from this expanded view

507  
00:18:45,650 --> 00:18:41,580  
that you have now this conspiratorial

508  
00:18:48,110 --> 00:18:45,660  
view you have and this expanded view of

509  
00:18:50,330 --> 00:18:48,120  
extended Consciousness I mean I

510  
00:18:52,730 --> 00:18:50,340  
juxtapose that to the hearings and I

511  
00:18:55,130 --> 00:18:52,740  
come up with a with one view but I want

512  
00:18:56,750 --> 00:18:55,140  
to hear what your view is yeah I don't

513  
00:18:57,890 --> 00:18:56,760

trust anything we're being told that's

514

00:19:00,770 --> 00:18:57,900

my view

515

00:19:03,110 --> 00:19:00,780

but it's in the public discourse whereas

516

00:19:05,150 --> 00:19:03,120

it wasn't as much

517

00:19:06,890 --> 00:19:05,160

you know as of a few years ago so people

518

00:19:08,870 --> 00:19:06,900

are talking about the topic are they

519

00:19:11,029 --> 00:19:08,880

talking about it accurately

520

00:19:13,430 --> 00:19:11,039

maybe a tiny sliver you know the fact

521

00:19:15,409 --> 00:19:13,440

that these crafts exist and they can do

522

00:19:18,049 --> 00:19:15,419

things that that are modern technology

523

00:19:19,970 --> 00:19:18,059

can't do or maybe secret programs can do

524

00:19:21,650 --> 00:19:19,980

they're acknowledging that but I think

525

00:19:23,690 --> 00:19:21,660

much is being left out the really

526

00:19:25,190 --> 00:19:23,700

important stuff is being left out yeah

527

00:19:26,990 --> 00:19:25,200

and if I could just add on that point

528

00:19:28,549 --> 00:19:27,000

and I want you to tee up the other ones

529

00:19:31,789 --> 00:19:28,559

so we don't just spend all the time here

530

00:19:34,070 --> 00:19:31,799

because we could but they've done a very

531

00:19:36,950 --> 00:19:34,080

effective job of changing the narrative

532

00:19:38,270 --> 00:19:36,960

immediately I mean we can start with you

533

00:19:42,049 --> 00:19:38,280

know we got to name names like Lou

534

00:19:44,990 --> 00:19:42,059

Elizondo he is a counterintelligence guy

535

00:19:47,090 --> 00:19:45,000

I mean why is a counterintelligence guy

536

00:19:48,950 --> 00:19:47,100

being the one to tell you about UFOs

537

00:19:51,710 --> 00:19:48,960

it's it's fake from the beginning it's

538

00:19:54,350 --> 00:19:51,720

Richard Doty 2.0 it's strawberry ice

539

00:19:56,630 --> 00:19:54,360

cream it's the you know Richard Doty

540

00:19:58,850 --> 00:19:56,640

famous Paul benowitz you know

541

00:20:01,390 --> 00:19:58,860

unbelievable mind control of someone who

542

00:20:05,570 --> 00:20:01,400

just a flag-waving American who spots

543

00:20:07,549 --> 00:20:05,580

UFOs on a Air Force Base and in service

544

00:20:08,990 --> 00:20:07,559

to his country says hey yeah they should

545

00:20:11,029 --> 00:20:09,000

do don't you want to know what's going

546

00:20:12,230 --> 00:20:11,039

on and boom who shows up Connor

547

00:20:14,390 --> 00:20:12,240

intelligence and they start playing

548

00:20:16,149 --> 00:20:14,400

these mind games on them how would we

549

00:20:19,610 --> 00:20:16,159

see uh

550

00:20:22,250 --> 00:20:19,620

how how would we understand

551  
00:20:23,930 --> 00:20:22,260  
the current round of what's going on is

552  
00:20:27,110 --> 00:20:23,940  
anything different from them from that

553  
00:20:29,090 --> 00:20:27,120  
and if we wanted to then what I'd say

554  
00:20:32,390 --> 00:20:29,100  
for Lou Elizondo is the first question

555  
00:20:34,430 --> 00:20:32,400  
is how is this different are you going

556  
00:20:36,529 --> 00:20:34,440  
to at least come clean that you were to

557  
00:20:38,510 --> 00:20:36,539  
engage in this kind of massive

558  
00:20:41,810 --> 00:20:38,520  
misinformation disinformation that's

559  
00:20:43,310 --> 00:20:41,820  
provable and then you know that would

560  
00:20:45,529 --> 00:20:43,320  
have to be the starting point for

561  
00:20:46,970 --> 00:20:45,539  
anything you're going to say now and you

562  
00:20:49,909 --> 00:20:46,980  
know I interviewed a Colonel John

563  
00:20:53,029 --> 00:20:49,919

Alexander a few years ago and I I don't

564

00:20:54,529 --> 00:20:53,039

know that I trust or believe you know a

565

00:20:57,470 --> 00:20:54,539

lot of his stuff too because again he's

566

00:20:59,330 --> 00:20:57,480

an intelligence guy but at least on the

567

00:21:01,190 --> 00:20:59,340

Dodie thing he comes out and says he

568

00:21:03,710 --> 00:21:01,200

should be in prison he should be in

569

00:21:04,970 --> 00:21:03,720

prison for what he admitted to well we

570

00:21:06,590 --> 00:21:04,980

don't have enough to prove it he

571

00:21:09,950 --> 00:21:06,600

acknowledges that he went and did all

572

00:21:13,630 --> 00:21:09,960

this stuff to benowitz the what he gives

573

00:21:16,490 --> 00:21:13,640

is an explanation for why he did it is a

574

00:21:17,810 --> 00:21:16,500

pre-disclosure explanation because

575

00:21:20,210 --> 00:21:17,820

that's the other things that play here

576

00:21:23,210 --> 00:21:20,220

like with the hearings is we have to

577

00:21:27,649 --> 00:21:23,220

realize that everything before you know

578

00:21:29,390 --> 00:21:27,659

2018 into 2017 was before disclosure so

579

00:21:32,390 --> 00:21:29,400

it was the the official position was

580

00:21:34,909 --> 00:21:32,400

none of this stuff is real so any kind

581

00:21:37,370 --> 00:21:34,919

of kookification oh that guy's just

582

00:21:39,890 --> 00:21:37,380

kooky that guy's crazy was totally

583

00:21:41,750 --> 00:21:39,900

supported by that whole apparatus but

584

00:21:44,390 --> 00:21:41,760

after that after it comes out in the New

585

00:21:45,590 --> 00:21:44,400

York Times then it it's no longer that

586

00:21:47,630 --> 00:21:45,600

so

587

00:21:49,610 --> 00:21:47,640

I I I've laid a lot on the table there

588

00:21:53,330 --> 00:21:49,620

but not really it's all in this same

589

00:21:56,270 --> 00:21:53,340

thing of like not only why why would we

590

00:21:59,270 --> 00:21:56,280

trust them but it's like isn't the

591

00:22:02,770 --> 00:21:59,280

burden of proof on them to show that

592

00:22:05,570 --> 00:22:02,780

this isn't a a completely rigged

593

00:22:08,450 --> 00:22:05,580

misinformation game yeah well especially

594

00:22:11,450 --> 00:22:08,460

looking at the history of UFO disclosure

595

00:22:15,529 --> 00:22:11,460

I mean looking at Project Blue Book and

596

00:22:18,169 --> 00:22:15,539

just the history of deception and a lack

597

00:22:19,789 --> 00:22:18,179

of honesty uh they're not they have not

598

00:22:20,990 --> 00:22:19,799

been forthright historically so why

599

00:22:22,730 --> 00:22:21,000

should we expect they're telling the

600

00:22:23,870 --> 00:22:22,740

full truth now and when you put that in

601  
00:22:25,130 --> 00:22:23,880  
the context of everything that's been

602  
00:22:27,529 --> 00:22:25,140  
happening with covid and all that other

603  
00:22:30,049 --> 00:22:27,539  
stuff consistently we're we're being

604  
00:22:32,690 --> 00:22:30,059  
told things as true and they're turning

605  
00:22:34,370 --> 00:22:32,700  
out not to be so true repeatedly so the

606  
00:22:36,649 --> 00:22:34,380  
burden of proof is on the authorities

607  
00:22:38,690 --> 00:22:36,659  
constantly in my view and that's how I

608  
00:22:41,750 --> 00:22:38,700  
look at it and probably why I've been so

609  
00:22:42,890 --> 00:22:41,760  
motivated to dig in for myself because I

610  
00:22:44,029 --> 00:22:42,900  
feel like the so-called authority

611  
00:22:46,070 --> 00:22:44,039  
figures that we're supposed to trust

612  
00:22:47,870 --> 00:22:46,080  
repeatedly are not telling the truth or

613  
00:22:49,190 --> 00:22:47,880

they're withholding the truth and in

614

00:22:50,450 --> 00:22:49,200

order to get to it ourselves I don't

615

00:22:53,570 --> 00:22:50,460

think we can just trust what the media

616

00:22:54,830 --> 00:22:53,580

tells us okay so we have that that's a

617

00:22:58,130 --> 00:22:54,840

great point

618

00:23:02,510 --> 00:22:58,140

what are some other ways that you feel

619

00:23:04,490 --> 00:23:02,520

like this book is intersecting with the

620

00:23:06,770 --> 00:23:04,500

public discourse on this topic right now

621

00:23:09,049 --> 00:23:06,780

well to me the other thing that comes up

622

00:23:11,330 --> 00:23:09,059

is what some would call a spiritual war

623

00:23:12,950 --> 00:23:11,340

between Good and Evil

624

00:23:14,149 --> 00:23:12,960

and on the surface if you just look at

625

00:23:15,590 --> 00:23:14,159

what's happening in the world the

626

00:23:18,350 --> 00:23:15,600

Temptation might not be to think about

627

00:23:20,630 --> 00:23:18,360

supernatural forces we see individuals

628

00:23:22,370 --> 00:23:20,640

on TV making policy that we may or may

629

00:23:23,450 --> 00:23:22,380

not agree with sometimes we find out

630

00:23:24,890 --> 00:23:23,460

that they're not telling the truth or

631

00:23:25,970 --> 00:23:24,900

that they were very confident about

632

00:23:26,930 --> 00:23:25,980

things that they end up being wrong

633

00:23:29,510 --> 00:23:26,940

about

634

00:23:31,310 --> 00:23:29,520

but what I continue to ask given what I

635

00:23:34,549 --> 00:23:31,320

now believe about extended Consciousness

636

00:23:36,289 --> 00:23:34,559

and if you think about the brain as an

637

00:23:37,730 --> 00:23:36,299

apparatus that actually receives

638

00:23:39,590 --> 00:23:37,740

information

639

00:23:41,390 --> 00:23:39,600

or also could be perceived as a

640

00:23:43,310 --> 00:23:41,400

filtering mechanism meaning there's

641

00:23:44,630 --> 00:23:43,320

things that are blocked out but things

642

00:23:46,130 --> 00:23:44,640

that can get through

643

00:23:48,590 --> 00:23:46,140

then you might wonder how are people

644

00:23:52,549 --> 00:23:48,600

being influenced sometimes consciously

645

00:23:55,789 --> 00:23:52,559

sometimes not consciously to

646

00:23:58,789 --> 00:23:55,799

work for forces of what you might call

647

00:24:00,169 --> 00:23:58,799

good or evil and in order to answer that

648

00:24:02,570 --> 00:24:00,179

question in my view we have to get to

649

00:24:03,830 --> 00:24:02,580

the metaphysical good evil which is one

650

00:24:06,350 --> 00:24:03,840

of the things I try to get to in the

651  
00:24:07,610 --> 00:24:06,360  
book is that yes there are multiple

652  
00:24:09,470 --> 00:24:07,620  
dimensions and yes there are

653  
00:24:11,149 --> 00:24:09,480  
intelligences out there but some of them

654  
00:24:14,029 --> 00:24:11,159  
appear to be very benevolent and some

655  
00:24:15,590 --> 00:24:14,039  
are completely evil and to me that that

656  
00:24:16,789 --> 00:24:15,600  
can't be completely disconnected from

657  
00:24:18,409 --> 00:24:16,799  
what's happening in the world I don't

658  
00:24:19,789 --> 00:24:18,419  
know the exact connection

659  
00:24:21,409 --> 00:24:19,799  
but there's got to be something there

660  
00:24:22,850 --> 00:24:21,419  
and as we talked about in my last

661  
00:24:24,830 --> 00:24:22,860  
interview I tend to be very concerned

662  
00:24:27,610 --> 00:24:24,840  
about the erosion of Liberties and

663  
00:24:30,830 --> 00:24:27,620

moving toward a

664

00:24:33,890 --> 00:24:30,840

transhumanistic uh orwellian World

665

00:24:36,590 --> 00:24:33,900

where's that coming from and at the same

666

00:24:38,149 --> 00:24:36,600

time we're not there yet we're not fully

667

00:24:39,950 --> 00:24:38,159

enslaved we do have lots of freedoms

668

00:24:42,830 --> 00:24:39,960

relative to where we could be

669

00:24:43,909 --> 00:24:42,840

so if it were fully evil right we

670

00:24:45,169 --> 00:24:43,919

probably would already be in this

671

00:24:47,269 --> 00:24:45,179

enslaved State there has to be a

672

00:24:48,950 --> 00:24:47,279

balancing act too and that makes me

673

00:24:50,269 --> 00:24:48,960

really curious about what our role is in

674

00:24:52,250 --> 00:24:50,279

that and what I conclude in the book is

675

00:24:54,169 --> 00:24:52,260

that there's only so much we can control

676  
00:24:55,789 --> 00:24:54,179  
in the external world but we can what we

677  
00:24:58,310 --> 00:24:55,799  
can control is ourselves and what we

678  
00:24:59,690 --> 00:24:58,320  
decide to tap into individually that

679  
00:25:01,490 --> 00:24:59,700  
we're going to try to tap into what we

680  
00:25:03,049 --> 00:25:01,500  
call good and try to discern so we're

681  
00:25:06,470 --> 00:25:03,059  
not manipulated and I'll just pause

682  
00:25:10,310 --> 00:25:06,480  
there no don't pause there keep going we

683  
00:25:13,370 --> 00:25:10,320  
gotta know how you arrive at that kind

684  
00:25:15,950 --> 00:25:13,380  
of metaphysical understanding of good

685  
00:25:19,130 --> 00:25:15,960  
and evil as it as it relates to this

686  
00:25:20,690 --> 00:25:19,140  
topic it is the like you said it is the

687  
00:25:23,090 --> 00:25:20,700  
fundamental question how are you

688  
00:25:25,430 --> 00:25:23,100

breaking down the data how would you and

689

00:25:28,010 --> 00:25:25,440

how is the way that you're breaking down

690

00:25:29,870 --> 00:25:28,020

the data how is it different from the

691

00:25:31,730 --> 00:25:29,880

way you see other people breaking down

692

00:25:34,010 --> 00:25:31,740

the data and because this is directly

693

00:25:36,950 --> 00:25:34,020

relevant to the conversation right is it

694

00:25:40,610 --> 00:25:36,960

a blob of Consciousness kind of thing is

695

00:25:44,210 --> 00:25:40,620

it do it thou Wilt kind of thing is it

696

00:25:47,029 --> 00:25:44,220

you know E.T is good the space Brothers

697

00:25:49,549 --> 00:25:47,039

uh save the planet is it you know this

698

00:25:51,110 --> 00:25:49,559

is the discourse so the fact that you're

699

00:25:52,789 --> 00:25:51,120

tackling this again that's what I'm

700

00:25:55,549 --> 00:25:52,799

saying this is so

701

00:25:56,930 --> 00:25:55,559

unique it shouldn't be so unique but

702

00:25:59,210 --> 00:25:56,940

it's tremendous that you're doing this

703

00:26:00,830 --> 00:25:59,220

how do you break it down how do you make

704

00:26:02,450 --> 00:26:00,840

the case either way in the book why do

705

00:26:04,130 --> 00:26:02,460

you come down the way you do yeah

706

00:26:06,830 --> 00:26:04,140

there's so many directions I want to go

707

00:26:08,630 --> 00:26:06,840

here let me preface what I'm about to

708

00:26:10,250 --> 00:26:08,640

say with the fact again that our

709

00:26:12,409 --> 00:26:10,260

perception is limited

710

00:26:14,690 --> 00:26:12,419

and I want to talk about

711

00:26:16,850 --> 00:26:14,700

also the idea that our perception can be

712

00:26:17,930 --> 00:26:16,860

skewed by these intelligences so

713

00:26:19,010 --> 00:26:17,940

something you've talked about in your

714

00:26:20,149 --> 00:26:19,020

show and I talk about in my books

715

00:26:21,769 --> 00:26:20,159

because we have to start with this and

716

00:26:24,649 --> 00:26:21,779

we talk about Good and Evil

717

00:26:26,390 --> 00:26:24,659

things like screen memories and

718

00:26:28,789 --> 00:26:26,400

shape-shifting

719

00:26:30,649 --> 00:26:28,799

so a screen memory you had Michael

720

00:26:34,010 --> 00:26:30,659

elland on your show a few years ago he's

721

00:26:36,169 --> 00:26:34,020

famous for his work with owls where owls

722

00:26:37,669 --> 00:26:36,179

seem to appear at UFO encounter sites

723

00:26:39,470 --> 00:26:37,679

and then a person might go under

724

00:26:40,970 --> 00:26:39,480

hypnosis to try to uncover what happened

725

00:26:42,890 --> 00:26:40,980

during missing time that might be

726

00:26:44,750 --> 00:26:42,900

associated with it so the person saw an

727

00:26:45,649 --> 00:26:44,760

owl and then a few hours go by and they

728

00:26:47,570 --> 00:26:45,659

don't know what happened during that

729

00:26:49,310 --> 00:26:47,580

time this happens in UFO encounters very

730

00:26:52,250 --> 00:26:49,320

often the time seems to be missing

731

00:26:53,690 --> 00:26:52,260

there's a memory Gap and they go under

732

00:26:55,370 --> 00:26:53,700

hypnosis to try to see what happened

733

00:26:57,289 --> 00:26:55,380

during that missing time

734

00:26:58,669 --> 00:26:57,299

and hypnotherapist might try to guide

735

00:27:00,169 --> 00:26:58,679

them and say well can you describe the

736

00:27:01,909 --> 00:27:00,179

owl that you're seeing and the person

737

00:27:03,470 --> 00:27:01,919

will say wait a second this isn't an owl

738

00:27:05,330 --> 00:27:03,480

this is a gray alien

739

00:27:06,230 --> 00:27:05,340

okay and it's known as a screen memory

740

00:27:07,970 --> 00:27:06,240

meaning the thing that the person

741

00:27:09,769 --> 00:27:07,980

consciously remembered is not what is

742

00:27:11,090 --> 00:27:09,779

uncovered when the memory is more fully

743

00:27:13,070 --> 00:27:11,100

unlocked

744

00:27:15,289 --> 00:27:13,080

and this ties into

745

00:27:17,690 --> 00:27:15,299

what many people have reported and even

746

00:27:19,430 --> 00:27:17,700

John Mack the former head of Psychiatry

747

00:27:20,990 --> 00:27:19,440

at Harvard Pulitzer Prize winner has

748

00:27:22,909 --> 00:27:21,000

reported in the people that he studied

749

00:27:24,590 --> 00:27:22,919

who claimed they had abductions that

750

00:27:26,930 --> 00:27:24,600

these alien beings could shape-shift

751  
00:27:28,610 --> 00:27:26,940  
that they could appear one way and then

752  
00:27:30,289 --> 00:27:28,620  
appear another way and many people have

753  
00:27:32,810 --> 00:27:30,299  
anecdotally reported this I mean I can't

754  
00:27:34,909 --> 00:27:32,820  
show you the scientific statistical data

755  
00:27:37,250 --> 00:27:34,919  
on this but it's reported repeatedly now

756  
00:27:39,830 --> 00:27:37,260  
if we accept that to be true

757  
00:27:41,990 --> 00:27:39,840  
then with regard to Good and Evil we

758  
00:27:43,130 --> 00:27:42,000  
have to also be wary of the trickster

759  
00:27:46,250 --> 00:27:43,140  
beings

760  
00:27:48,169 --> 00:27:46,260  
who could manifest one way

761  
00:27:50,510 --> 00:27:48,179  
but maybe they're not that way

762  
00:27:51,710 --> 00:27:50,520  
so as in the in the quest to look at

763  
00:27:52,789 --> 00:27:51,720

Good and Evil we have to be very

764

00:27:54,769 --> 00:27:52,799

Discerning and I don't have a great

765

00:27:56,510 --> 00:27:54,779

answer for that because these beings

766

00:27:58,130 --> 00:27:56,520

seem to be so much more intelligent than

767

00:28:00,710 --> 00:27:58,140

we are if they have the ability to

768

00:28:03,830 --> 00:28:00,720

manipulate our memory to create missing

769

00:28:05,090 --> 00:28:03,840

time to appear one way to us and I'll

770

00:28:07,130 --> 00:28:05,100

give some other anecdotes for my book

771

00:28:08,810 --> 00:28:07,140

again these are anecdotes but it's come

772

00:28:10,490 --> 00:28:08,820

up multiple times

773

00:28:13,370 --> 00:28:10,500

where

774

00:28:15,470 --> 00:28:13,380

uh there's a sexual encounter

775

00:28:17,930 --> 00:28:15,480

with a woman and what appears to be a

776

00:28:20,570 --> 00:28:17,940

man and then the woman realizes that

777

00:28:22,970 --> 00:28:20,580

that apparent man is some sort of an

778

00:28:24,529 --> 00:28:22,980

alien being but seems to be able to

779

00:28:27,350 --> 00:28:24,539

shape-shift

780

00:28:28,970 --> 00:28:27,360

in a way that manifests as what the

781

00:28:30,590 --> 00:28:28,980

woman would consider to be attractive

782

00:28:32,090 --> 00:28:30,600

this also happened with a man I

783

00:28:35,330 --> 00:28:32,100

mentioned in my book Matthew Roberts an

784

00:28:37,490 --> 00:28:35,340

ex-navy guy who had an experience where

785

00:28:39,230 --> 00:28:37,500

the being during it it was sort of like

786

00:28:42,470 --> 00:28:39,240

a dream-like state but not fully a dream

787

00:28:44,029 --> 00:28:42,480

the being was sort of switching its face

788

00:28:47,510 --> 00:28:44,039

and then landed on his ex-girlfriend

789

00:28:49,250 --> 00:28:47,520

during a sexual encounter so I give that

790

00:28:50,570 --> 00:28:49,260

preface to say

791

00:28:51,710 --> 00:28:50,580

we don't know what we're dealing with

792

00:28:53,570 --> 00:28:51,720

all the time we're dealing with

793

00:28:56,090 --> 00:28:53,580

extremely advanced stuff and I'll let

794

00:28:59,810 --> 00:28:56,100

you respond to that before I go on

795

00:29:00,710 --> 00:28:59,820

uh well I guess I'd do it a couple of

796

00:29:03,590 --> 00:29:00,720

ways

797

00:29:06,889 --> 00:29:03,600

you were so tuned into like such an

798

00:29:08,870 --> 00:29:06,899

important issue because I I almost feel

799

00:29:10,490 --> 00:29:08,880

like I want you to come around the curve

800

00:29:11,990 --> 00:29:10,500

to the other side of it because what

801  
00:29:14,269 --> 00:29:12,000  
you've laid on the table is really great

802  
00:29:16,310 --> 00:29:14,279  
and that's that we have to have this

803  
00:29:20,210 --> 00:29:16,320  
level of discernment because we already

804  
00:29:22,370 --> 00:29:20,220  
have evidence of uh mental slash

805  
00:29:25,250 --> 00:29:22,380  
Consciousness whatever that means

806  
00:29:29,210 --> 00:29:25,260  
manipulation at this level far beyond

807  
00:29:31,010 --> 00:29:29,220  
what we know but I guess I will Babble

808  
00:29:32,750 --> 00:29:31,020  
on for a minute because this is like

809  
00:29:34,130 --> 00:29:32,760  
seems like an interesting point that I

810  
00:29:37,490 --> 00:29:34,140  
don't hear a lot of people talking about

811  
00:29:41,149 --> 00:29:37,500  
but you just laid it right out

812  
00:29:44,210 --> 00:29:41,159  
I look at like uh Sirhan Sirhan and

813  
00:29:46,090 --> 00:29:44,220

anyone who's looked at kind of the old

814

00:29:49,370 --> 00:29:46,100

conspiracy stuff

815

00:29:52,070 --> 00:29:49,380

understands you know sirhacharan is the

816

00:29:54,049 --> 00:29:52,080

guy who shot uh Robert Kennedy right

817

00:29:56,510 --> 00:29:54,059

assassinated apparently and he's a

818

00:29:58,250 --> 00:29:56,520

Manchurian Candidate it's just clear as

819

00:29:59,870 --> 00:29:58,260

day couldn't be clear that he's a

820

00:30:01,909 --> 00:29:59,880

Manchurian Candidate and there's even

821

00:30:03,529 --> 00:30:01,919

evidence people have done the work that

822

00:30:05,450 --> 00:30:03,539

you can kind of pinpoint the time when

823

00:30:07,850 --> 00:30:05,460

he was pulled into the MK Ultra program

824

00:30:09,649 --> 00:30:07,860

and the reason we know that is like they

825

00:30:12,769 --> 00:30:09,659

found more bullets

826

00:30:15,230 --> 00:30:12,779

in the kitchen where Kennedy was shot

827

00:30:17,570 --> 00:30:15,240

that were in the gun and number two

828

00:30:19,789 --> 00:30:17,580

there were eyewitness eyewitness

829

00:30:21,590 --> 00:30:19,799

is there including you know like the old

830

00:30:23,750 --> 00:30:21,600

football player Rosie Greer who grabbed

831

00:30:25,310 --> 00:30:23,760

his arm right after the first shot all

832

00:30:27,529 --> 00:30:25,320

this stuff Manchurian Candidate

833

00:30:29,870 --> 00:30:27,539

Manchurian Candidate where a lot of

834

00:30:32,630 --> 00:30:29,880

people don't go with that is

835

00:30:35,870 --> 00:30:32,640

if that was the state of the art

836

00:30:38,409 --> 00:30:35,880

technology of our intelligence agencies

837

00:30:40,730 --> 00:30:38,419

our alphabet soup intelligence agencies

838

00:30:43,669 --> 00:30:40,740

60 years ago

839

00:30:45,289 --> 00:30:43,679

then where are we at and I put that on

840

00:30:48,289 --> 00:30:45,299

the table because as you're doing so

841

00:30:51,010 --> 00:30:48,299

okay now let's extend that to

842

00:30:53,269 --> 00:30:51,020

ET whatever that means who we understand

843

00:30:56,269 --> 00:30:53,279

intuitively by all this stuff and by

844

00:30:58,730 --> 00:30:56,279

reports is more advanced on that

845

00:31:00,950 --> 00:30:58,740

Continuum of mental manipulation

846

00:31:02,269 --> 00:31:00,960

Consciousness manipulation and we have

847

00:31:04,370 --> 00:31:02,279

it all over the place like you're saying

848

00:31:06,169 --> 00:31:04,380

screen memories and my go-to on that is

849

00:31:07,730 --> 00:31:06,179

always it related to the ones you

850

00:31:09,889 --> 00:31:07,740

mentioned in the book but you know Ray

851

00:31:12,049 --> 00:31:09,899

Hernandez his wife is having this

852

00:31:14,330 --> 00:31:12,059

incredible kind of traumatic encounter

853

00:31:17,450 --> 00:31:14,340

and he walks halfway down the stairs and

854

00:31:19,070 --> 00:31:17,460

then he turns around he says oh that's

855

00:31:21,769 --> 00:31:19,080

nothing the voice inside his head his

856

00:31:24,350 --> 00:31:21,779

own voice says oh that's nothing that's

857

00:31:27,350 --> 00:31:24,360

silly go back upstairs and go to bed and

858

00:31:28,669 --> 00:31:27,360

he does right so that's like classic to

859

00:31:29,570 --> 00:31:28,679

me but that's repeated over and over

860

00:31:33,169 --> 00:31:29,580

again

861

00:31:34,250 --> 00:31:33,179

or you look at uh you know I won't go on

862

00:31:35,810 --> 00:31:34,260

and on because you already made the

863

00:31:39,169 --> 00:31:35,820

point we're making the same point but

864

00:31:42,950 --> 00:31:39,179

what do you think about that in terms of

865

00:31:45,710 --> 00:31:42,960

to what extent have we Advanced our

866

00:31:49,789 --> 00:31:45,720

technology since we seem to be imitating

867

00:31:52,009 --> 00:31:49,799

or we seem to be in this technology

868

00:31:54,289 --> 00:31:52,019

exchange with these Advanced

869

00:31:56,210 --> 00:31:54,299

civilizations that pops up all over the

870

00:31:59,450 --> 00:31:56,220

place but I don't hear a lot of people

871

00:32:01,850 --> 00:31:59,460

talking about the technology exchange as

872

00:32:04,549 --> 00:32:01,860

it has to do with Consciousness

873

00:32:07,130 --> 00:32:04,559

manipulation what that what might that

874

00:32:09,009 --> 00:32:07,140

mean and then back to the bigger

875

00:32:13,750 --> 00:32:09,019

question that you're

876

00:32:16,430 --> 00:32:13,760

raising is how do we then still apply

877

00:32:19,009 --> 00:32:16,440

this level of discernment that you're

878

00:32:21,830 --> 00:32:19,019

looking for and I'm looking for and I'll

879

00:32:26,029 --> 00:32:21,840

just end with saying I think you're spot

880

00:32:28,909 --> 00:32:26,039

on 100 that we still can it is still

881

00:32:31,669 --> 00:32:28,919

very possible it is the essence of who

882

00:32:36,470 --> 00:32:31,679

we are to always to be able to discern

883

00:32:39,590 --> 00:32:36,480

if we apply the right internal processes

884

00:32:42,529 --> 00:32:39,600

to ourselves so what do you think about

885

00:32:44,509 --> 00:32:42,539

some of those issues yeah

886

00:32:47,269 --> 00:32:44,519

well I think about mind control

887

00:32:48,950 --> 00:32:47,279

generally one at the level of secret

888

00:32:50,750 --> 00:32:48,960

programs that have been discla

889

00:32:51,950 --> 00:32:50,760

Declassified but they're probably other

890

00:32:53,750 --> 00:32:51,960

secret programs that we don't know about

891

00:32:55,250 --> 00:32:53,760

and I say all this stuff as someone

892

00:32:56,630 --> 00:32:55,260

who's not an Insider like I don't have

893

00:32:58,250 --> 00:32:56,640

any government experience so I'm just

894

00:33:00,190 --> 00:32:58,260

I'm guessing and there's probably a lot

895

00:33:02,330 --> 00:33:00,200

I don't know I should just clarify that

896

00:33:04,310 --> 00:33:02,340

uh but

897

00:33:05,870 --> 00:33:04,320

we know what was going on with MK Ultra

898

00:33:07,669 --> 00:33:05,880

in terms of being able to manipulate

899

00:33:09,289 --> 00:33:07,679

people and dissociate the personality

900

00:33:11,450 --> 00:33:09,299

that's key is to create multiple

901  
00:33:12,830 --> 00:33:11,460  
personalities where the personalities

902  
00:33:14,810 --> 00:33:12,840  
are essentially hidden from each other

903  
00:33:16,250 --> 00:33:14,820  
and when you could you switch one

904  
00:33:18,710 --> 00:33:16,260  
personality on it would have certain

905  
00:33:20,269 --> 00:33:18,720  
traits that had been programmed into it

906  
00:33:22,130 --> 00:33:20,279  
so you could have someone that is a

907  
00:33:24,590 --> 00:33:22,140  
Secret Killer but then its other

908  
00:33:26,210 --> 00:33:24,600  
personality is a normal person so given

909  
00:33:27,350 --> 00:33:26,220  
that that technology exists again it's

910  
00:33:28,909 --> 00:33:27,360  
very difficult to know what's going on

911  
00:33:30,830 --> 00:33:28,919  
in the world because you could have

912  
00:33:33,889 --> 00:33:30,840  
someone who has had a mind control has

913  
00:33:36,590 --> 00:33:33,899

been undergoing mind control really not

914

00:33:38,149 --> 00:33:36,600

due to their own consent and one of

915

00:33:40,370 --> 00:33:38,159

these programs gets switched on and we

916

00:33:42,110 --> 00:33:40,380

don't know how advanced that is so I

917

00:33:45,049 --> 00:33:42,120

think about it from that lens of what

918

00:33:46,789 --> 00:33:45,059

individuals are being programmed and

919

00:33:48,470 --> 00:33:46,799

maybe that could relate to E.T maybe

920

00:33:50,690 --> 00:33:48,480

they're tapping into dark Forces I don't

921

00:33:52,970 --> 00:33:50,700

know but uh so there's this individual

922

00:33:55,130 --> 00:33:52,980

level and then the other level is

923

00:33:56,750 --> 00:33:55,140

Collective mind control and when I think

924

00:33:59,810 --> 00:33:56,760

of that it's like what's been going on

925

00:34:01,970 --> 00:33:59,820

with covid how can they use mass media

926  
00:34:03,230 --> 00:34:01,980  
and fear in particular to get people

927  
00:34:05,149 --> 00:34:03,240  
into this state where maybe they're

928  
00:34:06,769 --> 00:34:05,159  
having a mini dissociation because it's

929  
00:34:08,270 --> 00:34:06,779  
often called trauma-based mind control

930  
00:34:10,609 --> 00:34:08,280  
and I think about that a lot because

931  
00:34:12,470 --> 00:34:10,619  
it's the next trauma after the next on

932  
00:34:15,409 --> 00:34:12,480  
the news and what's that doing to put

933  
00:34:16,970 --> 00:34:15,419  
people in a fear based State and then

934  
00:34:18,889 --> 00:34:16,980  
making them more susceptible to whatever

935  
00:34:20,210 --> 00:34:18,899  
the messages are it's almost like a

936  
00:34:22,490 --> 00:34:20,220  
hypnotic

937  
00:34:24,349 --> 00:34:22,500  
form of Mind Control

938  
00:34:26,270 --> 00:34:24,359

so that that's what I think about in

939

00:34:30,530 --> 00:34:26,280

response to your question Alex

940

00:34:34,190 --> 00:34:30,540

okay but Mark at the end of the day you

941

00:34:38,329 --> 00:34:34,200

come down on the side of good as being

942

00:34:39,950 --> 00:34:38,339

kind of the The Meta yeah why how do you

943

00:34:41,750 --> 00:34:39,960

how do you get there with all that other

944

00:34:44,210 --> 00:34:41,760

stuff that's going on

945

00:34:47,450 --> 00:34:44,220

well it's an inference it's an inference

946

00:34:48,950 --> 00:34:47,460

based on I guess two things one is my

947

00:34:50,389 --> 00:34:48,960

own internal state

948

00:34:52,609 --> 00:34:50,399

because that's the only thing I only I

949

00:34:53,810 --> 00:34:52,619

truly know and I know what my emotions

950

00:34:55,609 --> 00:34:53,820

are like

951  
00:34:57,230 --> 00:34:55,619  
and when I get pulled into a dark State

952  
00:34:59,569 --> 00:34:57,240  
versus a light state

953  
00:35:01,430 --> 00:34:59,579  
and I just have this this intuition that

954  
00:35:03,230 --> 00:35:01,440  
the light State the love state is the

955  
00:35:05,210 --> 00:35:03,240  
one that we're headed towards and that

956  
00:35:06,230 --> 00:35:05,220  
intuition seems to be validated by

957  
00:35:08,569 --> 00:35:06,240  
looking at the people that have had

958  
00:35:10,130 --> 00:35:08,579  
spiritually transformative experiences

959  
00:35:11,930 --> 00:35:10,140  
so look at the near-death experience

960  
00:35:13,310 --> 00:35:11,940  
people say it's ineffable I can't use

961  
00:35:14,930 --> 00:35:13,320  
words to describe it but it's

962  
00:35:16,550 --> 00:35:14,940  
unconditional love

963  
00:35:19,130 --> 00:35:16,560

people say that in certain meditation

964

00:35:20,569 --> 00:35:19,140

experiences certain psychedelics I had a

965

00:35:21,890 --> 00:35:20,579

glimpse of that that I talked about in

966

00:35:23,510 --> 00:35:21,900

my second book and end upside down

967

00:35:25,069 --> 00:35:23,520

living and I've been asked about it only

968

00:35:26,450 --> 00:35:25,079

a little Glimpse during meditation where

969

00:35:28,130 --> 00:35:26,460

I felt this sensation I don't really

970

00:35:30,829 --> 00:35:28,140

know how to explain it but it was beyond

971

00:35:33,589 --> 00:35:30,839

love it was just this total Bliss out

972

00:35:36,710 --> 00:35:33,599

so given all of that I think that we are

973

00:35:38,450 --> 00:35:36,720

that's the the high level is good

974

00:35:40,250 --> 00:35:38,460

but there's there's something in between

975

00:35:42,710 --> 00:35:40,260

that's getting in the way very clearly

976

00:35:44,150 --> 00:35:42,720

and this leads me into

977

00:35:45,589 --> 00:35:44,160

what I was trying to get at before

978

00:35:47,810 --> 00:35:45,599

before I got into screen memories and

979

00:35:49,370 --> 00:35:47,820

all that of where I think I'm talking

980

00:35:51,410 --> 00:35:49,380

about things that I don't see as much

981

00:35:53,810 --> 00:35:51,420

elsewhere but I see you talking about it

982

00:35:55,130 --> 00:35:53,820

a lot which is what what evil actually

983

00:35:59,450 --> 00:35:55,140

is

984

00:36:01,370 --> 00:35:59,460

and you've gotten into some of the the

985

00:36:02,630 --> 00:36:01,380

ritual abuse topics on your show that's

986

00:36:04,790 --> 00:36:02,640

something that I've looked at and talked

987

00:36:06,170 --> 00:36:04,800

about in the book it's a level of evil

988

00:36:08,690 --> 00:36:06,180

that most people cannot relate to

989

00:36:10,190 --> 00:36:08,700

because most people are in my view are

990

00:36:11,810 --> 00:36:10,200

are pretty good

991

00:36:13,250 --> 00:36:11,820

I mean if everyone has the dark and

992

00:36:15,470 --> 00:36:13,260

Light Within them but some of this stuff

993

00:36:17,030 --> 00:36:15,480

the violation of other beings is

994

00:36:18,650 --> 00:36:17,040

incomprehensible and it's it's a

995

00:36:20,390 --> 00:36:18,660

paradigm shift to learn about that stuff

996

00:36:22,430 --> 00:36:20,400

and what I find is that people don't

997

00:36:25,069 --> 00:36:22,440

want to go there which is understandable

998

00:36:27,170 --> 00:36:25,079

because it's so disturbing but it's also

999

00:36:28,790 --> 00:36:27,180

very problematic because then one

1000

00:36:30,170 --> 00:36:28,800

spectrum of good evil is totally off

1001  
00:36:31,670 --> 00:36:30,180  
base

1002  
00:36:32,690 --> 00:36:31,680  
and I see it happening all the time

1003  
00:36:34,609 --> 00:36:32,700  
where

1004  
00:36:36,589 --> 00:36:34,619  
you might see people in the public who

1005  
00:36:38,930 --> 00:36:36,599  
they appear to be very mean or something

1006  
00:36:41,150 --> 00:36:38,940  
and that's evil like yeah sure that's

1007  
00:36:42,650 --> 00:36:41,160  
not good that you know we could say

1008  
00:36:44,810 --> 00:36:42,660  
that's bad but on the spectrum of what

1009  
00:36:46,790 --> 00:36:44,820  
you know what real evil is

1010  
00:36:48,890 --> 00:36:46,800  
it's nowhere close

1011  
00:36:50,690 --> 00:36:48,900  
and when you know that that level of

1012  
00:36:52,790 --> 00:36:50,700  
evil exists

1013  
00:36:54,589 --> 00:36:52,800

it opens up the possibility of all sorts

1014

00:36:55,970 --> 00:36:54,599

of Nefarious things which start to make

1015

00:36:58,250 --> 00:36:55,980

the world make a lot more sense actually

1016

00:36:59,450 --> 00:36:58,260

it becomes very conspiratorial but you

1017

00:37:03,589 --> 00:36:59,460

can't get there unless you know that

1018

00:37:04,730 --> 00:37:03,599

this level of evil does exist so for me

1019

00:37:06,230 --> 00:37:04,740

because I've known about some of this

1020

00:37:07,910 --> 00:37:06,240

stuff for a few years and I mention it

1021

00:37:09,829 --> 00:37:07,920

very briefly in the Liberty book the one

1022

00:37:11,750 --> 00:37:09,839

that came right before this I do it more

1023

00:37:14,870 --> 00:37:11,760

extensively in this book but I always

1024

00:37:17,569 --> 00:37:14,880

try to play this this balance of wanting

1025

00:37:19,670 --> 00:37:17,579

to express that these things exist but

1026

00:37:21,170 --> 00:37:19,680

not turning people away and I'll I'll

1027

00:37:22,370 --> 00:37:21,180

say one last thing before I pause and

1028

00:37:24,290 --> 00:37:22,380

some of the feedback I've gotten about

1029

00:37:26,329 --> 00:37:24,300

this book is that some people had to

1030

00:37:28,250 --> 00:37:26,339

skip certain parts which is interesting

1031

00:37:31,730 --> 00:37:28,260

for me because I go into the details of

1032

00:37:33,710 --> 00:37:31,740

what what this evil means and one of the

1033

00:37:35,390 --> 00:37:33,720

conflicts I had in publishing it was am

1034

00:37:37,670 --> 00:37:35,400

I am I letting them off the hook too

1035

00:37:39,349 --> 00:37:37,680

much am I not exposing enough I was

1036

00:37:41,089 --> 00:37:39,359

concerned about that I wanted to give

1037

00:37:43,370 --> 00:37:41,099

the essence but not turn people away and

1038

00:37:45,230 --> 00:37:43,380

in some cases they even had to skip

1039

00:37:47,870 --> 00:37:45,240

only small parts of the book it's not a

1040

00:37:49,730 --> 00:37:47,880

major part but it's Central to this to

1041

00:37:52,910 --> 00:37:49,740

examining the world and thinking about

1042

00:37:56,329 --> 00:37:52,920

Good and Evil metaphysically so

1043

00:37:59,630 --> 00:37:56,339

again this to me is one of these Central

1044

00:38:03,470 --> 00:37:59,640

issues that is fully in the discourse

1045

00:38:05,630 --> 00:38:03,480

right now and you're so brave I can't

1046

00:38:07,130 --> 00:38:05,640

think of any other word to say it to

1047

00:38:10,190 --> 00:38:07,140

bring it to the surface like this

1048

00:38:12,410 --> 00:38:10,200

because it's funny how it is

1049

00:38:15,290 --> 00:38:12,420

hidden beneath things whether it's

1050

00:38:16,490 --> 00:38:15,300

either the the space Brothers thing and

1051  
00:38:19,790 --> 00:38:16,500  
I was just listening to an interview

1052  
00:38:22,970 --> 00:38:19,800  
with a very excellent Ryan Bledsoe I I

1053  
00:38:25,490 --> 00:38:22,980  
just kind of feel like he's trying to be

1054  
00:38:27,650 --> 00:38:25,500  
totally out there but at the same time

1055  
00:38:30,890 --> 00:38:27,660  
however you talk about this it just

1056  
00:38:33,050 --> 00:38:30,900  
becomes contradictory in terms of the

1057  
00:38:35,810 --> 00:38:33,060  
space Brothers they're here to save the

1058  
00:38:38,650 --> 00:38:35,820  
planet they're here to protect us and

1059  
00:38:41,810 --> 00:38:38,660  
then but I'm not going to talk about

1060  
00:38:43,609 --> 00:38:41,820  
shape-shifting reptilian aliens that are

1061  
00:38:45,589 --> 00:38:43,619  
raping people I'm not going to talk

1062  
00:38:48,230 --> 00:38:45,599  
about the Lost pregnancies I'm not going

1063  
00:38:50,690 --> 00:38:48,240

to talk about the deception and

1064

00:38:54,050 --> 00:38:50,700

I just had an interview with Dr Bob

1065

00:38:56,089 --> 00:38:54,060

Davis who was part of the free survey

1066

00:38:58,849 --> 00:38:56,099

you know at Ray Hernandez and they did a

1067

00:39:01,670 --> 00:38:58,859

survey kind of mirroring the near-death

1068

00:39:03,349 --> 00:39:01,680

experience survey work that Jeff long

1069

00:39:04,430 --> 00:39:03,359

did which I think is incredibly

1070

00:39:07,310 --> 00:39:04,440

important

1071

00:39:09,170 --> 00:39:07,320

but you know when Bob Davis and I were

1072

00:39:11,990 --> 00:39:09,180

talking one of the things that came up

1073

00:39:14,690 --> 00:39:12,000

is I kind of pushed him as like hey

1074

00:39:16,790 --> 00:39:14,700

let's say you're right and it's 80

1075

00:39:19,490 --> 00:39:16,800

percent positive

1076  
00:39:21,950 --> 00:39:19,500  
what the hell does that mean anyway if

1077  
00:39:23,810 --> 00:39:21,960  
there is this other uh benevolent part

1078  
00:39:26,030 --> 00:39:23,820  
out there that is

1079  
00:39:28,490 --> 00:39:26,040  
you know really really bad or what we'd

1080  
00:39:31,849 --> 00:39:28,500  
call evil

1081  
00:39:34,430 --> 00:39:31,859  
until we kind of the statistics don't

1082  
00:39:37,609 --> 00:39:34,440  
really matter what matters is what

1083  
00:39:40,490 --> 00:39:37,619  
you're grappling with in in a really

1084  
00:39:42,609 --> 00:39:40,500  
important way is what is the nature then

1085  
00:39:46,069 --> 00:39:42,619  
of this

1086  
00:39:48,589 --> 00:39:46,079  
structure of Consciousness like

1087  
00:39:50,569 --> 00:39:48,599  
I I'll kind of I'm pounding on the same

1088  
00:39:52,730 --> 00:39:50,579

issue but it is the central issue it's

1089

00:39:54,950 --> 00:39:52,740

good E.T versus bad ET

1090

00:39:56,510 --> 00:39:54,960

yeah well one of the things I highlight

1091

00:39:58,849 --> 00:39:56,520

in the book when I talk about the free

1092

00:40:00,230 --> 00:39:58,859

study and I should commend those who did

1093

00:40:01,670 --> 00:40:00,240

the free study because it's one of the

1094

00:40:04,609 --> 00:40:01,680

few examples where we have many many

1095

00:40:06,290 --> 00:40:04,619

cases of contact UFO contact but beyond

1096

00:40:07,910 --> 00:40:06,300

so for me as a researcher I don't like

1097

00:40:09,109 --> 00:40:07,920

to focus everything on one anecdote and

1098

00:40:11,270 --> 00:40:09,119

that was a great way to say look there's

1099

00:40:13,309 --> 00:40:11,280

three thousand plus cases here they do

1100

00:40:14,690 --> 00:40:13,319

tend to focus on the positive cases but

1101

00:40:16,190 --> 00:40:14,700

what I highlight in the book is yeah

1102

00:40:18,109 --> 00:40:16,200

it's a small percentage but they do say

1103

00:40:20,690 --> 00:40:18,119

they're malevolent beings some of them

1104

00:40:22,670 --> 00:40:20,700

and you don't need a lot of malevolence

1105

00:40:24,770 --> 00:40:22,680

to create big damage

1106

00:40:28,670 --> 00:40:24,780

so

1107

00:40:30,230 --> 00:40:28,680

about in The Liberty book where

1108

00:40:32,210 --> 00:40:30,240

and if I'm getting off topic let me know

1109

00:40:33,650 --> 00:40:32,220

but I think this is also Central where

1110

00:40:35,809 --> 00:40:33,660

you could have just a small number of

1111

00:40:38,030 --> 00:40:35,819

people with really horrible intent and

1112

00:40:40,130 --> 00:40:38,040

if people around that evil don't see it

1113

00:40:41,329 --> 00:40:40,140

then they can be easily manipulated and

1114

00:40:44,089 --> 00:40:41,339

thinking they're doing something that's

1115

00:40:47,030 --> 00:40:44,099

good and just following orders

1116

00:40:49,490 --> 00:40:47,040

and not being able to comprehend

1117

00:40:51,470 --> 00:40:49,500

uh that there could be deception behind

1118

00:40:53,630 --> 00:40:51,480

it so it's critical that yeah there

1119

00:40:55,550 --> 00:40:53,640

could be a lot of benevolent beings and

1120

00:40:57,109 --> 00:40:55,560

there seem to be if you just look at the

1121

00:40:59,030 --> 00:40:57,119

many many cases people have had positive

1122

00:41:00,470 --> 00:40:59,040

experiences but there are some negative

1123

00:41:02,150 --> 00:41:00,480

ones too and we have to think about what

1124

00:41:05,089 --> 00:41:02,160

that means in terms of what they could

1125

00:41:07,130 --> 00:41:05,099

try to enact and I'm I'm now thinking

1126  
00:41:08,870 --> 00:41:07,140  
about this you know the theories about

1127  
00:41:10,309 --> 00:41:08,880  
alien abductions it relates to what

1128  
00:41:12,290 --> 00:41:10,319  
you've been talking about what are

1129  
00:41:14,030 --> 00:41:12,300  
abductions are they good for us are they

1130  
00:41:15,530 --> 00:41:14,040  
bad for us and you had some great

1131  
00:41:16,790 --> 00:41:15,540  
interviews several years ago that I went

1132  
00:41:20,150 --> 00:41:16,800  
back and listened to with the Mary

1133  
00:41:22,250 --> 00:41:20,160  
Rodwell David Jacobs debate on this so

1134  
00:41:23,270 --> 00:41:22,260  
Mary Rodwell and also John Mack to an

1135  
00:41:26,329 --> 00:41:23,280  
extent

1136  
00:41:27,710 --> 00:41:26,339  
viewed abductions and I assume your

1137  
00:41:30,829 --> 00:41:27,720  
listeners know about this but an

1138  
00:41:32,930 --> 00:41:30,839

abduction is when a person is taken

1139

00:41:34,430 --> 00:41:32,940

apparently aboard a craft and they have

1140

00:41:35,870 --> 00:41:34,440

all sorts of procedures done on them

1141

00:41:37,370 --> 00:41:35,880

this is typically against their will

1142

00:41:38,870 --> 00:41:37,380

although some people argue that at a

1143

00:41:40,430 --> 00:41:38,880

sole level they agreed to it but it

1144

00:41:43,609 --> 00:41:40,440

doesn't appear to be voluntary at the

1145

00:41:45,470 --> 00:41:43,619

time and sperm and eggs are taken there

1146

00:41:47,150 --> 00:41:45,480

seems to be a hybridization program that

1147

00:41:49,250 --> 00:41:47,160

people talk about where the alien beings

1148

00:41:51,470 --> 00:41:49,260

are creating a species that's partially

1149

00:41:52,970 --> 00:41:51,480

and part human it sounds insane but even

1150

00:41:55,849 --> 00:41:52,980

John Mack from Harvard was talking about

1151  
00:41:58,550 --> 00:41:55,859  
this and like crazy implications but the

1152  
00:42:00,650 --> 00:41:58,560  
question is what is this good for

1153  
00:42:02,870 --> 00:42:00,660  
Humanity or bad for Humanity so in one

1154  
00:42:04,370 --> 00:42:02,880  
of John Mac's books he says that you

1155  
00:42:05,990 --> 00:42:04,380  
know he gathers from talking to lots of

1156  
00:42:08,270 --> 00:42:06,000  
abductees that this is part of an

1157  
00:42:10,490 --> 00:42:08,280  
evolutionary insurance program

1158  
00:42:11,990 --> 00:42:10,500  
where if things really go Haywire on the

1159  
00:42:13,130 --> 00:42:12,000  
planet and they need to repopulate then

1160  
00:42:15,109 --> 00:42:13,140  
they're going to have a species that's

1161  
00:42:17,270 --> 00:42:15,119  
hybrid and some people have also talked

1162  
00:42:19,190 --> 00:42:17,280  
about seeding other planets with this

1163  
00:42:20,870 --> 00:42:19,200

hybrid species that the advanced beings

1164

00:42:21,589 --> 00:42:20,880

are doing

1165

00:42:23,390 --> 00:42:21,599

um

1166

00:42:24,890 --> 00:42:23,400

so that's one side of it that's more

1167

00:42:27,109 --> 00:42:24,900

benevolent sometimes people come back

1168

00:42:29,030 --> 00:42:27,119

with Miracle healings and sometimes they

1169

00:42:30,530 --> 00:42:29,040

have spiritual Awakenings as a result of

1170

00:42:32,150 --> 00:42:30,540

this stuff and I should mention the work

1171

00:42:34,130 --> 00:42:32,160

of Kenneth ring who studied near-death

1172

00:42:36,230 --> 00:42:34,140

experiences University of Connecticut he

1173

00:42:38,150 --> 00:42:36,240

wrote a book called the Omega project in

1174

00:42:40,670 --> 00:42:38,160

1992 where he compared near-death

1175

00:42:41,990 --> 00:42:40,680

experiences to UFO encounters and he

1176

00:42:43,609 --> 00:42:42,000

found that there were many commonalities

1177

00:42:45,530 --> 00:42:43,619

even though the experiences themselves

1178

00:42:46,910 --> 00:42:45,540

were different there was an element of

1179

00:42:48,890 --> 00:42:46,920

trauma to both of them in a near-death

1180

00:42:51,230 --> 00:42:48,900

experience you almost die and with the

1181

00:42:53,390 --> 00:42:51,240

UFO encounter in an abduction you're you

1182

00:42:55,250 --> 00:42:53,400

know operated on and so forth but

1183

00:42:57,170 --> 00:42:55,260

typically people became more spiritual

1184

00:42:58,609 --> 00:42:57,180

and not more religious but more

1185

00:43:00,230 --> 00:42:58,619

spiritual is what he found following

1186

00:43:03,109 --> 00:43:00,240

these experiences sometimes they had

1187

00:43:04,309 --> 00:43:03,119

even Kundalini Awakenings so these are

1188

00:43:07,190 --> 00:43:04,319

very positive things in terms of

1189

00:43:09,410 --> 00:43:07,200

Awakening the planet because if a person

1190

00:43:11,510 --> 00:43:09,420

has such a shift their whole life

1191

00:43:13,670 --> 00:43:11,520

changes and that's what Dr Grayson finds

1192

00:43:15,050 --> 00:43:13,680

at UVA as a psychiatrist their

1193

00:43:16,970 --> 00:43:15,060

priorities change when they have these

1194

00:43:18,770 --> 00:43:16,980

spiritual Awakenings so that's the

1195

00:43:21,170 --> 00:43:18,780

positive side of all this

1196

00:43:23,390 --> 00:43:21,180

Dr David Jacobs from Temple University

1197

00:43:25,670 --> 00:43:23,400

and also bud Hopkins and other UFO

1198

00:43:27,770 --> 00:43:25,680

researcher was sort of on the side have

1199

00:43:29,450 --> 00:43:27,780

a different take on on these experiences

1200

00:43:31,910 --> 00:43:29,460

which even John Mack would acknowledge

1201  
00:43:33,589 --> 00:43:31,920  
there was a lot of trauma that can come

1202  
00:43:35,210 --> 00:43:33,599  
from this and if people didn't properly

1203  
00:43:36,530 --> 00:43:35,220  
integrate the trauma he acknowledged

1204  
00:43:38,630 --> 00:43:36,540  
they could have a really hard time with

1205  
00:43:40,609 --> 00:43:38,640  
this this could be bad for their psyche

1206  
00:43:43,309 --> 00:43:40,619  
but where Jacobson to an extent Bud

1207  
00:43:45,589 --> 00:43:43,319  
Hopkins go is that this is this is a

1208  
00:43:47,210 --> 00:43:45,599  
dark agenda that they're not creating

1209  
00:43:48,950 --> 00:43:47,220  
hybrids to help Humanity but this is

1210  
00:43:50,510 --> 00:43:48,960  
about planetary takeover that's what

1211  
00:43:53,510 --> 00:43:50,520  
David Jacobs talks about in his book

1212  
00:43:55,490 --> 00:43:53,520  
walking Among Us written in 2015. now

1213  
00:43:57,589 --> 00:43:55,500

what I often think about is David Jacobs

1214

00:43:59,690 --> 00:43:57,599

wrote that book in 2015 John Mack passed

1215

00:44:01,849 --> 00:43:59,700

away in 2004. so I wonder what he'd

1216

00:44:04,309 --> 00:44:01,859

think now because David Jacobs has said

1217

00:44:06,829 --> 00:44:04,319

that what he's hearing from abductees

1218

00:44:10,010 --> 00:44:06,839

is that their story is changing

1219

00:44:11,870 --> 00:44:10,020

over time it has shifted where the

1220

00:44:13,430 --> 00:44:11,880

abductees are starting to and I will

1221

00:44:15,050 --> 00:44:13,440

preface this by saying it sounds insane

1222

00:44:17,690 --> 00:44:15,060

they're telling him that they're

1223

00:44:19,010 --> 00:44:17,700

training the hybrid beings to be more

1224

00:44:20,450 --> 00:44:19,020

human because since they don't live here

1225

00:44:22,490 --> 00:44:20,460

they don't really know how to interact

1226

00:44:24,109 --> 00:44:22,500

and he gets into some crazy sounding

1227

00:44:27,349 --> 00:44:24,119

details transcripts of what these

1228

00:44:29,870 --> 00:44:27,359

abductees are saying of teaching human

1229

00:44:31,430 --> 00:44:29,880

alien hybrids the very Basics about how

1230

00:44:33,829 --> 00:44:31,440

to be a human and to live on this planet

1231

00:44:37,010 --> 00:44:33,839

he actually calls them hybrids the

1232

00:44:39,650 --> 00:44:37,020

advanced hybrids and the goal he says uh

1233

00:44:40,609 --> 00:44:39,660

based on what people told him is to

1234

00:44:42,710 --> 00:44:40,619

create a hybrid that is

1235

00:44:44,990 --> 00:44:42,720

indistinguishable from human beings

1236

00:44:47,089 --> 00:44:45,000

on the surface but they have some kind

1237

00:44:48,530 --> 00:44:47,099

of an enhanced mental capacity an

1238

00:44:50,990 --> 00:44:48,540

ability to use mind control and

1239

00:44:53,030 --> 00:44:51,000

telepathy and they tend to have a lack

1240

00:44:55,130 --> 00:44:53,040

of empathy which could be considered on

1241

00:44:57,410 --> 00:44:55,140

the on the spectrum of psychopathy like

1242

00:44:58,730 --> 00:44:57,420

a psychopath and so he sees this in

1243

00:45:01,609 --> 00:44:58,740

totally and malevolent way that they're

1244

00:45:03,650 --> 00:45:01,619

here to take over now I don't know

1245

00:45:05,630 --> 00:45:03,660

where I fall on this because it could be

1246

00:45:07,069 --> 00:45:05,640

that some all of them are true to some

1247

00:45:08,569 --> 00:45:07,079

extent you could have different species

1248

00:45:09,890 --> 00:45:08,579

that have different agendas you could

1249

00:45:11,569 --> 00:45:09,900

have different beings within different

1250

00:45:13,490 --> 00:45:11,579

species that have different agendas just

1251

00:45:15,950 --> 00:45:13,500

like on our planet we see a big Spectrum

1252

00:45:18,290 --> 00:45:15,960

we have Psychopaths and we have saints

1253

00:45:19,970 --> 00:45:18,300

so it's very difficult I notice a

1254

00:45:22,010 --> 00:45:19,980

tendency for people to try to make this

1255

00:45:24,710 --> 00:45:22,020

a monolithic phenomenon that is just one

1256

00:45:26,089 --> 00:45:24,720

thing they with a capital T I think it's

1257

00:45:27,829 --> 00:45:26,099

it's diverse

1258

00:45:30,950 --> 00:45:27,839

and so I'll pause there

1259

00:45:32,569 --> 00:45:30,960

uh yeah and I I appreciate you pausing

1260

00:45:35,030 --> 00:45:32,579

but don't feel like you have to because

1261

00:45:37,910 --> 00:45:35,040

I mean you're on a roll and it's gonna

1262

00:45:39,290 --> 00:45:37,920

be dense no matter how we do it so let

1263

00:45:40,790 --> 00:45:39,300

it fly don't worry about that of course

1264

00:45:42,470 --> 00:45:40,800

this could be level three that's the

1265

00:45:44,270 --> 00:45:42,480

only way we can talk about this I mean

1266

00:45:47,329 --> 00:45:44,280

we could take any one of the points that

1267

00:45:50,270 --> 00:45:47,339

you just made and dissect them for like

1268

00:45:52,510 --> 00:45:50,280

an hour I again the one thing I'm always

1269

00:45:56,150 --> 00:45:52,520

coming back to in the back of my mind is

1270

00:45:59,270 --> 00:45:56,160

this Central most important thing about

1271

00:46:02,870 --> 00:45:59,280

this book upside down contact and that

1272

00:46:04,550 --> 00:46:02,880

is how do you then process this go

1273

00:46:07,069 --> 00:46:04,560

through the discernment process that

1274

00:46:10,250 --> 00:46:07,079

you're going to going through and try

1275

00:46:12,290 --> 00:46:10,260

and figure out how you leave your live

1276

00:46:13,790 --> 00:46:12,300

your life you know do you just kind of

1277

00:46:15,829 --> 00:46:13,800

give up and say well

1278

00:46:18,890 --> 00:46:15,839

I don't have any control forget it

1279

00:46:21,589 --> 00:46:18,900

whatever the my alien overlords you know

1280

00:46:24,589 --> 00:46:21,599

want I guess I'll just wait and see or

1281

00:46:27,589 --> 00:46:24,599

do what thou Wilt you know let's be very

1282

00:46:29,210 --> 00:46:27,599

crowling about it just hey uh none of

1283

00:46:32,750 --> 00:46:29,220

this has any meaning anyway it's all

1284

00:46:34,790 --> 00:46:32,760

being run by some other you know we're

1285

00:46:37,490 --> 00:46:34,800

in some kind of Illusion some kind of

1286

00:46:38,630 --> 00:46:37,500

simulation just do what you want for own

1287

00:46:41,089 --> 00:46:38,640

gain

1288

00:46:43,490 --> 00:46:41,099

and I would even take like that kind of

1289

00:46:44,990 --> 00:46:43,500

speculation it'd break it down into this

1290

00:46:47,450 --> 00:46:45,000

one point that you made again we could

1291

00:46:49,069 --> 00:46:47,460

break it down 50 000 different ways but

1292

00:46:52,130 --> 00:46:49,079

the whole thing is psychopath and

1293

00:46:53,569 --> 00:46:52,140

psychopathy is so interesting the way

1294

00:46:56,510 --> 00:46:53,579

that it's worked into our culture

1295

00:46:59,030 --> 00:46:56,520

because a lot of people would take the

1296

00:47:01,490 --> 00:46:59,040

proven aspects that you document in the

1297

00:47:05,390 --> 00:47:01,500

book upside down contact and you would

1298

00:47:08,450 --> 00:47:05,400

say only a psychopath would do that and

1299

00:47:10,910 --> 00:47:08,460

they would therefore conclude that these

1300

00:47:14,030 --> 00:47:10,920

can only be understood as malevolent

1301

00:47:16,250 --> 00:47:14,040

beings and someone else would do exactly

1302

00:47:18,050 --> 00:47:16,260

what you did and say Well it kind of

1303

00:47:19,730 --> 00:47:18,060

depends I don't want to put words in

1304

00:47:22,370 --> 00:47:19,740

your mouth maybe you didn't do this but

1305

00:47:25,910 --> 00:47:22,380

it kind of depends on perspective I mean

1306

00:47:28,130 --> 00:47:25,920

is like in our whole uh you know

1307

00:47:30,049 --> 00:47:28,140

pandemic kind of post-pandemic world

1308

00:47:33,230 --> 00:47:30,059

that we live in the whole thing is

1309

00:47:36,770 --> 00:47:33,240

globalization is globalization good or

1310

00:47:39,770 --> 00:47:36,780

bad is One World Government good or bad

1311

00:47:40,790 --> 00:47:39,780

is the idea of 142 seven tribes running

1312

00:47:43,370 --> 00:47:40,800

around

1313

00:47:44,930 --> 00:47:43,380

with hatchets chopping each other up and

1314

00:47:47,450 --> 00:47:44,940

some of them even have nuclear bombs

1315

00:47:48,950 --> 00:47:47,460

that can destroy the world and you look

1316

00:47:51,829 --> 00:47:48,960

at our history of how close we've come

1317

00:47:54,170 --> 00:47:51,839

to actually doing that you know

1318

00:47:57,530 --> 00:47:54,180

which is which is worse you know what's

1319

00:48:00,790 --> 00:47:57,540

worse I'm not saying I buy that at all

1320

00:48:05,930 --> 00:48:00,800

but I'm saying that argument can be made

1321

00:48:07,609 --> 00:48:05,940

outside of in my opinion the psychopathy

1322

00:48:10,849 --> 00:48:07,619

kind of argument you don't have to be

1323

00:48:14,470 --> 00:48:10,859

Psychopathic to say hey that's a better

1324

00:48:18,710 --> 00:48:14,480

kind of thing on the other hand

1325

00:48:20,930 --> 00:48:18,720

we can look at true psychopathy and you

1326

00:48:24,650 --> 00:48:20,940

know the snakes in suits and how someone

1327

00:48:26,390 --> 00:48:24,660

with just kind of almost normal uh

1328

00:48:28,790 --> 00:48:26,400

negative intent you know because like

1329

00:48:31,190 --> 00:48:28,800

the kind of intent that we see like the

1330

00:48:34,609 --> 00:48:31,200

serial killers and the John Wayne Gacy

1331

00:48:36,650 --> 00:48:34,619

we can't really wrap our head around

1332

00:48:38,390 --> 00:48:36,660

that other than in some kind of

1333

00:48:40,130 --> 00:48:38,400

metaphysical kind of thing but we won't

1334

00:48:43,069 --> 00:48:40,140

even go there because it kind of muddies

1335

00:48:46,130 --> 00:48:43,079

the waters but just in terms of

1336

00:48:49,370 --> 00:48:46,140

greedy MFS that just want more and more

1337

00:48:52,370 --> 00:48:49,380

and just have an insatiable appetite for

1338

00:48:54,890 --> 00:48:52,380

power and money and control

1339

00:48:57,049 --> 00:48:54,900

much more relatable you've been around

1340

00:48:59,390 --> 00:48:57,059

those people in your professional life

1341

00:49:00,950 --> 00:48:59,400

you know that you can still go to lunch

1342

00:49:02,510 --> 00:49:00,960

with them and have a good time with them

1343

00:49:04,609 --> 00:49:02,520

and hang out on the weekend with them

1344

00:49:07,069 --> 00:49:04,619

and have a beer they're they're not like

1345

00:49:11,270 --> 00:49:07,079

impossible people to deal with they're

1346

00:49:13,089 --> 00:49:11,280

just stuck in that way and that so there

1347

00:49:16,309 --> 00:49:13,099

is this more

1348

00:49:19,849 --> 00:49:16,319

nuanced view that we have to have of

1349

00:49:21,829 --> 00:49:19,859

what psychopathy means in our world and

1350

00:49:23,690 --> 00:49:21,839

and also in just in terms of from a

1351

00:49:25,309 --> 00:49:23,700

practical standpoint because I so

1352

00:49:28,970 --> 00:49:25,319

appreciate that you again have this

1353

00:49:31,549 --> 00:49:28,980

practical uh business as well as kind of

1354

00:49:34,370 --> 00:49:31,559

legal Frontline Soldier kind of

1355

00:49:38,270 --> 00:49:34,380

mentality that understands this that

1356

00:49:40,250 --> 00:49:38,280

it's it is complicated and it is a get

1357

00:49:42,589 --> 00:49:40,260

things done kind of world and that takes

1358

00:49:45,309 --> 00:49:42,599

different people and in some cases you

1359

00:49:48,230 --> 00:49:45,319

would tend to move towards the the

1360

00:49:49,790 --> 00:49:48,240

psychopathic person as somebody who is

1361

00:49:54,290 --> 00:49:49,800

can't be very

1362

00:49:56,450 --> 00:49:54,300

focused on getting things done so as you

1363

00:49:58,849 --> 00:49:56,460

look at the Spectrum

1364

00:50:00,230 --> 00:49:58,859

this is a difficult question but and I

1365

00:50:02,150 --> 00:50:00,240

think you partially answered it with

1366

00:50:04,430 --> 00:50:02,160

multiple species multiple agendas

1367

00:50:06,589 --> 00:50:04,440

multiple agendas within multiple species

1368

00:50:09,589 --> 00:50:06,599

you know kind of thing but how how do

1369

00:50:14,089 --> 00:50:09,599

you overlay that then on upside down

1370

00:50:17,450 --> 00:50:14,099

contact this idea of motivation and

1371

00:50:20,510 --> 00:50:17,460

maybe even psychopathy or you know

1372

00:50:22,630 --> 00:50:20,520

ill-intent kind of thing yeah

1373

00:50:25,370 --> 00:50:22,640

well I agree with a lot of what you said

1374

00:50:27,410 --> 00:50:25,380

if we look at the far end of the

1375

00:50:30,170 --> 00:50:27,420

psychopathic Spectrum I mean I'm

1376

00:50:31,970 --> 00:50:30,180

thinking things like ritual abuse where

1377

00:50:33,410 --> 00:50:31,980

there is an attempt to invoke dark

1378

00:50:35,510 --> 00:50:33,420

beings through the torture of another

1379

00:50:37,309 --> 00:50:35,520

human or other living being and actually

1380

00:50:38,890 --> 00:50:37,319

trying to you had an interview with Tom

1381

00:50:41,089 --> 00:50:38,900

zinzer talked about this too actually

1382

00:50:42,650 --> 00:50:41,099

build an attachment through the

1383

00:50:44,569 --> 00:50:42,660

dissociation of the personality to

1384

00:50:46,190 --> 00:50:44,579

summon dark beings

1385

00:50:47,990 --> 00:50:46,200

to me that as far as what I've come

1386

00:50:51,170 --> 00:50:48,000

across nothing is more Psychopathic than

1387

00:50:53,030 --> 00:50:51,180

that the desire to totally violate

1388

00:50:54,530 --> 00:50:53,040

someone

1389

00:50:56,930 --> 00:50:54,540

um and metaphysically I don't know where

1390

00:50:59,450 --> 00:50:56,940

well I have lots of questions about what

1391

00:51:01,549 --> 00:50:59,460

that means is there an attempt to

1392

00:51:04,130 --> 00:51:01,559

extract the positive energy from human

1393

00:51:06,470 --> 00:51:04,140

beings for their own benefits and it's a

1394

00:51:08,089 --> 00:51:06,480

purely selfish energy that's kind of

1395

00:51:09,770 --> 00:51:08,099

where I come out if we're on the far end

1396

00:51:13,010 --> 00:51:09,780

of the spectrum where it's purely

1397

00:51:14,150 --> 00:51:13,020

selfish and there's no hiding it but

1398

00:51:15,410 --> 00:51:14,160

then we can move in the middle of the

1399

00:51:16,670 --> 00:51:15,420

spectrum where it's like well I'm going

1400

00:51:18,950 --> 00:51:16,680

to do this thing it might harm some

1401  
00:51:20,450 --> 00:51:18,960  
people but it's for the greater good and

1402  
00:51:22,970 --> 00:51:20,460  
I'm ultimately being compassionate it's

1403  
00:51:25,010 --> 00:51:22,980  
like this utilitarian uh perspective

1404  
00:51:26,210 --> 00:51:25,020  
which might have aspects of psychopathy

1405  
00:51:28,010 --> 00:51:26,220  
because it lacks empathy in certain

1406  
00:51:29,030 --> 00:51:28,020  
areas so you could have people in the

1407  
00:51:31,130 --> 00:51:29,040  
world who really think they're doing

1408  
00:51:32,990 --> 00:51:31,140  
good with their policies because they're

1409  
00:51:34,490 --> 00:51:33,000  
thinking in a purely collectivistic way

1410  
00:51:35,990 --> 00:51:34,500  
this is something I talk about in The

1411  
00:51:37,370 --> 00:51:36,000  
Liberty book because I I get really

1412  
00:51:39,470 --> 00:51:37,380  
concerned especially with the spiritual

1413  
00:51:42,170 --> 00:51:39,480

Community going overly collectivistic

1414

00:51:43,490 --> 00:51:42,180

we're all one yeah that's true except

1415

00:51:44,870 --> 00:51:43,500

that we're all individuals within the

1416

00:51:46,970 --> 00:51:44,880

Oneness and the minute you ignore the

1417

00:51:48,470 --> 00:51:46,980

individual that gives permission to say

1418

00:51:49,670 --> 00:51:48,480

well the individual doesn't matter and

1419

00:51:51,049 --> 00:51:49,680

the worst crimes you could think of in

1420

00:51:52,430 --> 00:51:51,059

history is when governments go fully

1421

00:51:54,410 --> 00:51:52,440

collectivistic whether it's fascist or

1422

00:51:57,170 --> 00:51:54,420

or communist the individual doesn't

1423

00:51:59,210 --> 00:51:57,180

matter at all so somewhere within there

1424

00:52:00,530 --> 00:51:59,220

there's the desire to do good but

1425

00:52:02,750 --> 00:52:00,540

there's a manipulation it becomes

1426

00:52:06,410 --> 00:52:02,760

Psychopathic and then from there I think

1427

00:52:09,530 --> 00:52:06,420

you move into the quote unquote good uh

1428

00:52:10,910 --> 00:52:09,540

spectrum of you know whether it's just a

1429

00:52:13,010 --> 00:52:10,920

normally good person or someone who's

1430

00:52:17,089 --> 00:52:13,020

fully saintly and I also want to touch

1431

00:52:18,710 --> 00:52:17,099

on what you asked about living life uh

1432

00:52:20,630 --> 00:52:18,720

practically and how to deal with all

1433

00:52:22,370 --> 00:52:20,640

this

1434

00:52:24,230 --> 00:52:22,380

um there's a story that I constantly

1435

00:52:26,329 --> 00:52:24,240

come back to when I was after I wrote my

1436

00:52:27,950 --> 00:52:26,339

first book an ENT upside down thinking I

1437

00:52:30,309 --> 00:52:27,960

was looking a lot at like

1438

00:52:32,150 --> 00:52:30,319

how to live life if you accept

1439

00:52:33,829 --> 00:52:32,160

post-materialism basically conscience

1440

00:52:35,270 --> 00:52:33,839

doesn't come from the brain I got into a

1441

00:52:36,829 --> 00:52:35,280

lot of the non-dual teachings and the

1442

00:52:38,150 --> 00:52:36,839

spiritual teachers and there's a lot of

1443

00:52:39,829 --> 00:52:38,160

good stuff in there one of the teachers

1444

00:52:42,349 --> 00:52:39,839

I often talk about is Dr David Hawkins

1445

00:52:44,750 --> 00:52:42,359

who was a top psychiatrist who became

1446

00:52:46,430 --> 00:52:44,760

very spiritual and allegedly reached

1447

00:52:48,349 --> 00:52:46,440

very high States Of Consciousness and

1448

00:52:50,510 --> 00:52:48,359

one of the stories he often told was

1449

00:52:52,430 --> 00:52:50,520

that when he was elevating and reaching

1450

00:52:53,630 --> 00:52:52,440

these states of Enlightenment there was

1451

00:52:54,349 --> 00:52:53,640

a phase when it felt like it was just

1452

00:52:56,750 --> 00:52:54,359

him

1453

00:52:58,730 --> 00:52:56,760

and then there was this it seems like a

1454

00:53:00,650 --> 00:52:58,740

being he calls it a knowingness a voice

1455

00:53:02,569 --> 00:53:00,660

that came to him and said look you've

1456

00:53:05,510 --> 00:53:02,579

transcended all of your personal Karma

1457

00:53:07,130 --> 00:53:05,520

all power is yours take it

1458

00:53:08,329 --> 00:53:07,140

and what he said in a split second

1459

00:53:10,010 --> 00:53:08,339

because this just came to him he said

1460

00:53:11,870 --> 00:53:10,020

wait a second if I am everything why

1461

00:53:13,250 --> 00:53:11,880

should I take this power over others and

1462

00:53:14,390 --> 00:53:13,260

then he said he transcended and went to

1463

00:53:15,890 --> 00:53:14,400

the next level now I don't know if the

1464

00:53:17,809 --> 00:53:15,900

story is true but I love the moral of

1465

00:53:19,910 --> 00:53:17,819

the story he claims he was shown the

1466

00:53:21,890 --> 00:53:19,920

beings that did not take the Temptation

1467

00:53:23,150 --> 00:53:21,900

and those that did take it and he said

1468

00:53:25,790 --> 00:53:23,160

the ones that did take the Temptation

1469

00:53:27,230 --> 00:53:25,800

had the horrible karmic fall because at

1470

00:53:28,670 --> 00:53:27,240

that level it's the consequences

1471

00:53:31,809 --> 00:53:28,680

apparently are worse if you if you make

1472

00:53:35,510 --> 00:53:31,819

a bad decision so the point here is that

1473

00:53:37,190 --> 00:53:35,520

these forces seem to try to get us in

1474

00:53:38,930 --> 00:53:37,200

our weak spots that's a theme that seems

1475

00:53:41,030 --> 00:53:38,940

to be coming up everywhere they can

1476

00:53:42,650 --> 00:53:41,040

manifest as the really dark explicitly

1477

00:53:44,750 --> 00:53:42,660

Psychopathic where it can be this ah

1478

00:53:46,730 --> 00:53:44,760

just take the power over everyone

1479

00:53:47,750 --> 00:53:46,740

and I wrote about this in my book and

1480

00:53:48,950 --> 00:53:47,760

ended upside down living when I

1481

00:53:50,569 --> 00:53:48,960

cautioned about spiritual teachers

1482

00:53:52,250 --> 00:53:50,579

because there's lots of examples of the

1483

00:53:54,470 --> 00:53:52,260

Fallen Guru that takes the Temptation

1484

00:53:56,270 --> 00:53:54,480

and it's usually money sex or power

1485

00:53:58,370 --> 00:53:56,280

Mariana Kaplan talks about that because

1486

00:54:00,890 --> 00:53:58,380

she's analyzed these gurus where it gets

1487

00:54:02,510 --> 00:54:00,900

you in some way so this goes back to

1488

00:54:04,309 --> 00:54:02,520

your question about the spectrum of you

1489

00:54:05,690 --> 00:54:04,319

could be really good but these forces

1490

00:54:07,730 --> 00:54:05,700

might come in and try to tempt you in a

1491

00:54:09,109 --> 00:54:07,740

certain way and it gets to where

1492

00:54:10,910 --> 00:54:09,119

initially I wanted to go with all this

1493

00:54:12,170 --> 00:54:10,920

about how I think about living I do

1494

00:54:14,270 --> 00:54:12,180

think it's about the evolution of our

1495

00:54:15,829 --> 00:54:14,280

Consciousness but part of that is like

1496

00:54:17,690 --> 00:54:15,839

the protection of our Consciousness the

1497

00:54:19,609 --> 00:54:17,700

protection of our soul

1498

00:54:20,750 --> 00:54:19,619

which starts to get into a lot of the

1499

00:54:22,370 --> 00:54:20,760

what the spiritual Traditions have

1500

00:54:23,630 --> 00:54:22,380

talked about but I I feel that way more

1501  
00:54:25,370 --> 00:54:23,640  
and more because it seems like these

1502  
00:54:26,450 --> 00:54:25,380  
forces are intruding upon us especially

1503  
00:54:28,309 --> 00:54:26,460  
if we look at what's happening with

1504  
00:54:30,890 --> 00:54:28,319  
coven and the jab and all this stuff

1505  
00:54:32,809 --> 00:54:30,900  
where it's like it's impeding on your

1506  
00:54:33,829 --> 00:54:32,819  
life and you you're either going to go

1507  
00:54:35,450 --> 00:54:33,839  
along with it or you're going to set

1508  
00:54:37,609 --> 00:54:35,460  
boundaries

1509  
00:54:39,289 --> 00:54:37,619  
and that's an important part of living

1510  
00:54:41,630 --> 00:54:39,299  
as well as just trying to achieve

1511  
00:54:43,609 --> 00:54:41,640  
unconditional love they both go together

1512  
00:54:45,109 --> 00:54:43,619  
you mentioned Ken ring and you mentioned

1513  
00:54:47,569 --> 00:54:45,119

in the book and the near-death

1514

00:54:49,370 --> 00:54:47,579

experience and stuff the deception like

1515

00:54:51,109 --> 00:54:49,380

that's why I was so intrigued with why

1516

00:54:53,750 --> 00:54:51,119

people didn't talk about Lou Elizondo is

1517

00:54:55,910 --> 00:54:53,760

if it's a real kind of thing when it's

1518

00:54:57,890 --> 00:54:55,920

clear that it isn't so back to the Ken

1519

00:54:59,210 --> 00:54:57,900

ring before I digress too much and you

1520

00:55:01,910 --> 00:54:59,220

might remember this and I don't remember

1521

00:55:04,430 --> 00:55:01,920

if it was in the book or not

1522

00:55:05,690 --> 00:55:04,440

but near he so Ken ring is looking at

1523

00:55:07,250 --> 00:55:05,700

the parallels between near-death

1524

00:55:09,170 --> 00:55:07,260

experience and abduction experience

1525

00:55:11,690 --> 00:55:09,180

while a lot of things to say and he gets

1526

00:55:13,849 --> 00:55:11,700

this group of people that have had this

1527

00:55:16,010 --> 00:55:13,859

really positive thing and they say wow

1528

00:55:19,549 --> 00:55:16,020

the space brothers are here to save the

1529

00:55:22,130 --> 00:55:19,559

planet and as a matter of fact if we

1530

00:55:26,150 --> 00:55:22,140

don't get our ass in gear the planet's

1531

00:55:29,450 --> 00:55:26,160

gonna destroy be destroyed in 1988.

1532

00:55:31,309 --> 00:55:29,460

1988 they put and independently they

1533

00:55:33,289 --> 00:55:31,319

kind of several of them come to the same

1534

00:55:34,910 --> 00:55:33,299

thing and lo and behold there's this

1535

00:55:37,849 --> 00:55:34,920

woman in England and she isn't even

1536

00:55:41,569 --> 00:55:37,859

associated with Ken ring but she has you

1537

00:55:44,329 --> 00:55:41,579

know the 1988 becomes the date

1538

00:55:47,270 --> 00:55:44,339

hey man that date comes and goes and

1539

00:55:49,910 --> 00:55:47,280

where is it and there's like a million

1540

00:55:53,210 --> 00:55:49,920

examples of this but

1541

00:55:54,650 --> 00:55:53,220

people are so susceptible to like it it

1542

00:55:55,789 --> 00:55:54,660

ties into some of the things you're

1543

00:55:58,490 --> 00:55:55,799

saying and then I'll just let you riff

1544

00:56:00,470 --> 00:55:58,500

out it however you want but we got to be

1545

00:56:02,990 --> 00:56:00,480

as much as we want to believe that

1546

00:56:05,210 --> 00:56:03,000

they're here to save the planet and and

1547

00:56:07,910 --> 00:56:05,220

help our environment

1548

00:56:11,150 --> 00:56:07,920

discernment I'm not sure that's really

1549

00:56:12,530 --> 00:56:11,160

stands up to a careful scrutiny

1550

00:56:17,690 --> 00:56:12,540

yeah

1551  
00:56:19,730 --> 00:56:17,700  
and approach to all this is to present

1552  
00:56:21,349 --> 00:56:19,740  
all sides of the evidence because I

1553  
00:56:22,549 --> 00:56:21,359  
really don't know I mean I know based on

1554  
00:56:23,510 --> 00:56:22,559  
my own personal experience which is

1555  
00:56:25,430 --> 00:56:23,520  
super limited because I haven't

1556  
00:56:26,870 --> 00:56:25,440  
encountered these beings at least as far

1557  
00:56:28,309 --> 00:56:26,880  
as I can remember I haven't

1558  
00:56:29,930 --> 00:56:28,319  
um because you never know what was been

1559  
00:56:33,589 --> 00:56:29,940  
blocked out of our memory

1560  
00:56:36,109 --> 00:56:33,599  
and I do come across this positive space

1561  
00:56:37,730 --> 00:56:36,119  
brothers theme repeatedly that they are

1562  
00:56:38,930 --> 00:56:37,740  
going to save us and don't worry because

1563  
00:56:40,609 --> 00:56:38,940

they're going to take care of everything

1564

00:56:42,530 --> 00:56:40,619

and when I hear that I get really

1565

00:56:44,750 --> 00:56:42,540

concerned when it's like don't worry

1566

00:56:46,250 --> 00:56:44,760

we're you don't need to do anything that

1567

00:56:48,530 --> 00:56:46,260

mentality and I actually end the book

1568

00:56:50,870 --> 00:56:48,540

and into upside down contact with that

1569

00:56:51,950 --> 00:56:50,880

theme of yeah there could be positive

1570

00:56:53,210 --> 00:56:51,960

beings and maybe they're going to come

1571

00:56:54,530 --> 00:56:53,220

and maybe more advanced beings are

1572

00:56:56,089 --> 00:56:54,540

incarnating on the planet like people

1573

00:56:58,309 --> 00:56:56,099

are saying but that doesn't take the

1574

00:56:59,690 --> 00:56:58,319

onus off of us as individuals I think it

1575

00:57:01,010 --> 00:56:59,700

starts with the individual and it's a

1576

00:57:02,930 --> 00:57:01,020

collection of individuals who are

1577

00:57:05,030 --> 00:57:02,940

elevating that's going to do it the

1578

00:57:06,789 --> 00:57:05,040

minute we offload it to someone else I

1579

00:57:10,069 --> 00:57:06,799

think we get into big trouble

1580

00:57:12,470 --> 00:57:10,079

yeah and I take it even one step further

1581

00:57:15,829 --> 00:57:12,480

and let's break it down to another level

1582

00:57:18,170 --> 00:57:15,839

of logic and reason and you know that's

1583

00:57:20,990 --> 00:57:18,180

where you come at this stuff from you

1584

00:57:24,230 --> 00:57:21,000

are a smart guy and you're not afraid of

1585

00:57:25,670 --> 00:57:24,240

applying your intelligence to this thing

1586

00:57:27,109 --> 00:57:25,680

and it comes through in the book you

1587

00:57:29,930 --> 00:57:27,119

know where you're kind of reasoning this

1588

00:57:33,049 --> 00:57:29,940

thing through it's like

1589

00:57:34,910 --> 00:57:33,059

question number one with on ET in

1590

00:57:37,010 --> 00:57:34,920

everyone's mind is

1591

00:57:40,010 --> 00:57:37,020

you're being deceptive by not disclosing

1592

00:57:44,150 --> 00:57:40,020

right if if whatever

1593

00:57:46,430 --> 00:57:44,160

you say uh then come forth you obviously

1594

00:57:47,930 --> 00:57:46,440

are in in charge you have power go ahead

1595

00:57:51,950 --> 00:57:47,940

you want to roof on that for a minute no

1596

00:57:53,630 --> 00:57:51,960

go ahead I agree with you yeah so no

1597

00:57:55,789 --> 00:57:53,640

tell tell me what tell me what you think

1598

00:57:58,549 --> 00:57:55,799

uh about that because again it's like

1599

00:58:00,589 --> 00:57:58,559

such an obvious duh point but it's which

1600

00:58:03,349 --> 00:58:00,599

is kind of what your books are about is

1601  
00:58:05,270 --> 00:58:03,359  
like ah you know upside down thinking

1602  
00:58:07,970 --> 00:58:05,280  
it's like they're in control they could

1603  
00:58:10,490 --> 00:58:07,980  
they could land on the cliché is land on

1604  
00:58:13,609 --> 00:58:10,500  
the White House lawn they could do that

1605  
00:58:15,349 --> 00:58:13,619  
at any time right and they're right why

1606  
00:58:17,630 --> 00:58:15,359  
are they not doing that and that is in

1607  
00:58:18,950 --> 00:58:17,640  
it of itself a form of deception so that

1608  
00:58:21,049 --> 00:58:18,960  
automatically should bring about some

1609  
00:58:22,910 --> 00:58:21,059  
skepticism so I agree with you and it it

1610  
00:58:24,589 --> 00:58:22,920  
reminds me of what a lot of spiritual

1611  
00:58:25,730 --> 00:58:24,599  
teachings talk about when they when they

1612  
00:58:28,609 --> 00:58:25,740  
talk about these other Realms they just

1613  
00:58:30,770 --> 00:58:28,619

say be very wary because they can these

1614

00:58:31,970 --> 00:58:30,780

are beings that can manipulate you they

1615

00:58:33,589 --> 00:58:31,980

can appear one way and they're not

1616

00:58:35,329 --> 00:58:33,599

actually that way so many of them say

1617

00:58:36,530 --> 00:58:35,339

like avoid psychics avoid channeling and

1618

00:58:38,450 --> 00:58:36,540

all that because there are potential

1619

00:58:40,910 --> 00:58:38,460

dangers I think there are maybe good

1620

00:58:41,990 --> 00:58:40,920

beings too but how can we discern some

1621

00:58:43,549 --> 00:58:42,000

of this stuff if they're so much more

1622

00:58:45,109 --> 00:58:43,559

advanced we might it might have a

1623

00:58:47,450 --> 00:58:45,119

difficult time sometimes although like

1624

00:58:49,010 --> 00:58:47,460

you say there are hints and we have to

1625

00:58:50,930 --> 00:58:49,020

learn those hints like when they start

1626

00:58:52,250 --> 00:58:50,940

getting into grandiosity

1627

00:58:55,309 --> 00:58:52,260

you know

1628

00:58:57,470 --> 00:58:55,319

I always think about Robert Hastings

1629

00:59:00,109 --> 00:58:57,480

when I do this and he's somebody you

1630

00:59:03,170 --> 00:59:00,119

mentioned in the book but just for folks

1631

00:59:04,789 --> 00:59:03,180

who don't know terrific guy and and I

1632

00:59:05,870 --> 00:59:04,799

had an email exchange with him I was

1633

00:59:08,030 --> 00:59:05,880

trying to get in for an interview and

1634

00:59:11,390 --> 00:59:08,040

he's not in good health to do interviews

1635

00:59:14,809 --> 00:59:11,400

at this point but he has done the most

1636

00:59:16,670 --> 00:59:14,819

complete review of UFOs and nukes that's

1637

00:59:18,410 --> 00:59:16,680

his thing and you've seen him on a bunch

1638

00:59:21,829 --> 00:59:18,420

of TV shows and stuff like that and he's

1639

00:59:24,770 --> 00:59:21,839

interviewed over 150 of these kind of

1640

00:59:28,730 --> 00:59:24,780

senior military personnel who were at

1641

00:59:30,470 --> 00:59:28,740

these uh Air Force bases and other bases

1642

00:59:32,750 --> 00:59:30,480

or flyers and stuff like that that were

1643

00:59:35,450 --> 00:59:32,760

protecting the nukes and there's this

1644

00:59:38,150 --> 00:59:35,460

interaction between UFOs and nukes and I

1645

00:59:42,589 --> 00:59:38,160

don't want to bury the lead here he says

1646

00:59:46,250 --> 00:59:42,599

20 years ago I thought that this was

1647

00:59:49,190 --> 00:59:46,260

like the UFO giving us a warning shot

1648

00:59:51,349 --> 00:59:49,200

across the bow hey guys come on step up

1649

00:59:53,750 --> 00:59:51,359

to the plate be better human beings

1650

00:59:56,150 --> 00:59:53,760

protect the planet come on we can we're

1651

00:59:58,430 --> 00:59:56,160

all in this together and he said

1652

01:00:00,710 --> 00:59:58,440

it's shifted and I'm paraphrasing but

1653

01:00:02,690 --> 01:00:00,720

now he says I've kind of come to

1654

01:00:05,289 --> 01:00:02,700

understand it as

1655

01:00:09,170 --> 01:00:05,299

ah it's kind of in our mutual interest

1656

01:00:13,130 --> 01:00:09,180

that you don't do what you're doing and

1657

01:00:14,630 --> 01:00:13,140

that just so struck me to the core of us

1658

01:00:16,609 --> 01:00:14,640

particularly in this kind of level three

1659

01:00:19,130 --> 01:00:16,619

conversation we're having that's not

1660

01:00:22,130 --> 01:00:19,140

necessarily uh malevolent that isn't

1661

01:00:24,770 --> 01:00:22,140

necessarily bad but it might be a level

1662

01:00:26,870 --> 01:00:24,780

of reality that uh back to the very

1663

01:00:30,230 --> 01:00:26,880

beginning in this discussion until we're

1664

01:00:33,170 --> 01:00:30,240

willing to and able to explore that that

1665

01:00:35,390 --> 01:00:33,180

truth that potential truth

1666

01:00:37,430 --> 01:00:35,400

but it totally it switches everything we

1667

01:00:39,289 --> 01:00:37,440

don't have a chance of even pretending

1668

01:00:40,789 --> 01:00:39,299

we can understand it if we're not even

1669

01:00:42,589 --> 01:00:40,799

willing to balance those two because

1670

01:00:45,349 --> 01:00:42,599

they take us in two completely different

1671

01:00:46,430 --> 01:00:45,359

places right yes so two things I want to

1672

01:00:47,750 --> 01:00:46,440

say and I remember what I was going to

1673

01:00:50,329 --> 01:00:47,760

say before because it's related to this

1674

01:00:51,530 --> 01:00:50,339

on the topic of UFOs and nukes and I

1675

01:00:53,270 --> 01:00:51,540

should just say that book is

1676

01:00:55,069 --> 01:00:53,280

unbelievable it's like I don't know 500

1677

01:00:57,049 --> 01:00:55,079

pages long the amount of detail he has

1678

01:00:58,250 --> 01:00:57,059

from interviewing over 150 people at

1679

01:00:59,990 --> 01:00:58,260

these facilities

1680

01:01:02,930 --> 01:01:00,000

it's hard to read that and not think

1681

01:01:04,490 --> 01:01:02,940

something's going on and I'm it's one of

1682

01:01:05,990 --> 01:01:04,500

those things I mean I spent so much time

1683

01:01:08,630 --> 01:01:06,000

reading since I especially since I left

1684

01:01:10,309 --> 01:01:08,640

my job there's so much information in

1685

01:01:11,569 --> 01:01:10,319

books and people are busy with their

1686

01:01:12,950 --> 01:01:11,579

lives and I can understand it but the

1687

01:01:14,990 --> 01:01:12,960

information is there and this is one of

1688

01:01:17,270 --> 01:01:15,000

those incredible resources but what I

1689

01:01:19,910 --> 01:01:17,280

came across in my research not directly

1690

01:01:22,370 --> 01:01:19,920

connected to what Hastings said is um

1691

01:01:24,170 --> 01:01:22,380

Philip Corso's son

1692

01:01:26,270 --> 01:01:24,180

and so Philip Corso for those who are

1693

01:01:27,950 --> 01:01:26,280

not familiar with them he wrote a book

1694

01:01:30,770 --> 01:01:27,960

called The Day After Roswell published

1695

01:01:32,150 --> 01:01:30,780

in 1997 and he allegedly there's lots of

1696

01:01:34,430 --> 01:01:32,160

controversy over whether or not this is

1697

01:01:35,809 --> 01:01:34,440

true he was involved in research and

1698

01:01:37,730 --> 01:01:35,819

development using the technology

1699

01:01:40,069 --> 01:01:37,740

collected after the Roswell crash in

1700

01:01:41,510 --> 01:01:40,079

1947 and allegedly a lot of that

1701  
01:01:43,549 --> 01:01:41,520  
technology shows up all over the world

1702  
01:01:45,950 --> 01:01:43,559  
in stuff that we use because they were

1703  
01:01:48,049 --> 01:01:45,960  
covered at the at the crash site so he

1704  
01:01:49,490 --> 01:01:48,059  
wrote this book uh talking all about it

1705  
01:01:51,109 --> 01:01:49,500  
he even saw a gray alien that he

1706  
01:01:53,690 --> 01:01:51,119  
describes in the book and other other

1707  
01:01:55,609 --> 01:01:53,700  
lots of other crazy details he passed

1708  
01:01:57,710 --> 01:01:55,619  
away but his son is still alive and is

1709  
01:02:00,049 --> 01:01:57,720  
talking about it so in in his son's

1710  
01:02:02,089 --> 01:02:00,059  
interview within the last few years he

1711  
01:02:05,089 --> 01:02:02,099  
talks about what his father told him

1712  
01:02:06,529 --> 01:02:05,099  
about Edward Teller the father of the

1713  
01:02:08,870 --> 01:02:06,539

atomic bomb

1714

01:02:11,029 --> 01:02:08,880  
and what teller told his father

1715

01:02:12,650 --> 01:02:11,039  
was that the alien beings became much

1716

01:02:15,049 --> 01:02:12,660  
more interested in Earth

1717

01:02:17,990 --> 01:02:15,059  
following those detonations

1718

01:02:20,150 --> 01:02:18,000  
because the detonations somehow impact

1719

01:02:22,490 --> 01:02:20,160  
other dimensions which impacts these

1720

01:02:25,370 --> 01:02:22,500  
beings so they have been showing up more

1721

01:02:27,289 --> 01:02:25,380  
often since the World War II era

1722

01:02:29,150 --> 01:02:27,299  
out of their own interest maybe it's

1723

01:02:30,470 --> 01:02:29,160  
mutually beneficial too but they're

1724

01:02:32,210 --> 01:02:30,480  
going to protect themselves because it's

1725

01:02:34,490 --> 01:02:32,220  
actually harmful for those Dimensions to

1726

01:02:36,230 --> 01:02:34,500

be altered now I don't know if it's true

1727

01:02:37,970 --> 01:02:36,240

but it it ties into what you're saying

1728

01:02:39,410 --> 01:02:37,980

and it's an important consideration that

1729

01:02:41,329 --> 01:02:39,420

yeah they might want to help us but it's

1730

01:02:42,470 --> 01:02:41,339

helping themselves too and then another

1731

01:02:43,670 --> 01:02:42,480

topic the one that I was going to

1732

01:02:46,490 --> 01:02:43,680

mention earlier

1733

01:02:48,890 --> 01:02:46,500

is a notion that I've heard a lot with

1734

01:02:51,289 --> 01:02:48,900

regard to the the allegations of the

1735

01:02:52,970 --> 01:02:51,299

Galactic Federation which I don't know I

1736

01:02:54,650 --> 01:02:52,980

mean I can't prove it I have no

1737

01:02:56,270 --> 01:02:54,660

experience with it but I hear it talked

1738

01:02:57,890 --> 01:02:56,280

about a lot and uh The farsight

1739

01:03:00,109 --> 01:02:57,900

Institute you've interviewed Dr Courtney

1740

01:03:02,690 --> 01:03:00,119

Brown from Emory University who runs a

1741

01:03:04,190 --> 01:03:02,700

separate remote viewing group that looks

1742

01:03:06,410 --> 01:03:04,200

at historical events and also current

1743

01:03:07,910 --> 01:03:06,420

events using remote viewers to try to

1744

01:03:09,170 --> 01:03:07,920

figure out what's going on and one of

1745

01:03:10,730 --> 01:03:09,180

the comments he made in a recent

1746

01:03:12,410 --> 01:03:10,740

interview about the Galactic Federation

1747

01:03:14,450 --> 01:03:12,420

which he claims has come up in lots of

1748

01:03:16,250 --> 01:03:14,460

different uh remote viewing sessions is

1749

01:03:18,349 --> 01:03:16,260

that the beings are benevolent

1750

01:03:21,770 --> 01:03:18,359

but they don't want to intervene because

1751

01:03:23,650 --> 01:03:21,780

it's our Karma to learn for ourselves

1752

01:03:26,630 --> 01:03:23,660

I don't know

1753

01:03:28,730 --> 01:03:26,640

so if you apply that to the UFOs and

1754

01:03:31,250 --> 01:03:28,740

nukes is it maybe sometimes they're

1755

01:03:32,569 --> 01:03:31,260

intervening on to try to help out and

1756

01:03:34,069 --> 01:03:32,579

give us a warning like Hastings

1757

01:03:37,069 --> 01:03:34,079

initially thought but in other cases

1758

01:03:38,510 --> 01:03:37,079

they're letting us learn on our own I

1759

01:03:40,390 --> 01:03:38,520

just toss it out there as one of these

1760

01:03:43,490 --> 01:03:40,400

other theories that that you know

1761

01:03:45,470 --> 01:03:43,500

benevolence but it's like not a fully uh

1762

01:03:47,210 --> 01:03:45,480

interventionist benevolence if that's

1763

01:03:49,430 --> 01:03:47,220

true

1764

01:03:52,250 --> 01:03:49,440

yeah I got three points I want to make

1765

01:03:53,450 --> 01:03:52,260

sure I hit them all and apologies to

1766

01:03:57,109 --> 01:03:53,460

anyone who can't follow this

1767

01:03:59,569 --> 01:03:57,119

conversation too bad uh the first is did

1768

01:04:01,309 --> 01:03:59,579

you happen to catch my interview my

1769

01:04:03,049 --> 01:04:01,319

multiple interviews with Bruce Fenton

1770

01:04:05,750 --> 01:04:03,059

yes

1771

01:04:07,130 --> 01:04:05,760

so again I'm not like driving a stake in

1772

01:04:09,289 --> 01:04:07,140

the ground and saying that's totally

1773

01:04:11,270 --> 01:04:09,299

true or anything like that but the

1774

01:04:13,250 --> 01:04:11,280

reason I think it's like super important

1775

01:04:16,250 --> 01:04:13,260

what he's bringing forward because is

1776

01:04:19,430 --> 01:04:16,260

that one I love the way he's approached

1777

01:04:21,410 --> 01:04:19,440

it in trying to tie science to it to at

1778

01:04:23,390 --> 01:04:21,420

least add some credibility to what he's

1779

01:04:26,390 --> 01:04:23,400

saying but the really important thing is

1780

01:04:29,569 --> 01:04:26,400

he's flipping the script with the date

1781

01:04:32,510 --> 01:04:29,579

so he's saying okay 780

1782

01:04:36,890 --> 01:04:32,520

000 years ago the terrarium the

1783

01:04:38,569 --> 01:04:36,900

experiment the zoo begins with them

1784

01:04:41,390 --> 01:04:38,579

coming down and starting a genetic

1785

01:04:45,250 --> 01:04:41,400

engineering program on humans but what

1786

01:04:48,950 --> 01:04:45,260

is also said as part of that is hey man

1787

01:04:50,329 --> 01:04:48,960

it sounds so modern day like hey there's

1788

01:04:51,589 --> 01:04:50,339

this one group over there and they're

1789

01:04:53,329 --> 01:04:51,599

pretty good and they want to do stuff

1790

01:04:55,670 --> 01:04:53,339

but oh there's this bad group

1791

01:04:57,770 --> 01:04:55,680

underground oh and then they blow up the

1792

01:05:00,049 --> 01:04:57,780

ship so then let's come back and we'll

1793

01:05:03,529 --> 01:05:00,059

blow up them and you know I mean this is

1794

01:05:06,470 --> 01:05:03,539

like Star Wars and it's 780 000 years

1795

01:05:09,589 --> 01:05:06,480

ago so I think like one of the places

1796

01:05:12,910 --> 01:05:09,599

that takes me as it relates directly to

1797

01:05:17,270 --> 01:05:12,920

your book is consciousness Evolution

1798

01:05:19,970 --> 01:05:17,280

question mark you know are we how fast

1799

01:05:22,250 --> 01:05:19,980

are we evolving but then even more

1800

01:05:24,829 --> 01:05:22,260

importantly I would totally agree with

1801

01:05:26,990 --> 01:05:24,839

you forget about that this is a drama

1802

01:05:30,289 --> 01:05:27,000

this is a play that's playing out it's

1803

01:05:31,609 --> 01:05:30,299

the personal the the very personal close

1804

01:05:33,950 --> 01:05:31,619

your eyes and look at that spot between

1805

01:05:35,930 --> 01:05:33,960

your eyes and you are in another

1806

01:05:37,309 --> 01:05:35,940

dimension right now so you don't even

1807

01:05:40,130 --> 01:05:37,319

have to speculate about all this other

1808

01:05:41,390 --> 01:05:40,140

stuff it's internal to you and that's

1809

01:05:43,849 --> 01:05:41,400

all you have to worry about kind of

1810

01:05:44,870 --> 01:05:43,859

thing but I I want to hit all these

1811

01:05:46,430 --> 01:05:44,880

points

1812

01:05:49,069 --> 01:05:46,440

I don't know if I should go through them

1813

01:05:52,010 --> 01:05:49,079

one by one and and pause on each one or

1814

01:05:55,730 --> 01:05:52,020

or clean them all up okay I'll I'll team

1815

01:05:57,650 --> 01:05:55,740

out so the importance there is

1816

01:06:00,010 --> 01:05:57,660

oh the other thing I was going to add is

1817

01:06:02,210 --> 01:06:00,020

you know I did an interview and actually

1818

01:06:03,710 --> 01:06:02,220

Gordon white a long time ago I did an

1819

01:06:07,190 --> 01:06:03,720

interview with John Brandenburg for

1820

01:06:09,529 --> 01:06:07,200

skeptico and there is even more

1821

01:06:12,410 --> 01:06:09,539

I guess concrete if you bought uh

1822

01:06:14,450 --> 01:06:12,420

physical uh evidence he's uh astrophys

1823

01:06:17,329 --> 01:06:14,460

now he's not an astrophysicist

1824

01:06:19,170 --> 01:06:17,339

uh but he's a physicist and he's

1825

01:06:20,750 --> 01:06:19,180

detected uh

1826

01:06:25,430 --> 01:06:20,760

[Music]

1827

01:06:28,430 --> 01:06:25,440

a nuclear explosion signature from Mars

1828

01:06:30,470 --> 01:06:28,440

from what he estimates to be 250 000

1829

01:06:32,569 --> 01:06:30,480

years ago and he goes look I've looked

1830

01:06:34,849 --> 01:06:32,579

at this every way possible this is my

1831

01:06:36,650 --> 01:06:34,859

thing I know how to do this you know

1832

01:06:39,289 --> 01:06:36,660

he's kind of very distinguished

1833

01:06:41,990 --> 01:06:39,299

mainstream career and he says this

1834

01:06:44,270 --> 01:06:42,000

doesn't fit background radiation it

1835

01:06:46,549 --> 01:06:44,280

doesn't fit anything else it all these

1836

01:06:50,029 --> 01:06:46,559

Isotopes only fit one thing that we know

1837

01:06:51,710 --> 01:06:50,039

about and that's nuclear biops and here

1838

01:06:55,370 --> 01:06:51,720

they are and we can date them back to

1839

01:06:56,630 --> 01:06:55,380

250 500 000 Mars kind of thing so I just

1840

01:06:59,569 --> 01:06:56,640

thought that was interesting as it

1841

01:07:02,569 --> 01:06:59,579

relates to Bruce Fenton 780 000 years

1842

01:07:04,609 --> 01:07:02,579

ago and again I uh in the spirit of what

1843

01:07:06,710 --> 01:07:04,619

you're doing you just gotta throw that

1844

01:07:10,309 --> 01:07:06,720

out there and say okay what would if

1845

01:07:12,650 --> 01:07:10,319

that was true then how would that change

1846

01:07:15,049 --> 01:07:12,660

how we think about and for example I

1847

01:07:17,089 --> 01:07:15,059

think about the good bad thing to me it

1848

01:07:19,250 --> 01:07:17,099

suggests that we are playing out this

1849

01:07:20,710 --> 01:07:19,260

drama that's been played out forever and

1850

01:07:24,770 --> 01:07:20,720

will continue to be played out forever

1851

01:07:26,630 --> 01:07:24,780

and our true Soul journey is at a is

1852

01:07:28,549 --> 01:07:26,640

outside of this space-time and outside

1853

01:07:29,470 --> 01:07:28,559

of the space-time that the aliens are

1854

01:07:31,970 --> 01:07:29,480

really

1855

01:07:33,470 --> 01:07:31,980

we're all in this drama you know it's

1856

01:07:34,849 --> 01:07:33,480

like when I talked to Whitney strieber a

1857

01:07:36,770 --> 01:07:34,859

long time ago and I remember you know

1858

01:07:40,970 --> 01:07:36,780

he's got all over the places but I love

1859

01:07:43,250 --> 01:07:40,980

him but I said you know how close are is

1860

01:07:45,109 --> 01:07:43,260

this other and he was his answer was

1861

01:07:47,569 --> 01:07:45,119

immediate he goes oh they're right

1862

01:07:49,789 --> 01:07:47,579

they're right here they're right at the

1863

01:07:51,950 --> 01:07:49,799

tip of our nose and he was saying that

1864

01:07:55,430 --> 01:07:51,960

not just from a physical standpoint

1865

01:07:58,549 --> 01:07:55,440

obviously but from a Consciousness you

1866

01:08:02,029 --> 01:07:58,559

know how far above are they you know

1867

01:08:05,150 --> 01:08:02,039

he's no no they're right right in our

1868

01:08:08,809 --> 01:08:05,160

soup you know like does ET have a nde

1869

01:08:10,370 --> 01:08:08,819

kind of thing so that's point one hold

1870

01:08:11,990 --> 01:08:10,380

on to that okay

1871

01:08:13,849 --> 01:08:12,000

the other point that you mentioned I

1872

01:08:15,710 --> 01:08:13,859

think is so so interesting I don't hear

1873

01:08:17,570 --> 01:08:15,720

it talked about enough is like

1874

01:08:20,030 --> 01:08:17,580

Philip Corso there's all this

1875

01:08:22,669 --> 01:08:20,040

controversy like oh my God he's such a

1876

01:08:24,890 --> 01:08:22,679

scam that's fake and look I you know

1877

01:08:27,169 --> 01:08:24,900

debunked it here and there

1878

01:08:30,470 --> 01:08:27,179

what's never factored in in my opinion

1879

01:08:32,930 --> 01:08:30,480

is a before disclosure after disclosure

1880

01:08:34,309 --> 01:08:32,940

perspective if you go look at the

1881

01:08:36,590 --> 01:08:34,319

debunking

1882

01:08:38,450 --> 01:08:36,600

and you put it in now our after

1883

01:08:41,390 --> 01:08:38,460

disclosure lens

1884

01:08:44,149 --> 01:08:41,400

it looks crazy the debunking looks crazy

1885

01:08:45,709 --> 01:08:44,159

because it's like oh you know well there

1886

01:08:48,349 --> 01:08:45,719

wouldn't be any advanced technology

1887

01:08:50,329 --> 01:08:48,359

there wouldn't be no we don't know there

1888

01:08:52,370 --> 01:08:50,339

is advanced technology we know there's

1889

01:08:53,990 --> 01:08:52,380

the Tic Tac we know there's this we know

1890

01:08:57,050 --> 01:08:54,000

they lied for all those years it's

1891

01:09:01,010 --> 01:08:57,060

proven you and there's never a a

1892

01:09:03,110 --> 01:09:01,020

retrenching of the debunking you know of

1893

01:09:06,349 --> 01:09:03,120

the debunking of saying oh you know this

1894

01:09:08,030 --> 01:09:06,359

idea that we had space junk and we were

1895

01:09:10,249 --> 01:09:08,040

Distributing it to different

1896

01:09:13,189 --> 01:09:10,259

companies that were already and the

1897

01:09:16,610 --> 01:09:13,199

other thing I hear is like hey you know

1898

01:09:18,590 --> 01:09:16,620

I can show you the path for integrated

1899

01:09:20,209 --> 01:09:18,600

circuits or lasers and stuff like that

1900

01:09:21,649 --> 01:09:20,219

well of course if you're going to

1901

01:09:23,930 --> 01:09:21,659

distribute the technology you wouldn't

1902

01:09:25,430 --> 01:09:23,940

just give it to some Joe schmoe over

1903

01:09:27,110 --> 01:09:25,440

here is working on something completely

1904

01:09:28,669 --> 01:09:27,120

different you'd give it to somebody

1905

01:09:31,849 --> 01:09:28,679

who's already you know

1906

01:09:34,910 --> 01:09:31,859

halfway down the path so that's Point

1907

01:09:37,669 --> 01:09:34,920

number two is I don't think we do a good

1908

01:09:40,789 --> 01:09:37,679

job of uh debunking the debunkers in up

1909

01:09:42,110 --> 01:09:40,799

after disclosure kind of world but the

1910

01:09:43,910 --> 01:09:42,120

third one

1911

01:09:46,490 --> 01:09:43,920

and you can comment on those first two

1912

01:09:48,289 --> 01:09:46,500

or not but this last one I really really

1913

01:09:51,110 --> 01:09:48,299

want you to comment on because I think

1914

01:09:54,709 --> 01:09:51,120

it in so many ways is that the heart and

1915

01:09:57,110 --> 01:09:54,719

soul of this book upside down contact

1916

01:10:00,229 --> 01:09:57,120

and that is

1917

01:10:03,169 --> 01:10:00,239

do you think we are at some kind of

1918

01:10:05,810 --> 01:10:03,179

crossover point and I've always been

1919

01:10:07,490 --> 01:10:05,820

resistant to that idea but like when we

1920

01:10:10,310 --> 01:10:07,500

talk about

1921

01:10:11,750 --> 01:10:10,320

like you were talking about not only

1922

01:10:13,370 --> 01:10:11,760

when we're talking about Hastings but

1923

01:10:15,070 --> 01:10:13,380

when we're talking about the abduction

1924

01:10:17,570 --> 01:10:15,080

thing and

1925

01:10:19,370 --> 01:10:17,580

the process and the program and all that

1926

01:10:21,530 --> 01:10:19,380

rest of that stuff and you look at where

1927

01:10:23,870 --> 01:10:21,540

we're at from a genetic standpoint and

1928

01:10:25,850 --> 01:10:23,880

of course that ties into the pandemic

1929

01:10:27,770 --> 01:10:25,860

you know but and then what I was

1930

01:10:30,050 --> 01:10:27,780

interviewing back to Bruce Fenton you

1931

01:10:32,030 --> 01:10:30,060

know independent of anything else he

1932

01:10:34,250 --> 01:10:32,040

says yeah you know they had to take a

1933

01:10:35,930 --> 01:10:34,260

job in order to cut to genetically

1934

01:10:37,910 --> 01:10:35,940

modify themselves in order to visit

1935

01:10:40,189 --> 01:10:37,920

different planets and they weren't able

1936

01:10:44,030 --> 01:10:40,199

to do that and you're like oh my God you

1937

01:10:48,290 --> 01:10:44,040

know are are we reaching some point that

1938

01:10:50,149 --> 01:10:48,300

is that crossover point in terms of uh

1939

01:10:52,310 --> 01:10:50,159

genetics where we're going to be able to

1940

01:10:54,169 --> 01:10:52,320

genetically modify and turn into Grays

1941

01:10:56,810 --> 01:10:54,179

or whatever are we also reaching that

1942

01:10:58,610 --> 01:10:56,820

point in terms of technology and AI a

1943

01:11:02,630 --> 01:10:58,620

lot of people are thinking about and

1944

01:11:06,050 --> 01:11:02,640

then what does that mean relative to uh

1945

01:11:09,229 --> 01:11:06,060

how your understanding the core heart

1946

01:11:10,490 --> 01:11:09,239

issues of upside down contact okay I'll

1947

01:11:12,770 --> 01:11:10,500

start with the first one and if I left

1948

01:11:14,510 --> 01:11:12,780

something out just let me know

1949

01:11:15,830 --> 01:11:14,520

so this is regarding Bruce Fenton's work

1950

01:11:18,229 --> 01:11:15,840

and I mentioned him briefly in the book

1951

01:11:20,149 --> 01:11:18,239

and he's doing fascinating work

1952

01:11:21,590 --> 01:11:20,159

um and this notion of ancient contact

1953

01:11:23,510 --> 01:11:21,600

and this has been happening this

1954

01:11:25,669 --> 01:11:23,520

happened before

1955

01:11:28,550 --> 01:11:25,679

um what came up as you were talking Alex

1956

01:11:32,090 --> 01:11:28,560

is the notion that we are very new in

1957

01:11:33,950 --> 01:11:32,100

our current iteration of society to DNA

1958

01:11:35,270 --> 01:11:33,960

we have this junk DNA which is the

1959

01:11:37,189 --> 01:11:35,280

majority and we don't even know what it

1960

01:11:39,050 --> 01:11:37,199

is so I feel like there's a lot to be

1961

01:11:40,850 --> 01:11:39,060

discovered there about our true Origins

1962

01:11:41,890 --> 01:11:40,860

and what we are and it probably does tie

1963

01:11:44,930 --> 01:11:41,900

into

1964

01:11:47,030 --> 01:11:44,940

Bruce's work and I looked a lot at the

1965

01:11:48,470 --> 01:11:47,040

ancient mythologies ancient texts from

1966

01:11:49,490 --> 01:11:48,480

different religious Traditions I mean

1967

01:11:51,290 --> 01:11:49,500

some of this you never know what's

1968

01:11:52,550 --> 01:11:51,300

disinformation and what's real I mean

1969

01:11:54,290 --> 01:11:52,560

you always have to be skeptical of that

1970

01:11:56,090 --> 01:11:54,300

but very often they were having

1971

01:11:57,830 --> 01:11:56,100

Supernatural experiences with beings

1972

01:11:59,330 --> 01:11:57,840

that seem to be very Advanced and if you

1973

01:12:01,130 --> 01:11:59,340

correlate the language to what they were

1974

01:12:02,450 --> 01:12:01,140

saying and say well this sounds a lot

1975

01:12:04,310 --> 01:12:02,460

like what people are describing today

1976

01:12:05,810 --> 01:12:04,320

they just use different language like

1977

01:12:08,149 --> 01:12:05,820

the Book of Ezekiel people often talk

1978

01:12:10,310 --> 01:12:08,159

about he talks about creatures and fiery

1979

01:12:12,050 --> 01:12:10,320

chariots in the sky I mean who knows but

1980

01:12:13,850 --> 01:12:12,060

there are lots of cases

1981

01:12:15,410 --> 01:12:13,860

um like that and the ancient aspect of

1982

01:12:17,450 --> 01:12:15,420

this is just so critical I don't feel

1983

01:12:19,010 --> 01:12:17,460

like I fully understand it also in the

1984

01:12:22,130 --> 01:12:19,020

in the Hindu tradition in The Vedas they

1985

01:12:24,229 --> 01:12:22,140

talk about vimanas these flying saucers

1986

01:12:24,830 --> 01:12:24,239

essentially that were everywhere

1987

01:12:27,229 --> 01:12:24,840

um

1988

01:12:29,750 --> 01:12:27,239

so that's on point one uh point two with

1989

01:12:31,250 --> 01:12:29,760

regard to Corso I mean I looked at a lot

1990

01:12:33,290 --> 01:12:31,260

of what you were describing Alex when I

1991

01:12:35,450 --> 01:12:33,300

was reading his book and evaluating the

1992

01:12:37,850 --> 01:12:35,460

debunkers and I think it was Dr Michael

1993

01:12:40,070 --> 01:12:37,860

Salah who wrote a counter to the

1994

01:12:41,810 --> 01:12:40,080

debunkers it's I think a free pdf he had

1995

01:12:43,189 --> 01:12:41,820

online and I was thinking along the same

1996

01:12:44,450 --> 01:12:43,199

lines as you it's like these debunkers

1997

01:12:46,430 --> 01:12:44,460

their arguments aren't super strong

1998

01:12:47,870 --> 01:12:46,440

given what we know now I mean I don't

1999

01:12:49,430 --> 01:12:47,880

know what happened to him but also

2000

01:12:51,770 --> 01:12:49,440

listening to his son talk there are lots

2001

01:12:53,750 --> 01:12:51,780

of interviews publicly available he has

2002

01:12:55,430 --> 01:12:53,760

a lot of conviction and apparently his

2003

01:12:57,590 --> 01:12:55,440

his family has had to go through a lot

2004

01:12:58,970 --> 01:12:57,600

like CIA showing up at his house I mean

2005

01:13:01,250 --> 01:12:58,980

paraphrasing

2006

01:13:02,510 --> 01:13:01,260

um and he asked the question uh in one

2007

01:13:04,070 --> 01:13:02,520

of his interviews why would they do that

2008

01:13:05,510 --> 01:13:04,080

if there was nothing there and

2009

01:13:07,070 --> 01:13:05,520

apparently on his deathbed his father

2010

01:13:09,530 --> 01:13:07,080

Philip Corso said I wish I hadn't

2011

01:13:11,689 --> 01:13:09,540

written this book because of all the all

2012

01:13:13,490 --> 01:13:11,699

the Flack his family had to take so that

2013

01:13:15,709 --> 01:13:13,500

that's significant I mean I don't know

2014

01:13:17,149 --> 01:13:15,719

what happened but his book has so much

2015

01:13:20,030 --> 01:13:17,159

detail in there it's just it's

2016

01:13:21,709 --> 01:13:20,040

fascinating so now your third question

2017

01:13:22,910 --> 01:13:21,719

about are we at an inflection point

2018

01:13:25,729 --> 01:13:22,920

basically

2019

01:13:27,709 --> 01:13:25,739

and I like you of have had a resistance

2020

01:13:28,850 --> 01:13:27,719

to this because basically at every point

2021

01:13:30,169 --> 01:13:28,860

in time people think they're at the

2022

01:13:32,990 --> 01:13:30,179

inflection point

2023

01:13:34,550 --> 01:13:33,000

I do think there are differences here

2024

01:13:36,169 --> 01:13:34,560

because we're at a different point

2025

01:13:37,610 --> 01:13:36,179

technologically

2026

01:13:38,930 --> 01:13:37,620

although if you talk to people who

2027

01:13:40,370 --> 01:13:38,940

believe in Atlantis and things like that

2028

01:13:43,010 --> 01:13:40,380

they'll say well they were Advanced like

2029

01:13:45,169 --> 01:13:43,020

we are but let's say this iteration of

2030

01:13:46,250 --> 01:13:45,179

humanity we have a level of Technology

2031

01:13:48,050 --> 01:13:46,260

now

2032

01:13:49,790 --> 01:13:48,060

where Advanced surveillance is

2033

01:13:51,169 --> 01:13:49,800

completely possible like the craziest

2034

01:13:53,630 --> 01:13:51,179

conspiracy theories people were talking

2035

01:13:55,610 --> 01:13:53,640

about decades ago they're not far away

2036

01:13:57,470 --> 01:13:55,620

where yeah you just need to use this

2037

01:13:58,910 --> 01:13:57,480

microchip or you just gotta take

2038

01:14:01,130 --> 01:13:58,920

whatever we tell you and then you can

2039

01:14:04,010 --> 01:14:01,140

live in our world

2040

01:14:05,689 --> 01:14:04,020

um and by the way it's mRNA I mean

2041

01:14:07,430 --> 01:14:05,699

things like that it's it makes you

2042

01:14:09,290 --> 01:14:07,440

concerned given

2043

01:14:11,209 --> 01:14:09,300

the rest of the context on its own it

2044

01:14:12,770 --> 01:14:11,219

sounds crazy but if you see that these

2045

01:14:16,130 --> 01:14:12,780

beings are involved in genetic

2046

01:14:18,590 --> 01:14:16,140

modification and some of them seem to

2047

01:14:20,090 --> 01:14:18,600

have negative intent I think a lot about

2048

01:14:20,870 --> 01:14:20,100

what's happening in the world and

2049

01:14:23,510 --> 01:14:20,880

whether

2050

01:14:24,890 --> 01:14:23,520

there is some kind of dark agenda or

2051

01:14:26,510 --> 01:14:24,900

maybe a gen does I don't know if it's

2052

01:14:27,649 --> 01:14:26,520

monolithic or maybe it's monolithic at

2053

01:14:30,229 --> 01:14:27,659

some level of Consciousness but it

2054

01:14:31,970 --> 01:14:30,239

manifests as like mafia families but

2055

01:14:35,209 --> 01:14:31,980

there's a movement

2056

01:14:36,169 --> 01:14:35,219

toward people being less free and also

2057

01:14:38,450 --> 01:14:36,179

less human

2058

01:14:40,610 --> 01:14:38,460

this transhumanist idea that we should

2059

01:14:42,410 --> 01:14:40,620

just be something else or merge with

2060

01:14:43,970 --> 01:14:42,420

machines as if what we have is not

2061

01:14:45,950 --> 01:14:43,980

sufficient there's there's this movement

2062

01:14:48,229 --> 01:14:45,960

away from the natural I continue to see

2063

01:14:49,610 --> 01:14:48,239

and it's in many ways anti-human

2064

01:14:51,590 --> 01:14:49,620

anti-life

2065

01:14:53,510 --> 01:14:51,600

it's just like ah humans or whatever we

2066

01:14:55,189 --> 01:14:53,520

should just enhance ourselves and forget

2067

01:14:57,050 --> 01:14:55,199

about it and it's taking away from some

2068

01:14:58,130 --> 01:14:57,060

of the core spiritual Essence so when I

2069

01:14:59,870 --> 01:14:58,140

look at this in the context of

2070

01:15:02,149 --> 01:14:59,880

everything I've learned it's incredibly

2071

01:15:04,330 --> 01:15:02,159

nefarious and you see little hints of it

2072

01:15:06,830 --> 01:15:04,340

showing up in different parts of society

2073

01:15:08,750 --> 01:15:06,840

but when you look at it from this lens I

2074

01:15:10,130 --> 01:15:08,760

think it's super evil what's happening

2075

01:15:11,750 --> 01:15:10,140

so I have this very skeptical

2076

01:15:13,010 --> 01:15:11,760

conspiratorial lens of what's happening

2077

01:15:14,930 --> 01:15:13,020

in the world I think we need to be very

2078

01:15:17,149 --> 01:15:14,940

careful about some of the things that

2079

01:15:18,590 --> 01:15:17,159

might sound benevolent and maybe some of

2080

01:15:19,729 --> 01:15:18,600

the people involved have a benevolent

2081

01:15:21,890 --> 01:15:19,739

intent

2082

01:15:23,450 --> 01:15:21,900

but who knows what could that do to our

2083

01:15:25,370 --> 01:15:23,460

soul and I don't know the answer to this

2084

01:15:27,350 --> 01:15:25,380

but could there be something that keeps

2085

01:15:29,390 --> 01:15:27,360

the soul from evolving as much because

2086

01:15:31,669 --> 01:15:29,400

we take away from our innate experience

2087

01:15:33,890 --> 01:15:31,679

those are the kinds of questions that I

2088

01:15:36,110 --> 01:15:33,900

have what kind of answers do you have

2089

01:15:37,970 --> 01:15:36,120

and then I'll tell you my answers what

2090

01:15:40,550 --> 01:15:37,980

do you think well I would say they're

2091

01:15:43,130 --> 01:15:40,560

alternative but I I think we have to be

2092

01:15:45,169 --> 01:15:43,140

very wary of all this stuff

2093

01:15:47,149 --> 01:15:45,179

um and like I said earlier protect the

2094

01:15:48,830 --> 01:15:47,159

souls if we have to defend ourselves and

2095

01:15:49,729 --> 01:15:48,840

I do see that as a spiritual Duty some

2096

01:15:52,070 --> 01:15:49,739

people would say Mark you're being

2097

01:15:53,510 --> 01:15:52,080

selfish and individualistic I see this a

2098

01:15:54,890 --> 01:15:53,520

lot and there's divide in a spiritual

2099

01:15:56,870 --> 01:15:54,900

World about it but I think the

2100

01:15:59,450 --> 01:15:56,880

individual is a vehicle through which

2101  
01:16:02,570 --> 01:15:59,460  
the spirituality manifests the one mind

2102  
01:16:04,669 --> 01:16:02,580  
some would call it this Universal love

2103  
01:16:06,410 --> 01:16:04,679  
is manifesting through a set of

2104  
01:16:08,330 --> 01:16:06,420  
individuals so we're both the collective

2105  
01:16:10,310 --> 01:16:08,340  
and the individual and you have to

2106  
01:16:12,169 --> 01:16:10,320  
protect yourself so that you can be of

2107  
01:16:14,270 --> 01:16:12,179  
service I talk a lot about this in my

2108  
01:16:15,709 --> 01:16:14,280  
second book like I ask the question what

2109  
01:16:16,910 --> 01:16:15,719  
is the overall intention of your life in

2110  
01:16:19,370 --> 01:16:16,920  
that book and I try to get to the answer

2111  
01:16:22,189 --> 01:16:19,380  
for myself and I give a long answer in

2112  
01:16:25,250 --> 01:16:22,199  
the end but the first sentence of it is

2113  
01:16:27,350 --> 01:16:25,260

paraphrasing myself is that we are

2114

01:16:29,390 --> 01:16:27,360

here to try to perfect ourselves as much

2115

01:16:31,550 --> 01:16:29,400

as we can so that we can be pure vessels

2116

01:16:32,510 --> 01:16:31,560

for this greater intelligence to be of

2117

01:16:34,310 --> 01:16:32,520

service

2118

01:16:35,689 --> 01:16:34,320

and that means we have to look out and

2119

01:16:37,189 --> 01:16:35,699

be very skeptical of the things

2120

01:16:39,169 --> 01:16:37,199

happening around us and not just take

2121

01:16:41,510 --> 01:16:39,179

what the expert says because that

2122

01:16:42,890 --> 01:16:41,520

person's on TV and sounds really nice we

2123

01:16:44,630 --> 01:16:42,900

really have to question every narrative

2124

01:16:46,970 --> 01:16:44,640

and to me if the last two plus years

2125

01:16:49,070 --> 01:16:46,980

haven't proven that what else will I

2126

01:16:50,810 --> 01:16:49,080

mean every narrative has

2127

01:16:52,189 --> 01:16:50,820

I don't need to tell you about that but

2128

01:16:53,750 --> 01:16:52,199

we should be questioning what they're

2129

01:16:55,010 --> 01:16:53,760

pushing on us when they say this is in

2130

01:16:57,110 --> 01:16:55,020

your best interest we need to ask

2131

01:16:59,510 --> 01:16:57,120

ourselves first is this in my best

2132

01:17:01,310 --> 01:16:59,520

interests and I I notice some people

2133

01:17:02,750 --> 01:17:01,320

just kind of want to go along with it

2134

01:17:04,729 --> 01:17:02,760

and not ask that question it takes a lot

2135

01:17:06,169 --> 01:17:04,739

of energy to do what I'm describing and

2136

01:17:07,390 --> 01:17:06,179

it takes a lot of thought but to me it's

2137

01:17:10,310 --> 01:17:07,400

essential

2138

01:17:13,550 --> 01:17:10,320

so how does that manifest in terms of

2139

01:17:15,649 --> 01:17:13,560

personal practices in your life I don't

2140

01:17:17,930 --> 01:17:15,659

want to tag it with spiritual practices

2141

01:17:21,770 --> 01:17:17,940

because I want it to be broader than

2142

01:17:23,330 --> 01:17:21,780

that just how do you how do you do that

2143

01:17:24,890 --> 01:17:23,340

well I'd say I would divide it into two

2144

01:17:26,689 --> 01:17:24,900

categories one is probably traditional

2145

01:17:28,490 --> 01:17:26,699

spiritual practice so I do meditate and

2146

01:17:30,470 --> 01:17:28,500

do breathing exercises and stuff like

2147

01:17:32,810 --> 01:17:30,480

that and then the other practice is a

2148

01:17:34,970 --> 01:17:32,820

general one which is just learning

2149

01:17:36,590 --> 01:17:34,980

I want to learn as much as I can because

2150

01:17:38,330 --> 01:17:36,600

then I know how to navigate better when

2151

01:17:40,189 --> 01:17:38,340

I have more information and that's a

2152

01:17:42,290 --> 01:17:40,199

practice some in the yoga tradition they

2153

01:17:44,450 --> 01:17:42,300

call it Yana yoga the pathway of

2154

01:17:45,890 --> 01:17:44,460

knowledge and wisdom but that that's a

2155

01:17:48,590 --> 01:17:45,900

practice to me

2156

01:17:51,310 --> 01:17:48,600

I totally can relate to that I think

2157

01:17:54,830 --> 01:17:51,320

that's awesome if you will

2158

01:17:58,669 --> 01:17:54,840

what is that learning mean to you

2159

01:18:02,390 --> 01:17:58,679

because I could just speak to myself

2160

01:18:05,090 --> 01:18:02,400

I can do learning and get in a rut on my

2161

01:18:07,790 --> 01:18:05,100

learning too is that I'm not broadly

2162

01:18:09,410 --> 01:18:07,800

looking at you know developing myself

2163

01:18:11,209 --> 01:18:09,420

spiritual and the great spiritual

2164

01:18:14,270 --> 01:18:11,219

Traditions the great spiritual Masters

2165

01:18:16,430 --> 01:18:14,280

that have come before can and I know

2166

01:18:18,590 --> 01:18:16,440

you're totally into this but can provide

2167

01:18:22,010 --> 01:18:18,600

great learning but at the same time

2168

01:18:25,310 --> 01:18:22,020

current events your book can be tremend

2169

01:18:26,390 --> 01:18:25,320

all your books uh collectively and I'm

2170

01:18:28,189 --> 01:18:26,400

sure you experience this because I'm

2171

01:18:31,490 --> 01:18:28,199

sure people email you and talk to you

2172

01:18:32,750 --> 01:18:31,500

can be truly transformative for people

2173

01:18:35,149 --> 01:18:32,760

who haven't

2174

01:18:37,010 --> 01:18:35,159

and open to this information well you

2175

01:18:38,570 --> 01:18:37,020

know didn't even know about it or

2176

01:18:41,149 --> 01:18:38,580

weren't open to it before and you bring

2177

01:18:43,689 --> 01:18:41,159

a different thing on it so

2178

01:18:46,010 --> 01:18:43,699

how do you decide how to learn

2179

01:18:48,410 --> 01:18:46,020

it's a great question and it's evolved

2180

01:18:50,270 --> 01:18:48,420

for me in these last six years and even

2181

01:18:51,950 --> 01:18:50,280

before that professionally

2182

01:18:53,630 --> 01:18:51,960

it's it's a trial and error process

2183

01:18:56,090 --> 01:18:53,640

that's the way I describe it really the

2184

01:18:57,830 --> 01:18:56,100

whole spiritual path is trial and error

2185

01:19:00,050 --> 01:18:57,840

and it's like you touch the stove and

2186

01:19:01,790 --> 01:19:00,060

you realize when it's hot and I start to

2187

01:19:04,310 --> 01:19:01,800

pick up those patterns of what what

2188

01:19:05,990 --> 01:19:04,320

rabbit holes not to go down I like to

2189

01:19:07,490 --> 01:19:06,000

look at everything first even things

2190

01:19:09,410 --> 01:19:07,500

that I don't think are true I want to

2191

01:19:10,970 --> 01:19:09,420

know why someone believes it because

2192

01:19:12,350 --> 01:19:10,980

usually they have a real conviction if

2193

01:19:14,030 --> 01:19:12,360

it's not totally disinformation some

2194

01:19:15,530 --> 01:19:14,040

people believe things that aren't true I

2195

01:19:17,750 --> 01:19:15,540

want to know why like where where did

2196

01:19:19,370 --> 01:19:17,760

their error occur because I want to find

2197

01:19:21,530 --> 01:19:19,380

that for myself where am I potentially

2198

01:19:23,510 --> 01:19:21,540

going wrong so it's this constant

2199

01:19:25,310 --> 01:19:23,520

questioning process it's a skeptical

2200

01:19:27,770 --> 01:19:25,320

process but also an open-minded one

2201

01:19:30,110 --> 01:19:27,780

where I want to take everything in

2202

01:19:32,450 --> 01:19:30,120

and I try not so I've also been looking

2203

01:19:33,950 --> 01:19:32,460

into the psychology of reasoning a lot

2204

01:19:35,209 --> 01:19:33,960

recently I mean I studied psychology in

2205

01:19:37,090 --> 01:19:35,219

undergrad but I'm trying to understand

2206

01:19:41,510 --> 01:19:37,100

the world that we're living in and how

2207

01:19:43,010 --> 01:19:41,520

smart people can be fooled by things and

2208

01:19:45,350 --> 01:19:43,020

there's this psychological phenomenon

2209

01:19:46,970 --> 01:19:45,360

known as motivated reasoning

2210

01:19:48,770 --> 01:19:46,980

where if you don't want to believe

2211

01:19:50,990 --> 01:19:48,780

something

2212

01:19:53,750 --> 01:19:51,000

and you find one fact that potentially

2213

01:19:55,490 --> 01:19:53,760

proves your point you'll stop there

2214

01:19:58,490 --> 01:19:55,500

say I'm good I don't need to go any

2215

01:19:59,689 --> 01:19:58,500

further it's happening everywhere so but

2216

01:20:01,669 --> 01:19:59,699

it's being aware of those cognitive

2217

01:20:03,229 --> 01:20:01,679

biases that we have because we all have

2218

01:20:05,450 --> 01:20:03,239

them they're kind of innate into our

2219

01:20:07,970 --> 01:20:05,460

built into by our biology and it's

2220

01:20:10,250 --> 01:20:07,980

likely for our survival as a biological

2221

01:20:12,410 --> 01:20:10,260

organism to have these shortcuts but

2222

01:20:13,790 --> 01:20:12,420

they can lead to biases that get us away

2223

01:20:15,530 --> 01:20:13,800

from the truth so it's a constant

2224

01:20:18,530 --> 01:20:15,540

questioning process

2225

01:20:19,729 --> 01:20:18,540

and I mean because my my Learning

2226

01:20:21,590 --> 01:20:19,739

Journey has taken me on so many

2227

01:20:23,270 --> 01:20:21,600

different paths like at one point I was

2228

01:20:26,629 --> 01:20:23,280

I wanted to know all about this really

2229

01:20:27,830 --> 01:20:26,639

dark evil stuff which is taxing to learn

2230

01:20:29,689 --> 01:20:27,840

about that

2231

01:20:30,890 --> 01:20:29,699

it's not fun to do it but there was this

2232

01:20:32,870 --> 01:20:30,900

point where I'm like I just have to know

2233

01:20:35,330 --> 01:20:32,880

what's going on here and it's like you

2234

01:20:36,530 --> 01:20:35,340

cringing reading pages and then I got to

2235

01:20:38,090 --> 01:20:36,540

a point where I just didn't need to

2236

01:20:40,070 --> 01:20:38,100

learn the details anymore so it's

2237

01:20:41,870 --> 01:20:40,080

knowing when to pull back and say I know

2238

01:20:43,970 --> 01:20:41,880

enough here maybe sometimes I'll revisit

2239

01:20:45,770 --> 01:20:43,980

this in the future but at a certain

2240

01:20:47,930 --> 01:20:45,780

point you pull back from certain topics

2241

01:20:49,850 --> 01:20:47,940

where it's like this 80 20 rule or 90 10

2242

01:20:52,010 --> 01:20:49,860

you've got the essence of it and you

2243

01:20:53,149 --> 01:20:52,020

don't need to go as far into it and

2244

01:20:55,010 --> 01:20:53,159

there are other areas where I need to

2245

01:20:58,189 --> 01:20:55,020

learn more

2246

01:21:01,550 --> 01:20:58,199

and then I mean I look for things that

2247

01:21:03,830 --> 01:21:01,560

that seem to have practical value

2248

01:21:05,870 --> 01:21:03,840

to my own path

2249

01:21:07,550 --> 01:21:05,880

and at some points that's learning the

2250

01:21:10,370 --> 01:21:07,560

spiritual enlightenment path if you want

2251

01:21:12,229 --> 01:21:10,380

to call it Ken Wilbur uh the philosopher

2252

01:21:14,450 --> 01:21:12,239

has this phrase that I like to refer to

2253

01:21:15,830 --> 01:21:14,460

a lot he calls it waking up cleaning up

2254

01:21:17,510 --> 01:21:15,840

and growing up

2255

01:21:19,250 --> 01:21:17,520

that there are multiple lines of

2256

01:21:21,350 --> 01:21:19,260

development that we have and they're

2257

01:21:23,510 --> 01:21:21,360

relatively independent of each other so

2258

01:21:24,530 --> 01:21:23,520

waking up is yeah I want to achieve the

2259

01:21:25,790 --> 01:21:24,540

Oneness but you could have this

2260

01:21:26,870 --> 01:21:25,800

enlightened teacher who hasn't done the

2261

01:21:29,030 --> 01:21:26,880

growing up or the cleaning up and they

2262

01:21:30,950 --> 01:21:29,040

turn into some kind of a fascist we've

2263

01:21:32,870 --> 01:21:30,960

seen that happen a lot so I try to hit

2264

01:21:35,390 --> 01:21:32,880

these different areas in my own growth

2265

01:21:37,070 --> 01:21:35,400

and especially over the last two plus

2266

01:21:39,110 --> 01:21:37,080

years when covet hit because I should

2267

01:21:41,930 --> 01:21:39,120

add this I was never interested in

2268

01:21:43,250 --> 01:21:41,940

politics at all before 2020. zero

2269

01:21:44,570 --> 01:21:43,260

interest the only time I had some

2270

01:21:46,070 --> 01:21:44,580

interest is when it related to patent

2271

01:21:47,689 --> 01:21:46,080

law because I was involved in that space

2272

01:21:49,010 --> 01:21:47,699

professionally I couldn't have even told

2273

01:21:50,149 --> 01:21:49,020

you if it was right or left that cared

2274

01:21:51,290 --> 01:21:50,159

about stuff I just cared about that

2275

01:21:53,090 --> 01:21:51,300

specific thing

2276

01:21:54,590 --> 01:21:53,100

and then I realized well I need to learn

2277

01:21:56,090 --> 01:21:54,600

about this Mark you can't be ignorant

2278

01:21:57,950 --> 01:21:56,100

about these topics so I've had to dive

2279

01:21:59,810 --> 01:21:57,960

into that in order to learn how to

2280

01:22:01,790 --> 01:21:59,820

navigate but also

2281

01:22:03,770 --> 01:22:01,800

if I'm putting information out there to

2282

01:22:05,209 --> 01:22:03,780

people I'm trying to express the truth

2283

01:22:07,970 --> 01:22:05,219

as much as I can and there's a real

2284

01:22:10,189 --> 01:22:07,980

obligation in that to present the truth

2285

01:22:11,390 --> 01:22:10,199

and not to lead people astray and maybe

2286

01:22:13,129 --> 01:22:11,400

part of the reason I've written multiple

2287

01:22:14,330 --> 01:22:13,139

books and did a podcast series is that I

2288

01:22:16,310 --> 01:22:14,340

do something and I realized I was

2289

01:22:18,169 --> 01:22:16,320

missing something I'm like oh I'm

2290

01:22:19,370 --> 01:22:18,179

incomplete I gotta let people know if

2291

01:22:21,649 --> 01:22:19,380

they're reading my stuff and then it

2292

01:22:23,330 --> 01:22:21,659

turned into something else so there's a

2293

01:22:24,890 --> 01:22:23,340

sense of a duty to try to present the

2294

01:22:26,390 --> 01:22:24,900

truth as much as possible so for my

2295

01:22:27,890 --> 01:22:26,400

journey it leads me into those other

2296

01:22:30,890 --> 01:22:27,900

areas too

2297

01:22:32,810 --> 01:22:30,900

that's really awesome Mark I am so

2298

01:22:35,090 --> 01:22:32,820

appreciative for you sharing all that

2299

01:22:36,290 --> 01:22:35,100

and you know just to recap some of the

2300

01:22:38,990 --> 01:22:36,300

things that I took out of that thought

2301

01:22:41,510 --> 01:22:39,000

that were particularly insightful is

2302

01:22:43,729 --> 01:22:41,520

this kind of ability to move from the

2303

01:22:48,050 --> 01:22:43,739

telescope to the microscope you know and

2304

01:22:50,390 --> 01:22:48,060

to do it fluidly and with purpose of

2305

01:22:53,090 --> 01:22:50,400

this kind of meta-purpose of weight

2306

01:22:56,030 --> 01:22:53,100

there is a there is a me in there like

2307

01:22:59,510 --> 01:22:56,040

your first book upside down thinking

2308

01:23:01,610 --> 01:22:59,520

I that voice inside my head is real and

2309

01:23:04,129 --> 01:23:01,620

it is directing me it seems to be

2310

01:23:06,169 --> 01:23:04,139

directing me from my life experience I

2311

01:23:08,570 --> 01:23:06,179

can't deny that and that's kind of the

2312

01:23:11,689 --> 01:23:08,580

meta you know the meta knowledge that

2313

01:23:14,450 --> 01:23:11,699

that's what's going on and then to

2314

01:23:16,910 --> 01:23:14,460

you've used the term earlier and I

2315

01:23:19,610 --> 01:23:16,920

forget where it was but kind of cleaning

2316

01:23:22,910 --> 01:23:19,620

the cleaning the process or you know the

2317

01:23:25,850 --> 01:23:22,920

the mechanism this tool that we have of

2318

01:23:28,689 --> 01:23:25,860

our soul inside our body and our

2319

01:23:31,430 --> 01:23:28,699

discernment thing we have to keep that

2320

01:23:33,649 --> 01:23:31,440

tuned up which is the other part of what

2321

01:23:35,570 --> 01:23:33,659

you're saying with your meditation work

2322

01:23:38,030 --> 01:23:35,580

and your just spiritual work it's like

2323

01:23:40,310 --> 01:23:38,040

hey if if I don't have that together

2324

01:23:42,950 --> 01:23:40,320

then I'm not going to be able to go and

2325

01:23:45,470 --> 01:23:42,960

refine it in these other ways I think

2326

01:23:47,689 --> 01:23:45,480

that's just really terrific and the way

2327

01:23:49,689 --> 01:23:47,699

that you put it I thought was was really

2328

01:23:53,030 --> 01:23:49,699

helpful and I think it'll help people

2329

01:23:55,370 --> 01:23:53,040

understand where you're coming from in

2330

01:23:57,950 --> 01:23:55,380

these books because it is a reoccurring

2331

01:24:01,310 --> 01:23:57,960

Fame in your books wouldn't you say

2332

01:24:03,770 --> 01:24:01,320

yes and I mean

2333

01:24:05,750 --> 01:24:03,780

I'm deconstructing this myself as I go

2334

01:24:07,010 --> 01:24:05,760

in the journey like I'm able to speak

2335

01:24:08,510 --> 01:24:07,020

more clearly about things that have

2336

01:24:10,430 --> 01:24:08,520

happened in the past because I have the

2337

01:24:11,870 --> 01:24:10,440

the hindsight view but as I was going

2338

01:24:13,310 --> 01:24:11,880

through it I might not have had the same

2339

01:24:16,669 --> 01:24:13,320

Clarity and I'm sure the same will be

2340

01:24:17,990 --> 01:24:16,679

true in the future uh so one thing I

2341

01:24:21,169 --> 01:24:18,000

would add to it

2342

01:24:23,450 --> 01:24:21,179

this notion of tuning up the individual

2343

01:24:24,950 --> 01:24:23,460

um I think like physical exercise is an

2344

01:24:27,530 --> 01:24:24,960

important part of that too and diet like

2345

01:24:29,090 --> 01:24:27,540

keeping the physical vessel tuned is

2346

01:24:30,590 --> 01:24:29,100

really important and in my second book

2347

01:24:33,169 --> 01:24:30,600

and end upside down living I talk about

2348

01:24:34,790 --> 01:24:33,179

four of the yoga yogic paths which I've

2349

01:24:37,910 --> 01:24:34,800

kind of combined

2350

01:24:39,410 --> 01:24:37,920

um into what works for me and I say that

2351

01:24:41,149 --> 01:24:39,420

the spiritual path is basically these

2352

01:24:43,850 --> 01:24:41,159

four areas one is the wisdom knowledge

2353

01:24:46,129 --> 01:24:43,860

path the other is the service path the

2354

01:24:48,290 --> 01:24:46,139

other is the devotion and the other the

2355

01:24:51,229 --> 01:24:48,300

fourth one is energy which can be

2356

01:24:53,030 --> 01:24:51,239

physical exercise meditation those sorts

2357

01:24:55,850 --> 01:24:53,040

of things so knowledge wisdom selfless

2358

01:24:56,990 --> 01:24:55,860

service devotion and energy I try to hit

2359

01:25:00,229 --> 01:24:57,000

those for

2360

01:25:03,370 --> 01:25:00,239

at all points as much as I can

2361

01:25:07,430 --> 01:25:03,380

awesome so finally as we wrap things up

2362

01:25:09,970 --> 01:25:07,440

that is so inspiring and so positive so

2363

01:25:12,950 --> 01:25:09,980

fundamentally uplifting

2364

01:25:15,830 --> 01:25:12,960

relate that if you will to this book

2365

01:25:18,290 --> 01:25:15,840

which can be challenging like you said

2366

01:25:20,030 --> 01:25:18,300

people skip over I'm sure people will be

2367

01:25:21,830 --> 01:25:20,040

skipping over maybe the whole book like

2368

01:25:25,010 --> 01:25:21,840

I don't want to go there but the book

2369

01:25:26,990 --> 01:25:25,020

and into upside down contact UFOs aliens

2370

01:25:28,610 --> 01:25:27,000

and spirits and why their ongoing

2371

01:25:32,270 --> 01:25:28,620

interaction with human civilization

2372

01:25:33,590 --> 01:25:32,280

matters so overlay if you will because

2373

01:25:35,990 --> 01:25:33,600

it really is the whole thing we've been

2374

01:25:38,750 --> 01:25:36,000

talking about how you can do both how

2375

01:25:41,209 --> 01:25:38,760

you can manage both

2376

01:25:42,709 --> 01:25:41,219

this is one of the challenges in the

2377

01:25:45,290 --> 01:25:42,719

spiritual path I'm appreciating more and

2378

01:25:47,510 --> 01:25:45,300

more which is paradox

2379

01:25:49,250 --> 01:25:47,520

the ability to hold contradictory or

2380

01:25:51,830 --> 01:25:49,260

seemingly contradictory ideas together

2381

01:25:53,689 --> 01:25:51,840

in tandem at the same time acknowledge

2382

01:25:56,090 --> 01:25:53,699

that they both have truth to them

2383

01:25:57,649 --> 01:25:56,100

and they're not mutually exclusive so I

2384

01:26:00,530 --> 01:25:57,659

say that and I'm harping on it because

2385

01:26:02,030 --> 01:26:00,540

there's a lot of Darkness that exists

2386

01:26:03,649 --> 01:26:02,040

and there's a lot of good stuff that

2387

01:26:06,169 --> 01:26:03,659

exists too

2388

01:26:07,729 --> 01:26:06,179

to me comes back to the beginning of our

2389

01:26:10,490 --> 01:26:07,739

conversation that it's important to be

2390

01:26:12,350 --> 01:26:10,500

aware of this stuff not to get too

2391

01:26:13,669 --> 01:26:12,360

pulled emotionally into the darkness but

2392

01:26:15,110 --> 01:26:13,679

to know about it almost in an

2393

01:26:17,750 --> 01:26:15,120

unemotional way at times that can be

2394

01:26:19,850 --> 01:26:17,760

helpful because the emotions can skew

2395

01:26:21,709 --> 01:26:19,860

our logic to acknowledge that it's there

2396

01:26:23,450 --> 01:26:21,719

so that we can steer our lives and

2397

01:26:25,010 --> 01:26:23,460

hopefully our society in a positive

2398

01:26:26,689 --> 01:26:25,020

direction but I don't think we can do

2399

01:26:29,030 --> 01:26:26,699

that unless we acknowledge that these

2400

01:26:30,470 --> 01:26:29,040

truths exist so back to your very first

2401

01:26:31,790 --> 01:26:30,480

question about it my concern about

2402

01:26:32,930 --> 01:26:31,800

writing a book like this and really all

2403

01:26:35,510 --> 01:26:32,940

the books

2404

01:26:38,930 --> 01:26:35,520

I don't think there's a choice

2405

01:26:40,669 --> 01:26:38,940

we're gonna have to get to the truth

2406

01:26:43,610 --> 01:26:40,679

otherwise we'll be stuck in a

2407

01:26:45,709 --> 01:26:43,620

manipulative Loop and to me what's

2408

01:26:47,169 --> 01:26:45,719

what's the alternative to the truth with

2409

01:26:50,090 --> 01:26:47,179

that context

2410

01:26:52,610 --> 01:26:50,100

I totally agree and you know finally

2411

01:26:55,250 --> 01:26:52,620

kind of from a Silver Linings Playbook

2412

01:26:57,050 --> 01:26:55,260

kind of perspective

2413

01:27:00,530 --> 01:26:57,060

you know look what's look what's

2414

01:27:02,030 --> 01:27:00,540

happened to us look for for all and I'll

2415

01:27:05,090 --> 01:27:02,040

turn this into a question but I'll start

2416

01:27:08,149 --> 01:27:05,100

with myself the great reset for me has

2417

01:27:10,370 --> 01:27:08,159

been uh unbelievably horrific in terms

2418

01:27:12,169 --> 01:27:10,380

of what it reveals but in a way I

2419

01:27:14,570 --> 01:27:12,179

already knew what it revealed so it just

2420

01:27:17,030 --> 01:27:14,580

kind of confirmed it for me but there

2421

01:27:20,149 --> 01:27:17,040

was a silver lining to it too I'm

2422

01:27:22,250 --> 01:27:20,159

outside so much more I'm outside all the

2423

01:27:23,750 --> 01:27:22,260

time because it's like that's where I

2424

01:27:26,830 --> 01:27:23,760

want to be I want to be outside I want

2425

01:27:29,930 --> 01:27:26,840

to be living I'm in nature I'm closer to

2426

01:27:32,450 --> 01:27:29,940

explicitly cold closer to my family and

2427

01:27:34,310 --> 01:27:32,460

my kids not in a way that bugs them too

2428

01:27:37,129 --> 01:27:34,320

much I hope but just in a way of like

2429

01:27:40,430 --> 01:27:37,139

why am I sweating about the little stuff

2430

01:27:42,590 --> 01:27:40,440

the the great reset is my great reset

2431

01:27:45,169 --> 01:27:42,600

it's my personal research I'm not going

2432

01:27:47,629 --> 01:27:45,179

to let them own that reset and I think

2433

01:27:49,790 --> 01:27:47,639

I've spoken with many other people who

2434

01:27:51,590 --> 01:27:49,800

do see it the same way and it is that

2435

01:27:54,110 --> 01:27:51,600

path that hero's journey that you're

2436

01:27:57,890 --> 01:27:54,120

talking about it's walking up to the

2437

01:28:00,649 --> 01:27:57,900

edge of the Abyss and looking in and not

2438

01:28:02,390 --> 01:28:00,659

falling in and looking in and saying I

2439

01:28:05,689 --> 01:28:02,400

will be stronger I will be better

2440

01:28:09,110 --> 01:28:05,699

because I must and what do you what do

2441

01:28:12,350 --> 01:28:09,120

you think about your great reset yeah

2442

01:28:15,290 --> 01:28:12,360

well I've certainly had one and I I left

2443

01:28:18,110 --> 01:28:15,300

my firm I gave notice to my my business

2444

01:28:19,850 --> 01:28:18,120

partners in December of 2019 and phased

2445

01:28:22,729 --> 01:28:19,860

out of the firm over the first few

2446

01:28:24,290 --> 01:28:22,739

months of 2020. so I had this intuition

2447

01:28:25,790 --> 01:28:24,300

that I needed to leave my job after I'd

2448

01:28:27,530 --> 01:28:25,800

become Partners spent 10 years working

2449

01:28:29,149 --> 01:28:27,540

my way up I was in a great situation

2450

01:28:31,010 --> 01:28:29,159

great people the smartest in the

2451  
01:28:33,290 --> 01:28:31,020  
industry and what they do I mean ideal

2452  
01:28:35,090 --> 01:28:33,300  
if you look at it from my old world view

2453  
01:28:36,590 --> 01:28:35,100  
uh but I decided

2454  
01:28:37,970 --> 01:28:36,600  
I was going to leave and I wasn't sure

2455  
01:28:39,950 --> 01:28:37,980  
what was going to be next it wasn't like

2456  
01:28:41,810 --> 01:28:39,960  
I was going to a competitor I just said

2457  
01:28:43,129 --> 01:28:41,820  
I need to pursue this other stuff I

2458  
01:28:44,330 --> 01:28:43,139  
didn't even have a second book in mind

2459  
01:28:46,430 --> 01:28:44,340  
at the time

2460  
01:28:48,770 --> 01:28:46,440  
and then I went on I went on an

2461  
01:28:50,629 --> 01:28:48,780  
ayurvedic retreat in New Mexico I went

2462  
01:28:52,490 --> 01:28:50,639  
on two silent meditation Retreats for

2463  
01:28:54,169 --> 01:28:52,500

about a week each a little under a week

2464

01:28:56,750 --> 01:28:54,179

each one with adyashanti and another

2465

01:28:59,390 --> 01:28:56,760

with his wife mukti so three retreats in

2466

01:29:00,709 --> 01:28:59,400

five weeks in early 2020 which was a

2467

01:29:02,149 --> 01:29:00,719

form of a reset for me because I

2468

01:29:02,990 --> 01:29:02,159

couldn't sit still for 15 minutes before

2469

01:29:10,129 --> 01:29:03,000

that

2470

01:29:13,250 --> 01:29:10,139

for on average probably five hours a day

2471

01:29:15,229 --> 01:29:13,260

just sitting

2472

01:29:18,770 --> 01:29:15,239

um feeling this whatever energy coming

2473

01:29:21,169 --> 01:29:18,780

through learning a lot too but also just

2474

01:29:23,149 --> 01:29:21,179

sitting and it felt like a bleaching

2475

01:29:24,890 --> 01:29:23,159

that's the best way to describe it if

2476

01:29:26,750 --> 01:29:24,900

you imagine Rough Waters the waters

2477

01:29:29,390 --> 01:29:26,760

became a little more still

2478

01:29:31,010 --> 01:29:29,400

and so that that was a big reset for me

2479

01:29:32,689 --> 01:29:31,020

but it was also reset in terms of a new

2480

01:29:34,129 --> 01:29:32,699

paradigm shift like I said I wasn't

2481

01:29:36,229 --> 01:29:34,139

interested in politics or any of the

2482

01:29:37,610 --> 01:29:36,239

worldly stuff at all before

2483

01:29:38,510 --> 01:29:37,620

um and even when I got into spiritual

2484

01:29:40,669 --> 01:29:38,520

stuff I was interested in the

2485

01:29:43,310 --> 01:29:40,679

metaphysical and the reach Enlightenment

2486

01:29:44,870 --> 01:29:43,320

which all is very important too but then

2487

01:29:46,430 --> 01:29:44,880

I realized I gotta understand what's

2488

01:29:48,590 --> 01:29:46,440

going on in the world and that was a

2489

01:29:50,390 --> 01:29:48,600

reset understanding the extent of evil

2490

01:29:51,950 --> 01:29:50,400

some of which I saw professionally I saw

2491

01:29:53,209 --> 01:29:51,960

some systemic horrible stuff which

2492

01:29:54,649 --> 01:29:53,219

aligns with what's happening in the

2493

01:29:56,510 --> 01:29:54,659

world corruption that most people would

2494

01:29:59,629 --> 01:29:56,520

say no that's not possible no it's

2495

01:30:01,490 --> 01:29:59,639

possible there's such corruption not not

2496

01:30:04,030 --> 01:30:01,500

every person but that that phenomenon

2497

01:30:07,370 --> 01:30:04,040

exists I started to see it on this

2498

01:30:09,649 --> 01:30:07,380

bigger level and it's led me down my own

2499

01:30:12,410 --> 01:30:09,659

path which has been incredibly enriching

2500

01:30:13,790 --> 01:30:12,420

as much as there's been bad stuff in the

2501  
01:30:15,649 --> 01:30:13,800  
world that's caused a lot of trauma and

2502  
01:30:18,050 --> 01:30:15,659  
death and sickness for sure that's

2503  
01:30:20,450 --> 01:30:18,060  
happened and mental issues

2504  
01:30:22,669 --> 01:30:20,460  
um for me it's been very enriching I

2505  
01:30:25,850 --> 01:30:22,679  
will say the hardest part of it for me

2506  
01:30:28,850 --> 01:30:25,860  
has been the fact that our society is so

2507  
01:30:30,890 --> 01:30:28,860  
divided in terms of the way people view

2508  
01:30:32,510 --> 01:30:30,900  
reality and that makes it practically

2509  
01:30:34,310 --> 01:30:32,520  
difficult to interact with some people

2510  
01:30:36,169 --> 01:30:34,320  
when you're literally looking at a

2511  
01:30:38,090 --> 01:30:36,179  
different world for me that was a little

2512  
01:30:39,470 --> 01:30:38,100  
bit easier with the metaphysics because

2513  
01:30:40,490 --> 01:30:39,480

you could have a different view on

2514

01:30:42,050 --> 01:30:40,500

Consciousness and still talk about

2515

01:30:45,169 --> 01:30:42,060

what's happening in the world now you

2516

01:30:47,030 --> 01:30:45,179

can't especially once you once your eyes

2517

01:30:48,830 --> 01:30:47,040

are open to the conspiratorial lens

2518

01:30:50,629 --> 01:30:48,840

you're in a different reality and it's

2519

01:30:53,390 --> 01:30:50,639

difficult to relate to people in the

2520

01:30:55,129 --> 01:30:53,400

same way people that I like in in many

2521

01:30:56,689 --> 01:30:55,139

ways and I'm mentioning this because I

2522

01:30:58,070 --> 01:30:56,699

hope your listeners can relate it's a

2523

01:30:59,930 --> 01:30:58,080

tough time in that regard and that's

2524

01:31:01,729 --> 01:30:59,940

challenging but probably for some kind

2525

01:31:02,930 --> 01:31:01,739

of enrichment as well to appreciate

2526

01:31:04,970 --> 01:31:02,940

people for where they are in their

2527

01:31:05,990 --> 01:31:04,980

Journey have compassion for them I'm

2528

01:31:07,430 --> 01:31:06,000

sure there's stuff I don't know about

2529

01:31:10,370 --> 01:31:07,440

right now that in a few years I'll say

2530

01:31:12,530 --> 01:31:10,380

Mark wow you didn't see it but at the

2531

01:31:14,330 --> 01:31:12,540

same time not getting sucked in

2532

01:31:16,070 --> 01:31:14,340

because of that not getting sucked into

2533

01:31:18,470 --> 01:31:16,080

the dark energy and not conforming just

2534

01:31:21,050 --> 01:31:18,480

because other people around you are

2535

01:31:21,890 --> 01:31:21,060

so one thing I want to say Alex before I

2536

01:31:23,390 --> 01:31:21,900

forget it because this is important

2537

01:31:24,950 --> 01:31:23,400

because I have a slightly different view

2538

01:31:26,510 --> 01:31:24,960

on spirituality than I used to and I

2539

01:31:28,070 --> 01:31:26,520

alluded to this before about protecting

2540

01:31:29,570 --> 01:31:28,080

our soul

2541

01:31:31,370 --> 01:31:29,580

there's this notion I'm getting I'm

2542

01:31:32,810 --> 01:31:31,380

coming up with more and more just in my

2543

01:31:35,209 --> 01:31:32,820

thinking about like this idea of a

2544

01:31:36,770 --> 01:31:35,219

spiritual Warrior having that kind of a

2545

01:31:38,030 --> 01:31:36,780

mindset and this relates to my you know

2546

01:31:39,890 --> 01:31:38,040

I used to be a competitive tennis player

2547

01:31:41,810 --> 01:31:39,900

so that's how I used to be there's

2548

01:31:44,149 --> 01:31:41,820

something in that competitive mindset

2549

01:31:46,189 --> 01:31:44,159

that can be applied to this it is love

2550

01:31:47,810 --> 01:31:46,199

and light but we've got to be tough in

2551  
01:31:49,990 --> 01:31:47,820  
this especially when you're dealing with

2552  
01:31:52,850 --> 01:31:50,000  
forces that are

2553  
01:31:54,530 --> 01:31:52,860  
they infringe upon Our Lives they don't

2554  
01:31:56,930 --> 01:31:54,540  
just exist independently these darker

2555  
01:31:58,430 --> 01:31:56,940  
forces so we have to be tough we can't

2556  
01:32:00,350 --> 01:31:58,440  
be weak and that's something I don't see

2557  
01:32:02,629 --> 01:32:00,360  
as much in the spiritual world

2558  
01:32:03,890 --> 01:32:02,639  
that's awesome I I totally love that and

2559  
01:32:06,530 --> 01:32:03,900  
you know the other thing you kind of

2560  
01:32:09,169 --> 01:32:06,540  
touched on is this kind of go along to

2561  
01:32:10,189 --> 01:32:09,179  
get along kind of stuff and that's what

2562  
01:32:11,629 --> 01:32:10,199  
you're talking about and what I'm

2563  
01:32:13,910 --> 01:32:11,639

talking about as part of the Great reset

2564

01:32:16,629 --> 01:32:13,920

no we don't need to go along to get

2565

01:32:19,370 --> 01:32:16,639

along we just had it we just had like

2566

01:32:21,350 --> 01:32:19,380

two-year play drama of where that what

2567

01:32:23,149 --> 01:32:21,360

that leads to you know and it doesn't

2568

01:32:26,030 --> 01:32:23,159

mean we have to be out with torches and

2569

01:32:28,370 --> 01:32:26,040

pitchforks and you know

2570

01:32:29,990 --> 01:32:28,380

trying to string up everyone we see I

2571

01:32:33,110 --> 01:32:30,000

love the way you put it it's just an

2572

01:32:34,370 --> 01:32:33,120

internal toughness and it also is in in

2573

01:32:36,830 --> 01:32:34,380

a way that you're talking about you know

2574

01:32:37,910 --> 01:32:36,840

the great reset in terms of people that

2575

01:32:40,550 --> 01:32:37,920

you're saying you know there's this more

2576

01:32:43,010 --> 01:32:40,560

divide well you know the positive spin

2577

01:32:45,410 --> 01:32:43,020

on that is you were probably wasting

2578

01:32:48,229 --> 01:32:45,420

your time with people who were kind of

2579

01:32:50,090 --> 01:32:48,239

stuck in a rut anyway and a Stuck on

2580

01:32:51,950 --> 01:32:50,100

Stupid rut and it wasn't really going to

2581

01:32:54,530 --> 01:32:51,960

go anywhere so now

2582

01:32:55,970 --> 01:32:54,540

you have a chance to say okay I can I

2583

01:32:59,149 --> 01:32:55,980

don't have to waste my time over there

2584

01:33:02,090 --> 01:32:59,159

I'll find these people that I really can

2585

01:33:04,250 --> 01:33:02,100

help lift me forward not just with

2586

01:33:06,410 --> 01:33:04,260

inspiration but also with knowledge and

2587

01:33:08,870 --> 01:33:06,420

that's what your books are doing yeah it

2588

01:33:10,129 --> 01:33:08,880

gets to this topic of alignment and

2589

01:33:11,390 --> 01:33:10,139

we're like we're like being forced to be

2590

01:33:12,649 --> 01:33:11,400

aligned now there's really no choice

2591

01:33:14,270 --> 01:33:12,659

you're living in one world or the other

2592

01:33:16,010 --> 01:33:14,280

and that can be very rewarding when

2593

01:33:17,209 --> 01:33:16,020

you're in full alignment and that's what

2594

01:33:18,709 --> 01:33:17,219

happened with me professionally and I'm

2595

01:33:20,330 --> 01:33:18,719

going to say this because I would bet

2596

01:33:22,370 --> 01:33:20,340

some of your audience members are in the

2597

01:33:24,169 --> 01:33:22,380

spot too where you're doing something

2598

01:33:26,330 --> 01:33:24,179

doesn't feel fully authentic and it's

2599

01:33:28,729 --> 01:33:26,340

emotionally taxing that's what it came

2600

01:33:30,169 --> 01:33:28,739

to for me where I was working on clients

2601

01:33:31,850 --> 01:33:30,179

and it's serious client work where you

2602

01:33:33,770 --> 01:33:31,860

have to be totally focused on managing

2603

01:33:35,090 --> 01:33:33,780

teams and working on bringing in new

2604

01:33:37,010 --> 01:33:35,100

clients all this trying to do all the

2605

01:33:38,510 --> 01:33:37,020

stuff and then I'm interested in the

2606

01:33:40,790 --> 01:33:38,520

evolution of Consciousness and reading

2607

01:33:42,110 --> 01:33:40,800

these other topics on the side it got to

2608

01:33:44,510 --> 01:33:42,120

a point where I couldn't energetically

2609

01:33:46,910 --> 01:33:44,520

do both it was too much it caused an

2610

01:33:49,189 --> 01:33:46,920

internal anxiety and when I released

2611

01:33:51,290 --> 01:33:49,199

that and I I gave the notice that I'd be

2612

01:33:52,669 --> 01:33:51,300

leaving the firm that's shortly after

2613

01:33:54,470 --> 01:33:52,679

that I said oh there's a second book

2614

01:33:57,530 --> 01:33:54,480

here it was like there was an energetic

2615

01:33:59,570 --> 01:33:57,540

block to what wanted to come in so I

2616

01:34:00,890 --> 01:33:59,580

mentioned that because I don't want to

2617

01:34:02,870 --> 01:34:00,900

say that we should just sit drop

2618

01:34:04,310 --> 01:34:02,880

everything in our lives I mean I for me

2619

01:34:06,050 --> 01:34:04,320

it was three years of being in my job

2620

01:34:07,370 --> 01:34:06,060

after being exposed to this but there's

2621

01:34:09,770 --> 01:34:07,380

something about

2622

01:34:11,810 --> 01:34:09,780

taking a leap at a certain point when it

2623

01:34:13,129 --> 01:34:11,820

makes sense being rational about it but

2624

01:34:16,250 --> 01:34:13,139

finding that full alignment it's

2625

01:34:18,169 --> 01:34:16,260

critical okay Mark what's next

2626

01:34:19,490 --> 01:34:18,179

I know here's a guy who said he didn't

2627

01:34:21,290 --> 01:34:19,500

he didn't even think he had a second

2628

01:34:23,510 --> 01:34:21,300

book after he wrote his first one but

2629

01:34:25,310 --> 01:34:23,520

one how is this book going what's the

2630

01:34:28,370 --> 01:34:25,320

reception been like so far and then

2631

01:34:29,510 --> 01:34:28,380

where are you taking this project well I

2632

01:34:31,129 --> 01:34:29,520

haven't heard from all that many people

2633

01:34:32,390 --> 01:34:31,139

I mean surprisingly I just don't hear

2634

01:34:34,370 --> 01:34:32,400

from that many people in general every

2635

01:34:35,689 --> 01:34:34,380

now and then I do I have heard from

2636

01:34:37,189 --> 01:34:35,699

people that they enjoy it and some

2637

01:34:38,330 --> 01:34:37,199

people enjoy it but they don't want to

2638

01:34:39,709 --> 01:34:38,340

look at the dark stuff as much but

2639

01:34:41,689 --> 01:34:39,719

they're happy they know about it so that

2640

01:34:43,430 --> 01:34:41,699

I appreciate that

2641

01:34:45,890 --> 01:34:43,440

um but I'm trying to get the word out

2642

01:34:47,209 --> 01:34:45,900

about the books for sure mostly because

2643

01:34:48,290 --> 01:34:47,219

I think the information in there is

2644

01:34:49,850 --> 01:34:48,300

really important I would have written

2645

01:34:51,050 --> 01:34:49,860

them otherwise I'm writing them because

2646

01:34:52,250 --> 01:34:51,060

I think there's it's a way to

2647

01:34:53,390 --> 01:34:52,260

concentrate information so you don't

2648

01:34:55,430 --> 01:34:53,400

have to spend all the time that I spent

2649

01:34:56,810 --> 01:34:55,440

it's in one place to

2650

01:34:58,609 --> 01:34:56,820

learn how people are thinking about

2651

01:34:59,750 --> 01:34:58,619

these topics so I'm trying to get the

2652

01:35:02,450 --> 01:34:59,760

word out more

2653

01:35:04,850 --> 01:35:02,460

and in terms of what's next I am I'm

2654

01:35:06,590 --> 01:35:04,860

just constantly researching and I don't

2655

01:35:09,109 --> 01:35:06,600

know what the next project is going to

2656

01:35:10,669 --> 01:35:09,119

be I find myself most interested in

2657

01:35:13,490 --> 01:35:10,679

things happening in the world these days

2658

01:35:15,470 --> 01:35:13,500

like great reset Etc watching the news

2659

01:35:16,930 --> 01:35:15,480

very closely I have a telegram Channel

2660

01:35:19,129 --> 01:35:16,940

because my Instagram channel is

2661

01:35:21,109 --> 01:35:19,139

shadowband it's called Mark Gober

2662

01:35:22,550 --> 01:35:21,119

official where I just share news

2663

01:35:23,930 --> 01:35:22,560

articles it's not with commentary just

2664

01:35:25,850 --> 01:35:23,940

stuff I'm interested in I share it

2665

01:35:26,990 --> 01:35:25,860

because depending on the news you look

2666

01:35:29,090 --> 01:35:27,000

at you have very different view of the

2667

01:35:30,290 --> 01:35:29,100

world and I'm just so curious about

2668

01:35:32,750 --> 01:35:30,300

what's happening and where it's going to

2669

01:35:34,310 --> 01:35:32,760

go and what kinds of mental shifts we're

2670

01:35:35,870 --> 01:35:34,320

going to need to have to break through

2671

01:35:37,250 --> 01:35:35,880

the deception

2672

01:35:38,870 --> 01:35:37,260

where that leads I don't know but that's

2673

01:35:41,030 --> 01:35:38,880

what I'm interested in right now

2674

01:35:43,490 --> 01:35:41,040

well fantastic I think you're having an

2675

01:35:46,430 --> 01:35:43,500

impact I hear from people

2676  
01:35:49,010 --> 01:35:46,440  
somewhat regularly that are influenced

2677  
01:35:51,530 --> 01:35:49,020  
or pay attention to what you're doing

2678  
01:35:53,209 --> 01:35:51,540  
and what you're saying and I think it's

2679  
01:35:54,169 --> 01:35:53,219  
we're also at a time where we have to be

2680  
01:35:57,470 --> 01:35:54,179  
really

2681  
01:35:59,750 --> 01:35:57,480  
mindful about how we measure impact and

2682  
01:36:01,370 --> 01:35:59,760  
how we measure you know purpose that

2683  
01:36:03,530 --> 01:36:01,380  
we're having because

2684  
01:36:05,209 --> 01:36:03,540  
one we don't know we have no idea what

2685  
01:36:07,189 --> 01:36:05,219  
the numbers are I mean they're totally

2686  
01:36:10,370 --> 01:36:07,199  
manipulating the numbers that's clear

2687  
01:36:13,250 --> 01:36:10,380  
that's just a given and then number two

2688  
01:36:14,510 --> 01:36:13,260

the this point about the the separation

2689

01:36:17,629 --> 01:36:14,520

it's like

2690

01:36:20,330 --> 01:36:17,639

you know you you can't compete with some

2691

01:36:23,270 --> 01:36:20,340

of this stuff that's out there that

2692

01:36:25,189 --> 01:36:23,280

people are drawn to and it's like I I

2693

01:36:27,890 --> 01:36:25,199

don't know I mean it's just it's crazy

2694

01:36:30,290 --> 01:36:27,900

kind of you know I mean my kids like uh

2695

01:36:32,290 --> 01:36:30,300

you know the Paul brothers and you know

2696

01:36:35,149 --> 01:36:32,300

the fox say all that kind of it's like

2697

01:36:37,370 --> 01:36:35,159

okay that's great you know that's five

2698

01:36:38,990 --> 01:36:37,380

it's like millions and millions of views

2699

01:36:40,609 --> 01:36:39,000

or even you know Joe Rogan which I have

2700

01:36:42,590 --> 01:36:40,619

mixed feelings about but it's like

2701

01:36:44,149 --> 01:36:42,600

I don't know you get my point I think

2702

01:36:45,890 --> 01:36:44,159

you're having an impact more of an

2703

01:36:47,689 --> 01:36:45,900

impact than you might realize and how

2704

01:36:49,250 --> 01:36:47,699

would you know anyway you know you you

2705

01:36:51,290 --> 01:36:49,260

wouldn't you wouldn't know if you are or

2706

01:36:52,490 --> 01:36:51,300

not and I should add there's so many

2707

01:36:54,169 --> 01:36:52,500

people that have had an impact on me

2708

01:36:55,250 --> 01:36:54,179

that probably don't know that I I listen

2709

01:36:57,169 --> 01:36:55,260

to their interviews I mean you're one of

2710

01:36:58,790 --> 01:36:57,179

them you know but you never know when

2711

01:37:00,109 --> 01:36:58,800

you put content out there and I say that

2712

01:37:01,609 --> 01:37:00,119

for people who don't have podcasts and

2713

01:37:03,290 --> 01:37:01,619

don't write books you don't know the

2714

01:37:04,310 --> 01:37:03,300

impact you have on your daily in your

2715

01:37:05,810 --> 01:37:04,320

daily living

2716

01:37:07,729 --> 01:37:05,820

and I'll end on this because it's super

2717

01:37:09,109 --> 01:37:07,739

important I think about all the time in

2718

01:37:10,790 --> 01:37:09,119

the Life review what people constantly

2719

01:37:12,830 --> 01:37:10,800

say is the little things are the big

2720

01:37:14,930 --> 01:37:12,840

things that's what you end up evaluating

2721

01:37:17,570 --> 01:37:14,940

in your life review so the story I tell

2722

01:37:18,890 --> 01:37:17,580

in in uh one of my books is from Dr Jan

2723

01:37:20,689 --> 01:37:18,900

Holden from the University of North

2724

01:37:22,669 --> 01:37:20,699

Texas of a person who had a Life review

2725

01:37:25,070 --> 01:37:22,679

where the person remembered not being

2726

01:37:26,990 --> 01:37:25,080

nice to the cashier and then felt how

2727

01:37:28,850 --> 01:37:27,000

that interaction impacted every other

2728

01:37:31,010 --> 01:37:28,860

person in line afterwards

2729

01:37:32,510 --> 01:37:31,020

because it was an unpleasant interaction

2730

01:37:34,790 --> 01:37:32,520

so the little things are the big things

2731

01:37:39,109 --> 01:37:34,800

in everything we do in life

2732

01:37:41,090 --> 01:37:39,119

right on that is so awesome and whenever

2733

01:37:43,430 --> 01:37:41,100

I hear those stories they're so

2734

01:37:47,209 --> 01:37:43,440

inspirational to me and at the same time

2735

01:37:49,910 --> 01:37:47,219

just devastating to me because I realize

2736

01:37:51,890 --> 01:37:49,920

how much growth I have to do you know

2737

01:37:54,590 --> 01:37:51,900

and and that's the beautiful thing about

2738

01:37:57,109 --> 01:37:54,600

that is it comes back full circle

2739

01:37:58,010 --> 01:37:57,119

because the very positive part of that

2740

01:38:00,950 --> 01:37:58,020

is

2741

01:38:04,189 --> 01:38:00,960

I can change that I can fix that I can

2742

01:38:07,310 --> 01:38:04,199

decide to be better I won't even say

2743

01:38:09,609 --> 01:38:07,320

today I can decide to be debt better for

2744

01:38:14,570 --> 01:38:09,619

the next five minutes you know because

2745

01:38:18,169 --> 01:38:14,580

and that feels like real spirituality to

2746

01:38:21,109 --> 01:38:18,179

me and as opposed to

2747

01:38:24,830 --> 01:38:21,119

contact experiences where the angel is

2748

01:38:25,810 --> 01:38:24,840

that it just it doesn't feel as real as

2749

01:38:31,430 --> 01:38:25,820

just

2750

01:38:33,470 --> 01:38:31,440

little bit better person on for the next

2751

01:38:35,510 --> 01:38:33,480

five minutes yep

2752

01:38:37,910 --> 01:38:35,520

yep and then I will add one for last

2753

01:38:40,850 --> 01:38:37,920

thing because there's the the Paradox of

2754

01:38:43,490 --> 01:38:40,860

this is the over emphasis on compassion

2755

01:38:45,350 --> 01:38:43,500

to the extent of not recognizing where

2756

01:38:46,729 --> 01:38:45,360

one is not being compassionate and I see

2757

01:38:48,410 --> 01:38:46,739

that so much in the world today where

2758

01:38:50,629 --> 01:38:48,420

we're going to focus on this one issue

2759

01:38:52,129 --> 01:38:50,639

to be compassionate in this one

2760

01:38:53,510 --> 01:38:52,139

circumstance but we're going to forget

2761

01:38:55,430 --> 01:38:53,520

about how that's not being compassionate

2762

01:38:57,290 --> 01:38:55,440

and empathetic to everyone else there's

2763

01:38:59,930 --> 01:38:57,300

this blinding that can happen with a

2764

01:39:01,910 --> 01:38:59,940

certain kind of collectivism where

2765

01:39:03,350 --> 01:39:01,920

um there's two sides of it so I agree

2766

01:39:04,870 --> 01:39:03,360

with you and then let's just be mindful

2767

01:39:07,189 --> 01:39:04,880

at the same time

2768

01:39:08,870 --> 01:39:07,199

my brother my brother we could we could

2769

01:39:12,709 --> 01:39:08,880

talk for hours it's such an important

2770

01:39:15,350 --> 01:39:12,719

topic an end to upside down contact Mark

2771

01:39:16,910 --> 01:39:15,360

gober's been our guest thanks again mark

2772

01:39:18,590 --> 01:39:16,920

thank you again Alex and thanks for all

2773

01:39:20,750 --> 01:39:18,600

the work that you're doing thanks again

2774

01:39:23,030 --> 01:39:20,760

to Mark Gober for joining me today on

2775

01:39:25,850 --> 01:39:23,040

skeptico the one question I'd have to

2776

01:39:28,430 --> 01:39:25,860

tee up from this interview is

2777

01:39:32,330 --> 01:39:28,440

if we understand there's some undeniable

2778

01:39:33,830 --> 01:39:32,340

reality to the good E.T bad ET thing how

2779

01:39:37,010 --> 01:39:33,840

do we then understand

2780

01:39:39,590 --> 01:39:37,020

ET as it relates to evil it's a big

2781

01:39:42,229 --> 01:39:39,600

question but we certainly teed up a lot

2782

01:39:44,689 --> 01:39:42,239

until for answers in this interview so

2783

01:39:46,310 --> 01:39:44,699

let me hear your thoughts I'd love for

2784

01:39:48,950 --> 01:39:46,320

you to jump on over to the skeptical

2785

01:39:52,669 --> 01:39:48,960

Forum but if you don't do that

2786

01:39:54,649 --> 01:39:52,679

let your voice be heard otherwise

2787

01:39:56,870 --> 01:39:54,659

let's go to do it for this one

2788

01:39:59,280 --> 01:39:56,880

until next time take care